

East Neuk 10K 2019

Pos	Name	Time	Cat	Club
1	Sam Fernando	36:26	M	Fife AC
2	George Mckinley	36:28	M	Dundee RR
3	Chris Earl	36:30	M	Dundee RR
4	Ian Logan	37:14	M40	Linlithgow AC
5	Iain Sheerins	37:54	M50	
6	Marcus Sheridan	38:21	MS	Dundee RR
7	Kevin Wallace	38:38	MS	Fife AC
8	Dave Clark	38:50	MV40	Falkland TR
9	Ben Kinninmonth	39:10	MS	Fife AC
10	James Weir	39:11	MS	Bellahouston H
11	Chris Clarke	39:28	MS	
12	Bryce Aitken	39:36	M60	Fife AC
13	Heather Anderson	39:38	FV40	Fife AC
14	Andrew Goring	39:41	MS	Fife AC
15	Robert West	39:58	M40	
16	Colin Mckie	40:11	MJ	Anster Haddies
17	Calum Harvie	40:21	M40	Fife AC
18	Martin Hutchinson	40:27	M40	Dundee RR
19	Arnaud Richard	41:19	MS	Dundee RR
20	Gordon Laing	41:22	M40	Falkland TR
21	Matt Buck	41:29	MS	Dundee RR
22	Mark Buchan	41:43	MS	Fife AC
23	Scott James	41:50	M40	
24	Kevin Ancell	41:53	MS	Not Fast & Not Furious
25	Alistair Urquhart	41:55	M50	Roundhay Runners
26	Mark Western	42:02	M50	Falkland TR
27	Paul Allcoat	42:15	M50	Kinross RR
28	Alison McNeilly	42:19	FV40	Dundee RR
29	Gavin Orr	42:34	M50	Kinross RR
30	John Mcintosh	42:44	M50	Dundee RR
31	Bryan McLaren	42:48	MS	Leven Las Vagas
32	Geoff Campbell	42:56	M40	Dundee RR
33	Kevin Greig	43:06	M40	Dundee RR
34	Sarah Hutt	43:15	FS	Kinross RR
35	Dave Morton	43:16	M40	Carnegie H
36	John Tierney	43:28	M40	Dundee RR
37	Michael Royden	43:34	M50	Dundee RR

38	Dominic Williams	43:42	MS	Dundee RR
39	Sophie Milne-Akermo	43:46	F40	Fife AC
40	Gemma Dolan	43:48	FS	Dundee Hawks
41	Hailey Marshall	44:02	FS	Falkland TR
42	Susanne Lumsden	44:18	F40	Falkland TR
43	Alex Bain	44:23	M50	Fife AC
44	Kevin Murray	44:27	M50	Falkland TR
45	Jennifer Massie	44:36	FS	Dundee RR
46	Fiona Callaghan	44:44	FS	Dundee RR
47	Kay Thomson	44:56	FS	Andrew Allan Architect
48	Gregor McIntyre	44:57	MJ	
49	Tom Jones	45:03	M40	Wormit Runners
50	Malcolm Forbes	45:07	M60	Dundee RR
51	Gerry Timoney	45:08	M50	
52	Grant Robertson	45:09	M50	Dundee RR
53	Andy Harley	45:15	MS	Falkland TR
54	Colin Smith	45:18	M40	Vegan Runners
55	Danny Munro	45:19	MJ	
56	Nick Price	45:32	M50	
57	Tracy Paterson	45:44	FS	Arbroath Footers
58	Megan Smith	45:56	FS	Corstorphine AAC
59	Nanette Heaney	46:04	F60	Fife AC
60	Gwen Tivendale	46:06	F50	
61	William Taylor	46:09	M50	
62	Phil Forte	46:14	M60	Dundee RR
63	Phyllis O'Brien	46:30	F60	Hunters Bog Trotters
64	Martin Rollo	46:35	M50	Dundee RR
65	Alice Patterson	46:37	FS	
66	Innes Bracegirdle	46:44	F60	Fife AC
67	Kieran Morgan	46:56	M50	Carnegie Harriers
68	Lyle Allan	46:56	M60	Falkland TR
69	Ian Miguel	47:00	M40	
70	Toby Anstruther	47:09	M50	
71	Margaret Martin	47:11	F60	Fife AC
72	Colin Simpson	47:26	M60	Kirkintilloch Olympians
73	Robert Paterson	47:31	M50	Leven Las Vegas
74	Sian Rennie	47:34	FS	Wormit Runners
75	Judith Dobson	47:34	F60	Kinross RR
76	Laurence Leask	47:35	M60	Pitreavie AAC
77	Paul Harkins	47:37	M40	Fife AC
78	Simon Knox	47:40	M50	Dundee RR
79	Keith Sambrook	48:03	M60	
80	John Wilmot	48:05	M60	Falkland TR

