

East Neuk 10k
25th September 2016

Pos.	No.	Name		Cat.	Club	Time
1	297	Michael	Carroll	M40	Perth Road Runners	32.28
2	231	Triston	Rees	MJ	Fife Athletic Club	33.33
3	233	George	Rees	MJ	Fife Athletic Club	34.30
4	240	Sam	Fernando	MJ	Fife Athletic Club	34.50
5	35	Johnny	Lawson	M40	Portobello Running Club	34.56
6	296	Ryan	Lafferty	MS	PH Racing Club	36.14
7	283	Steve	Clark	M40	Fife Athletic Club	36.35
8	134	Andy	Laycock	M50	Kinross Road Runners	36.41
9	270	Graeme	Doig	M40	PH Racing Club	37.25
10	287	Joe	Smithyman	MS		38.05
11	121	Bryce	Aitken	M50	Fife Athletic Club	38.12
12	232	Halina	Rees	FS	Fife Athletic Club	38.24
13	282	Thomas	Knox	MS	Anster Haddies Running Club	38.52
14	181	Akira	O'Connor	MS	Leven Las Vegas Running Club	38.54
15	235	Jimmy	McIntyre	M40	Fife Athletic Club	39.04
16	39	Iain	Sheerins	M50		39.14
17	62	Richard	Grieve	MS	Dundee Road Runners	39.25
18	179	Craig	Morris	MJ	Fife Athletic Club	39.26
19	22	Neil	Millar	M40	Fife Athletic Club	39.34
20	262	Andrew	Leech	MS		39.48
21	219	David	Milroy	M40	PH Racing Club	39.53
22	168	Rick	Booth	M40	Fife Athletic Club	39.59
23	142	John	Hynd	M50	Carnegie Harriers	40.09
24	253	Bill	Hutchison	M60	Anster Haddies Running Club	40.12
25	285	Willie	Rennie	M40	Carnegie Harriers	40.19
26	112	Craig	Milligan	MS	Falkland Trail Runners	40.24
27	280	Jonny	Knox	M50	Anster Haddies Running Club	40.28
28	34	Yana	Thandrayen	F40	Portobello Running Club	40.29
29	225	Mary	Western	F50	PH Racing Club	40.31
30	216	Christopher	McDougall	MS	Time Fitness	40.36
31	33	Daniel	Newman	M40	Fife Athletic Club	40.37
32	273	Bill	Watson	M50	Stonehaven Running Club	40.40
33	300	Hendrik	Van Rensburg	M40		40.59
34	73	Bryan	McLaren	MS	Leven Las Vegas Running Club	41.07
35	82	Michael	Mitchell	M40		41.07
36	299	Rhona	Van Rensburg	F40		41.10
37	226	Mark	Western	M50	Falkland Trail Runners	41.11
38	189	Alan	Gibson	M50		41.13
39	191	Kirsti	Sharratt	F40	Fife Athletic Club	41.14

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Pos.	No.	Name		Cat.	Club	Time
40	78	Iain	Wallace	M40	Leven Las Vegas Running Club	41.18
41	152	Mhairi	Boyle	FJ	Kinross Road Runners	41.19
42	277	Tom	Scott	M60	Fife Athletic Club	41.24
43	279	Mark	Stewart	M40	Dundee Road Runners	41.28
44	174	Jennifer	Cruickshanks	FS	Fife Athletic Club	41.36
45	26	Neil	Maclachlan	MS	Pitreavie AAC	41.40
46	244	David	Brisland	M40	Anster Haddies Running Club	41.43
47	176	David	Sleigh	M50	Fife Athletic Club	41.55
48	133	John	Babraj	M40		41.59
49	197	Ailsa	Cruickshanks	FS	Anster Haddies Running Club	42.05
50	160	Graeme	Barker	MS	Fife Athletic Club	42.09
51	122	Adrian	Wood	M40	East Fife Triathlon Club	42.11
52	170	Zoey	Johnston	F40	Falkland Trail Runners	42.13
53	36	Gordon	Laing	M40	STAART	42.14
54	291	Colin	McKie	MJ	Anster Haddies Running Club	42.52
55	61	Paul	Allcoat	M50	Kinross Road Runners	42.56
56	203	Phil	Forte	M60	Dundee Hawkhill Harriers	42.59
57	252	Stewart	Leckie	M50	Fife Athletic Club	43.07
58	187	Paul	Forbes	M50		43.13
59	13	Craig	Trewartha	M40	STAART	43.14
60	127	Jan-Bert	van den Berg	M50	Corstorphine AAC	43.16
61	182	Dave	Morton	MS	Carnegie Harriers	43.19
62	89	Allan	Brannigan	M50	Carnegie Harriers	43.23
63	269	Martin	Hill	MS	Kinross Road Runners	43.30
64	222	Darran	Neilson	MS	PH Racing Club	43.38
65	28	Ivan	Carus	M40		43.40
66	99	Eric	Anderson	M40		43.43
67	111	David	Henderson	M50	Corstorphine AAC	43.45
68	129	Allen	Marr	M60	Anster Haddies Running Club	43.46
69	255	Roderick	Burton	M60	Caistor Running Club	43.47
70	302	Mark	Ayre	M40	Roundhay Runners	43.50
71	281	Rory	Morris	MS		43.52
72	143	Steven	Blair	MS	Kinross Road Runners	43.55
73	126	Stewart	Nisbet	M40		44.01
74	65	Alison	Sutherland	FS	Falkland Trail Runners	44.02
75	159	Steven	Robbie	MS	Forfar Road Runners	44.05
76	194	George	Findlay	M50	Anster Haddies Running Club	44.07
77	132	Sarah	Hutt	FS	Kinross Road Runners	44.08
78	250	Chris	Campbell	M40		44.08
79	230	Clare	Webster	FS		44.09
80	125	Fiona	Nisbet	F40		44.29
81	38	Rosie	Knox	FJ	Anster Haddies Running Club	44.33

