

ANSTER HADDIES/ QUARRIERS 5K 17TH MAY 2009

Posn	Name	Club	Category	Time
1	Chris Russell	Anster Haddies	MS	17:19
2	Russell Hall	St Andrews University	MS	17:29
3	John Thomson	Fife AC	MV50	17:50
4	David Pugh	Fife AC	MS	18:33
5	Morgan Murphy	Fife AC	FS	18:48
6	Helen Sharpe	Fife AC	FS	18:57
7	Megan Crawford	St Andrews University	FS	19:07
8	Jonny Knox	Anster Haddies	MV40	19:08
9	Tony Martin	Fife AC	MV50	19:10
10	Gavin Gibson	Anster Haddies	MS	19:31
11	Halina Rees	Fife AC	FJ	19:54
12	Fiona Bracegirdle	Anster Haddies	FJ	20:17
13	Bill Smith	Fife AC	MV	20:27
14	John Low	Anster Haddies	MV40	20:28
15	Colin MacIntosh	Anster Haddies	MV50	20:41
16	Daryl Beggs	Fife AC	MS	20:47
17	David Shepherd	Fife AC	MV40	21:32
18	Bill Simpson	Anster Haddies	MV50	21:38
19	Lewis Low	Anster Haddies	MJ	21:56
20	Thomas Knox	Anster Haddies	MJ	22:25
21	Jennifer Cruickshanks	Anster Haddies	FJ	22:27
22	Hilary Ritchie	Fife AC	FV45	22:31
23	Tom Harris	Fife AC	MJ	22:57
24	Ruairi Walden	U/A	MJ	23:16
25	Brian R Smith	Fife AC	MV50	23:20
26	Fiona Cruickshanks	Anster Haddies	FJ	23:32
27	Tristan Rees	Fife AC	MJ	23:42
28	Fergus Ingledew	Fife AC	MJ	23:45
29	Roger Rees	Fife AC	MV40	23:47
30	Jim Close	Fife AC	MV50	23:48
31	Innes Bracegirdle	Fife AC	FV45	24:11
32	John Walden	U/A	MS	24:13
33	Rachel Grieve	Anster Haddies	FJ	24:28
34	Anna Radon-Harris	Fife AC	FV35	25:24
35	Lucy Duff	Fife AC	FJ	25:27
36	Sharon Cobain	Fife AC	FV45	25:35
37	Margaret Martin	U/A	FV45	25:38
38	Roy Gibson	U/A	MV40	26:28
39	Tracy Chalmers	Anster Haddies	FS	26:42
40	Don McGregor	Fife AC	MV60	26:45
41	Alan Galloway	U/A	MS	26:58
42	Jacqui Murray	Anster Haddies	MV45	27:29
43	Lizzie Knox	Anster Haddies	FJ	28:23
44	Carole Fraser	Fife AC	FV45	28:49
45	Jenny Henderson	Fife AC	FV35	28:55
46	Ron Morrison	Fife AC	MV60	29:20
47	Margaret Ingledew	Fife AC	FV45	29:37
48	Anne Whiteford	Fife AC	FV45	29:37
49	Willy Duff	Abu Dhabi Striders	MV50	30:08

ANSTER HADDIES/ QUARRIERS KIDS 1 MILES 17TH MAY 2009

Boys

Posn	Name	Time
1	Ryan Low	05:50
2	Ryan Brocklebank	06:18
3	Andrew McKay	06:22

Girls

Posn	Name	Time
1	Anna Brocklebank	06:57
2	Sally Mills	07:28
3	Rosie Kox	07:28