81	James Ainge	48:07	M40	
82	Carolyn Haddow	48:10	F50	Falkland TR
83	Eleanor Murray	48:10	FS	Kirkcaldy Wizards
84	Marc Shearer	48:14	M50	
85	Graham Elrick	48:20	M40	
86	Sharyn Ramage	48:27	F50	Edinburgh AC
87	Grant Whytock	48:35	M50	Dundee RR
88	Paul Sutherland	48:37	M60	Fife AC
89	Kevin Funnell	48:41	M40	Falkland TR
90	Richard Cleary	48:53	M50	Dundee RR
91	Jackie Heilbronn	48:55	F50	Dundee RR
92	Ruth Sharp	49:02	FS	Falkland TR
93	Stephen Dunlop	49:08	MS	
94	Elaine Timoney	49:21	F50	Penicuik Harriers
95	David Dunleavy	49:26	M50	Dundee RR
96	Martin Kirkbride	49:32	M50	Falkland TR
97	Jimmy Keenan	49:34	M50	Forfar RR
98	Jim Davis	49:35	M60	
99	Terence McCartney	49:45	M50	Dundee RR
100	Gordon Christie	49:48	M50	Leven Las Vegas
101	Lucia Tisnes	49:51	F40	Dundee RR
102	Lisa Danks	50:07	FS	Dundee RR
103	Marianne McLevy	50:08	F50	Dundee RR
104	Andrew Fraser	50:08	M40	
105	Malcolm Smart	50:18	M40	
106	Sandy Fraser	50:19	M50	
107	Tim Gibson	50:21	M40	
108	Ian Donaldson	50:25	M50	Fife AC
109	Kenneth Hodge	50:29	M50	Bogward Trotters
110	Stewart Squire	50:32	MS	Not Fast & Not Furious
111	Kirsty Gibson	50:36	FS	Dundee RR
112	Graham Robertson	50:41	M40	Dundee RR
113	Lorraine Dunbar	50:44	F60	Dundee RR
114	Jim Macgregor	50:45	M60	Moray RR
115	Fiona Kirkhope	50:45	FS	Kirkcaldy Wizards
116	Simon Fletcher	51:06	MS	Pitreavie AAC
117	Ewan Neilson	51:26	M40	
118	Gillian Gibson	51:31	FS	Dundee RR
119	Lynne Bell	51:34	F50	
120	Wendy Patterson	51:40	F40	
121	Karen Archer	51:44	F40	Arbroath Footers
122	Alan McClelland	51:45	M60	
123	Hannah Danson	51:53	FS	Linlithgow AC