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Pos.	No.	Name		Cat.	Club	Time
82	1	Campbell	Blair	M40	Pitreavie AAC	44.37
83	238	Peter	Derrick	M50	Dundee Road Runners	44.39
84	52	Paul	McConville	M40		44.46
85	221	Judith	Dobson	F50	Kinross Road Runners	44.51
86	47	John	Penman	M50		44.53
87	94	Hailey	Marshall	FS	STAART	44.54
88	185	stuart	gray	MS	Motherwell AC	44.57
89	97	Robert	Armstrong	M50	Fife Athletic Club	44.58
90	199	Yvonne	Dehn	FS	Anster Haddies Running Club	44.59
91	8	Gemma	Dolan	FS	Dundee Hawkhill Harriers	45.01
92	106	Andy	Lafferty	M50	Falkland Trail Runners	45.02
93	107	Laura	Muir	FS	Falkland Trail Runners	45.03
94	292	Paul	Hendrie	MS		45.05
95	301	Alistair	Urquhart	M40	Roundhay Runners	45.08
96	236	Andrew	Fraser	M40		45.12
97	59	John	Tierney	M40	Dundee Road Runners	45.21
98	21	David	Norrie	M60	Fife Athletic Club	45.33
99	105	Jennifer	Massie	FS	Dundee Road Runners	45.36
100	49	Martin	McHale	M40	Kinross Road Runners	45.37
101	72	Innes	Bracegirdle	F60	Fife Athletic Club	45.38
102	116	John	Dryburgh	M50		45.41
103	202	Mark	Hunter	MS		45.42
104	210	Tony	Gallagher	M50	Falkland Trail Runners	45.48
105	118	Steve	McCormack	M40		45.52
106	113	John	Henderson	M40		46.00
107	136	David	Moyes	MS		46.02
108	165	Neil	Edwards	MS		46.04
109	284	Anne	Peat	F40	Edinburgh Athletic Club	46.07
110	241	Elaine	Renouf	FS	Pitreavie AAC	46.09
111	153	John	Boyle	M50	Kinross Road Runners	46.10
112	237	Iain	Thomson	M60	Strathearn Harriers	46.24
113	84	Margaret	Martin	F60	Fife Athletic Club	46.30
114	214	Steve	Adam	M50	Carnegie Harriers	47.03
115	169	Susanne	Lumsden	F40	Falkland Trail Runners	47.09
116	29	Clive	Thomson	M40	UnderDogZ Running	47.20
117	63	David	Dunleavey	M50	Dundee Road Runners	47.20
118	2	Derek	Duncan	M60	Pitreavie AAC	47.22
119	60	Gordon	Barrie	M40		47.25
120	102	Steven	ferguson	M40	staart	47.29
121	251	Gillian	Smith	F40	Fife Athletic Club	47.30
122	184	Jim	Macgregor	M60	Moray Road Runners	47.31
123	128	Pippa	Coutts	F40	Kinross Road Runners	47.43

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Pos.	No.	Name		Cat.	Club	Time
124	44	Nicola	Watson	F40	Strathearn Harriers	47.44
125	45	Martin	Kay	M40	Pitreavie AAC	47.47
126	261	Peter	Edgerton	M60	Kinross Road Runners	47.50
127	224	Alexander	Chalmers	M50		47.56
128	258	Deborah	Kenward	F50	Forfar Road Runners	48.01
129	114	Steven	Graham	MS	Kinross Road Runners	48.03
130	175	Karen	Campbell	F40		48.07
131	11	Ronnie	Ritchie	M50	Pitreavie AAC	48.14
132	293	Anna	Hendrie	FS		48.23
133	150	Andrew	McManus	M40	STAART	48.24
134	18	John	Keenlyside	M60	Fife Athletic Club	48.30
135	68	Mardie	Templeman	F40		48.35
136	51	Martin	McKelvie	M40		48.37
137	92	Steven	Murray	M40		48.45
138	120	Sandra	Aitken	F50	Fife Athletic Club	48.51
139	12	Jocelyn	Scott	F60	Fife Athletic Club	49.03
140	123	Bob	Brown	M70	Perth Road Runners	49.14
141	154	Keith	Bonthrone	M50	Falkland Trail Runners	49.14
142	215	Mark	Watt	M40	Forfar Road Runners	49.18
143	158	Jim	Scobie	M70		49.23
144	130	Connor	Kelly	M50	Dundee Road Runners	49.28
145	108	Ian	Gent	M50		49.30
146	151	Joseph	Jennings	M40	Arbroath Footers Running Club	49.32
147	200	Fiona	Cruickshanks	FS	Anster Haddies Running Club	49.39
148	245	Ally	Tulleth	F40	Staart	49.48
149	193	Sarah	Cackette	FS		49.57
150	295	Nanette	Heaney	F50	Falkland Trail Runners	49.59
151	80	Michael	Royden	M40	Leven Las Vegas Running Club	50.11
152	9	Derek	Adamson	M40	Fife Athletic Club	50.20
153	272	Wendy	Grieve	F50	Kinross Road Runners	50.32
154	257	George	Smith	M40		50.34
155	31	Louise	Millar	F40	Pitreavie AAC	50.35
156	246	David	Albon	M50		50.44
157	190	Jill	Thomson	FS	Anster Haddies Running Club	51.12
158	166	Christine	Davies	F50	Arbroath Footers Running Club	51.14
159	304	Wendy	Rundle	FS	Anster Haddies Running Club	51.17
160	101	Louise	Johnstone	FS		51.20
161	79	Davie	Hogg	M40	Leven Las Vegas Running Club	51.22
162	211	Rebecca	Mudie	FS		51.30
163	90	Ken	Milligan	M60	Falkland Trail Runners	51.32
164	77	Peter	Rieu-Clarke	M70	Falkland Trail Runners	51.43
165	278	George	Wilson	M40		51.45

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Pos.	No.	Name		Cat.	Club	Time
166	5	Alison	Murray	F40	Inverkeithing Jog Scotland	51.46
167	37	Raymond	Young	M60		51.47
168	124	Valerie	Findlay	F50	Kinross Road Runners	52.05
169	173	Rosemary	Lee	F50	Falkland Trail Runners	52.06
170	205	Lynne	Herd	F40	Anster allsorts	52.10
171	119	Linda	Palmer	F50	Kinross Road Runners	52.17
172	243	Geoff	Bilton	M60	Kinross Road Runners	52.21
173	57	Gloria	Laurini	FS	Pitreavie AAC	52.22
174	201	Ronnie	Hunter Blair	M70	Carnegie Harriers	52.41
175	69	Julie	Jordan	F50		52.46
176	115	Jacqueline	Cook	FS		52.50
177	218	Sarah	Wenn	FS	Dundee Road Runners	52.54
178	117	Sandy	Fraser	M50		52.55
179	254	Martin Alexander	Watson	MS		53.00
180	217	Katie	Garner	FS	Time Fitness	53.19
181	298	Clare	McCance	FS		53.22
182	156	Catriona	Duncan	F60	Anster Haddies Running Club	53.24
183	247	Caroline	Whiteford	FS		53.29
184	14	Graham	Bennison	M70	Fife Athletic Club	53.37
185	71	Marti	Redford	FS	Vegan Runners UK	53.48
186	188	Kim	Forbes	F50		54.08
187	220	Stuart	Dobson	M60	Kinross Road Runners	54.10
188	303	Alex	Burns	FS	Roundhay Runners	54.28
189	66	Tom	Burton	M60	Scottish Athletic League	54.31
190	229	Robert	Thornton	M60	Fife Athletic Club	54.36
191	104	Jill	Hamilton	FS		54.38
192	234	David	Sheerins	M50		54.40
193	100	Alistair	Lawson	M70		54.42
194	268	Maria	Dale	F60	Perth Road Runners	54.47
195	19	Jenni	Milroy	F40	Jog scotland	54.48
196	266	Kirsten	Munro	FS		54.51
197	267	Dougie	Hain	MS		54.51
198	209	Bill	Gillan	M60	Falkland Trail Runners	54.54
199	207	Tracy	McAusland	F40	Anster Haddies Running Club	54.55
200	56	Lauren	Fairweather	FS	Strathearn Harriers	55.04
201	144	Liz	Begg	F50	Arbroath Footers Running Club	55.05
202	289	Shelly	Watson	FS		55.11
203	137	Lynne	Dair	F40	Jog Scotland cowdenbeath	55.18
204	256	Rachel	Smith	F40		55.20
205	103	Nicola	Innes	FS		55.42
206	147	Daniel	Herron	MS		55.47
207	290	Steve	Laird	M40		55.53