124	Brian Stewart	52:07	MS	Dundee RR
125	Nick Brian	52:22	M60	Glenrothes Tri
126	Sara Ireland	52:37	FS	
127	Thomas Pullar	52:39	M60	Dundee RR
128	Bill Gillan	52:39	M70	Recreational Running
129	David Shepherd	52:44	M50	Fife AC
130	John Keenlyside	52:47	M60	Fife AC
131	Jennifer Morris	52:55	F60	Fife AC
132	Wilma Gillespie	52:59	F60	Fife AC
133	Darren Ford	53:04	M50	Dundee RR
134	Steven Barrie	53:08	M40	
135	Hugh Vinning	53:12	M50	Get Fit Falkland
136	David Primrose	53:23	MS	
137	Gillian Peters	53:29	F40	Dundee RR
138	Ross Grant	53:30	MS	Kirkcaldy Wizards
139	Denise Kennedy	53:30	F40	Dundee RR
140	Carolyn Mcneish	53:37	F50	
141	Carol Ann Smith	53:42	F40	Dundee RR
142	Gail Stirling	53:45	F50	Dundee RR
143	Peter Rieu-Clarke	54:22	M70	Recreational Running
144	Laura Reilly	54:29	F40	Kinross RR
145	Lee Weir	54:31	F40	
146	Amy Gilligan	54:34	FS	Dundee RR
147	Alan Bothwell	54:36	M60	Perth RR
148	Connor Kelly	54:37	M60	
149	Craig Beattie	54:39	M40	
150	Dianne MacInnes	54:40	F40	Dundee RR
151	Josh McKay	54:42	MS	Dundee RR
152	Douglas Stirling	54:46	M50	Dundee RR
153	Tim Heilbronn	54:47	M60	Dundee RR
154	Gill Hanlon	55:03	F60	Dundee RR
155	Andrew Cameron	55:06	M50	Falkland TR
156	Stuart Dobson	55:09	M60	Kinross RR
157	Fiona Ferguson	55:21	F40	STAART
158	Sarah Cordwell	55:33	F40	
159	Natalie Adamson	55:41	F50	Wormit Runners
160	Alan Gardener	55:44	M40	Falkland TR
161	Grant Smith	55:46	MS	
162	Anne-Marie Lowe	55:48	F50	
163	Amanda Thompson	55:48	F40	
164	Jim Scobie	55:58	M70	Fife AC
165	Laura Henderson	56:04	F40	Falkland TR
166	James Young	56:07	M60	

167	Gozde Ozakinci	56:11	F40	
168	Kenny Ritchie	56:11	M40	Leven Las Vegas
169	John Cleghorn	56:12	M60	
170	Richard Grieve	56:16	MS	
171	Aoife Reid	56:30	F40	
172	Lauren McArthur	56:37	FS	
173	Adrian Stott	56:39	M60	Sri Chinmoy AC
174	Kathleen Haddow	56:49	F40	
175	Pauline McKay	57:02	F40	Dundee RR
176	Jennifer Kennedy	57:14	F40	
177	Ralph Pirrie	57:18	M70	
178	Eilidh Baird	57:20	FS	
179	Gemma Patterson	57:23	FS	Pitreavie AAC
180	Louise Reilly	57:28	F50	STAART
181	Ashley Thomson	57:30	F40	Dundee RR
182	Karen Bradbury	57:40	F40	
183	Freda Clark	57:49	F50	Dundee RR
184	Garry Timmons	58:00	M40	Dundee RR
185	Margaret Robertson	58:06	F70	Dundee RR
186	Alan McLeod	58:06	M70	Fife AC
187	Sharon Cobain	58:09	F50	
188	Carol Irvine	58:14	FS	Anster Haddies
189	Derek Adamson	58:14	M50	Kirkcaldy Wizards
190	Lesley McCallum	58:15	F50	
191	Margaret Louise Mackie	58:21	F50	Dundee RR
192	Jill Ritchie	58:36	F40	
193	Christina Janice Vinning	58:54	F50	Get Fit Falkland
194	Gillian McLean	58:57	F40	
195	Bex Oakenfull	58:59	FS	Leven Las Vegas
196	Alison Imlach	59:30	FS	
197	Elaine Imlach	59:31	F50	
198	Richard Bowman	1:00:11	M50	
199	Irene Leask	1:00:20	F50	Pitreavie AAC
200	Fiona Hutchinson	1:00:24	F40	Dundee RR
201	Janet Parker	1:00:25	F40	Falkland TR
202	Laura Robertson	1:00:25	F40	Falkland TR
203	Rebecca Shovlin	1:00:33	FS	Kirkcaldy Wizards
204	Nick Brooke	1:00:58	MS	
205	Lesley Coutts	1:01:14	F60	Dundee RR
206	Helen Flanagan Howe	1:01:19	FS	
207	Danielle Kelly	1:01:36	FS	Dundee RR
208	Dougie Rowand	1:01:57	M50	Get Fit Falkland
209	Susie Ramsay	1:01:59	FS	Recreational Running

210	Elizabeth Ancell	1:02:08	FS	
211	Brian Dunbar	1:02:12	M60	Dundee RR
212	Erica Henderson	1:02:13	FS	Get Fit Falkland
213	Colin Morris	1:02:23	M50	
214	Rosemary Lee	1:02:25	F60	Falkland TR
215	Lynsey Dick	1:02:39	FS	
216	Allan Sheret	1:02:43	M70	Falkland TR
217	Aileen Ovenstone	1:02:48	FS	
218	Jennifer Malone	1:03:20	FS	Dundee RR
219	Joan Coulston	1:03:25	F40	
220	Helena Dolan	1:03:25	F40	
221	Sue Bothwell	1:03:44	F60	Perth RR
222	Suzy Cleary	1:03:55	F50	STAART
223	Annie Gibson	1:04:01	F50	Falkland TR
224	Kenneth McAllister	1:04:26	M60	
225	Julie Wesencraft	1:04:29	F40	
226	Barbara Mary Brown	1:04:30	F60	Dundee RR
227	Hannah Lopez	1:04:59	FS	Kinross RR
228	Luke Rendell	1:05:19	M40	
229	Harry Adamson	1:05:34	M70	
230	Nessie Kirkbride	1:05:39	F50	Falkland TR
231	John Lee	1:05:40	M60	Falkland TR
232	Kathryn Newport	1:05:55	F50	STAART
233	Kenneth Greig	1:05:58	M50	Get Fit Falkland
234	Myra Campbell	1:05:59	F40	Falkland TR
235	Ailsa Corstorphine	1:06:05	FS	
236	Carla Heron	1:07:10	F60	Anster Allsorts
237	Ana Campbell	1:07:15	F40	
238	Georgie Morris	1:07:41	FJ	
239	Colin Aitken	1:08:15	M50	Leven Las Vegas
240	Sandra Gardener	1:08:40	F40	Falkland TR
241	David McClements	1:08:52	M50	
242	Amy Tavendale	1:08:53	FS	Dundee RR
243	Dawn Aitken	1:09:09	F40	Leven Las Vegas
244	Heather Kirk	1:09:29	F40	Recreational Running
245	Clare Muir	1:09:33	F60	Falkland TR
246	Louise Johnston	1:09:42	F50	
247	Carolann Kinnear	1:09:47	F40	Recreational Running
248	Lorraine Hands	1:09:47	F40	Recreational Running
249	Malcolm Mactavish	1:09:47	M60	Recreational Running
250	Jane E H Smith	1:10:12	F50	STAART
251	Billy Bannerman	1:10:17	M50	Metro Aberdeen
252	Donald Walker	1:10:31	M40	Dundee RR

253	Caroline Walker	1:10:31	F40	
254	Heather Greig	1:10:48	F50	
255	Jenny Blyth-Speirs	1:10:53	F40	
256	Kenneth Hart	1:11:33	M50	Dundee RR
257	Lynn Smith	1:11:54	F40	Vegan Runners
258	Wendy Calder	1:15:30	F40	Dundee RR
259	Nicole Kelly	1:17:09	FS	Leven Las Vegas
260	Rosemary Hill	1:17:16	F70	Scotia RC
261	Gail Bain	1:18:01	F40	STAART
262	Wendy Donaldson	1:18:01	F40	STAART
263	Zoe King	1:20:38	FS	
264	Claire Goodheir Curtis	1:23:07	F40	
265	Eric Moran	1:25:06	M60	
266	Rachel Shearer	1:25:50	F50	
267	Gary Ovenstone	1:25:52	M40	Anster Haddies