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Pos.	No.	Name		Cat.	Club	Time
208	180	Jennifer	Morris	F50	Fife Athletic Club	55.57
209	70	Stephen	McGowan	MS		56.03
210	178	Angie	Sleep	F40		56.12
211	138	Allison	Smith	F60	Kinross Road Runners	56.16
212	271	Rhona	Guild	F50	Forfar Road Runners	56.21
213	148	Stewart	Davidson	M60	Fife Athletic Club	56.30
214	162	Susan	McLean	F40	Kinross Road Runners	56.35
215	149	Louise	McManus	F40	STAART	56.37
216	157	Graham	Duncan	F60	Fife Athletic Club	56.42
217	177	Martin	Sleep	M50		56.58
218	212	Rowena	Spence	F50	STAART	57.36
219	228	Teresa-Katharina	Neumann	FS	Vegan Runners UK	57.45
220	227	David	Buchan	MS	Vegan Runners UK	57.45
221	98	Dick	Westwater	M60		57.56
222	30	Jennifer	Park	F40		58.01
223	32	Kenneth	Hodge	M50	bogward trotters	58.08
224	305	Kerin	Watson	FS		58.11
225	67	Ian	Brooks	M40		58.12
226	294	F.	Dale	M60		58.16
227	164	Jane	Lindsay	F40		58.22
228	17	Julie	Rowlinson	F40	Inverkeithing Jog Scotland	58.23
229	264	John	Mcintyre	M40		58.38
230	64	Wendy	Ritchie	F50	Fife Athletic Club	58.50
231	50	Ailsa	McKelvie	FS		59.09
232	74	Jacqui	Mcdonald	F40		59.15
233	110	Emine Zehra	Akgun	FS		59.15
234	42	Tracey	Millar	F40	Leven Las Vegas Running Club	59.21
235	275	Audrey	Gilmour	F40		59.31
236	274	Kate	Gammie	FS		59.32
237	195	Tracey	Hudson	F40		59.56
238	196	Pam	Hudson	FS		59.56
239	171	Adrian	Flatman	M60		60.10
240	260	Kat	Hart	F40		60.18
241	75	Val	Herkes	F50	Fife Athletic Club	60.27
242	198	Sabrina	Flatman	FS		60.27
243	265	Lucy	Wilson	F40	Anster Allsorts	62.05
244	242	Joanne	Taylor	F40		62.06
245	109	Ozgur	Akgun	MS		62.26
246	85	Stuart	Wardlaw	M40		62.37
247	186	Linda	Mcwhinnie	F40		62.50
248	172	John	Lee	M50	Falkland Trail Runners	62.58
249	146	Shauna	Doherty	FS		63.06

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Pos.	No.	Name		Cat.	Club	Time
250	223	Sandy	Chalmers	M80	Anster Haddies Running Club	63.19
251	263	Diane	Turner	FS		64.26
252	249	Marie	Paterson	F50	Anster Allsorts	64.27
253	239	Susan	Duncan	F40	Anster Allsorts	65.43
254	248	Lynn	Barker	F40	Anster allsorts	65.43
255	276	Rhona	Graham	F50	Metro Aberdeen	66.09
256	40	Louise	Wanless	F40		66.55
257	43	Jane	Blake	F50		66.55
258	145	Helen	Forrest	F60	Jogging Buddies	66.59
259	288	Sue	Burton	F50	Caistor Running Club	67.04
260	86	Lynsey	Wardlaw	F40		69.55
261	88	Saunderson	Kate	FS		71.38
262	87	Donaldson	Hamish	MS		71.39
263	213	Shirley	Nuttall	F40	Anster allsorts	72.10
264	55	Seona	MacDonald	F40	Anster Allsorts	72.16
265	163	Jennifer	Gallagher	F40	Anster Haddies Running Club	73.54
266	208	Karolina	Gibson	F50	Time Fitness	79.28