

Points List

| Last update - 31/12/2018 | | | | | | | | |
|-------------------------------------|-------|-------|-----------------|------|-----------|----------|----------------|--------------|
| Name | Miles | Races | Distance Points | PB's | PB Points | Placings | Placing Points | Total Points |
| Debz Hay | 450 | 51 | 616 | 14 | 85 | 11 | 21 | 722 |
| Jaz Hay | 372 | 52 | 494 | 14 | 85 | 7 | 35 | 620 |
| Fiona Cruickshanks | 269 | 50 | 322 | 22 | 160 | 8 | 28 | 510 |
| CJ MacPhail | 145 | 25 | 234 | 6 | 30 | 9 | 91 | 355 |
| Robyn McDonald | 230 | 46 | 258 | 9 | 55 | 2 | 7 | 340 |
| Eck Anderson | 193 | 32 | 279 | 7 | 35 | 2 | 15 | 332 |
| Pamela Cruickshanks | 179 | 34 | 236 | 4 | 30 | 14 | 26 | 309 |
| Karli Hay | 198 | 21 | 259 | 3 | 20 | 0 | 0 | 285 |
| Lynne Herd | 177 | 23 | 232 | 6 | 45 | 3 | 5 | 285 |
| George Findlay | 187 | 30 | 255 | 0 | 0 | 11 | 25 | 283 |
| Jacqui McDonald | 233 | 52 | 266 | 0 | 0 | 2 | 6 | 272 |
| Mike Reilly | 179 | 0 | 209 | 5 | 30 | 1 | 10 | 249 |
| Natalie McKay | 190 | 52 | 213 | 3 | 25 | 0 | 0 | 247 |
| Bill Simpson | 192 | 55 | 224 | 1 | 5 | 5 | 11 | 246 |
| George Hay | 165 | 14 | 233 | 0 | 0 | 0 | 0 | 239 |
| Yvonne Dehn | 137 | 29 | 179 | 2 | 10 | 2 | 20 | 226 |
| Eric Anderson | 197 | 38 | 201 | 2 | 15 | 0 | 0 | 222 |
| Duncan Hall | 172 | 51 | 174 | 0 | 0 | 1 | 10 | 184 |
| Allan Galloway | 124 | 15 | 155 | 1 | 10 | 1 | 2 | 173 |
| Jonny Knox | 82 | 12 | 140 | 1 | 5 | 5 | 13 | 172 |
| Davie Brisland | 147 | 17 | 157 | 1 | 10 | 0 | 0 | 167 |
| Ross Young | 114 | 20 | 138 | 4 | 25 | 0 | 0 | 163 |
| Sharon Brown | 100 | 12 | 134 | 3 | 25 | 2 | 3 | 162 |
| Jackie Galloway | 107 | 17 | 141 | 0 | 0 | 5 | 10 | 151 |
| Ewan Cameron | 104 | 18 | 142 | 1 | 5 | 3 | 4 | 151 |
| Thomas Knox | 76 | 11 | 123 | 5 | 25 | 1 | 1 | 149 |
| Tich Shaw | 76 | 11 | 123 | 5 | 25 | 1 | 1 | 149 |
| Hannah Allum | 106 | 21 | 122 | 1 | 5 | 0 | 0 | 133 |
| Colin McKie | 86 | 22 | 101 | 2 | 15 | 5 | 14 | 133 |
| Jaz Baillie | 112 | 32 | 114 | 1 | 10 | 0 | 0 | 130 |

Points List

| | | | | | | | | |
|------------------------------------|----|----|----|---|----|---|----|-----|
| Rosie Knox | 48 | 7 | 87 | 3 | 15 | 4 | 18 | 120 |
| Davie Burgess | 73 | 15 | 98 | 0 | 0 | 0 | 0 | 118 |
| Tracy Knox | 61 | 8 | 89 | 2 | 10 | 2 | 3 | 116 |
| Tracy Chalmers | 70 | 18 | 91 | 2 | 15 | 2 | 2 | 114 |
| Lizzie Knox | 50 | 7 | 96 | 1 | 5 | 3 | 5 | 106 |
| Carole Fraser | 74 | 18 | 94 | 1 | 5 | 0 | 0 | 99 |
| Alice Hall | 64 | 11 | 87 | 0 | 0 | 1 | 1 | 88 |
| Ewan Davidsdon | 67 | 8 | 76 | 0 | 0 | 2 | 4 | 80 |
| Oscar Burgess | 14 | 11 | 18 | 2 | 20 | 7 | 14 | 72 |
| Catriona Duncan | 54 | 17 | 56 | 1 | 5 | 1 | 3 | 70 |
| Ailsa Cruickshanks | 27 | 5 | 51 | 0 | 0 | 2 | 13 | 67 |
| Lucy Wilson | 50 | 7 | 62 | 1 | 5 | 0 | 0 | 67 |
| Neil Smith | 65 | 14 | 65 | 0 | 0 | 0 | 0 | 65 |
| Angela Small | 35 | 7 | 38 | 0 | 0 | 0 | 0 | 58 |
| Jim Hogsflesh | 29 | 5 | 42 | 0 | 0 | 0 | 0 | 56 |
| Allan Gibson | 36 | 8 | 51 | 0 | 0 | 1 | 2 | 56 |
| Innes Knight | 50 | 15 | 55 | 0 | 0 | 0 | 0 | 55 |
| Giles Harris | 50 | 4 | 53 | 0 | 0 | 0 | 0 | 53 |
| Tom Harris | 21 | 2 | 42 | 1 | 5 | 0 | 0 | 47 |
| Lucy Nuttall | 18 | 5 | 18 | 2 | 10 | 0 | 0 | 34 |
| Sandy Chalmers | 22 | 0 | 22 | 0 | 0 | 0 | 11 | 33 |
| Dave Nuttal | 21 | 6 | 21 | 2 | 10 | 0 | 0 | 31 |
| Corey Lumsden | 12 | 9 | 17 | 1 | 10 | 1 | 2 | 29 |
| Bill Arnott | 26 | 1 | 26 | 0 | 0 | 0 | 0 | 26 |
| Nick Fry | 12 | 2 | 18 | 1 | 5 | 0 | 0 | 23 |
| Jennifer Gallagher | 15 | 4 | 21 | 0 | 0 | 0 | 0 | 21 |
| Mark Harris | 9 | 2 | 18 | 0 | 0 | 1 | 3 | 21 |
| Callum Smith | 14 | 3 | 14 | 1 | 5 | 0 | 0 | 19 |
| Lucy McKie | 12 | 3 | 12 | 0 | 0 | 0 | 0 | 18 |
| Ewan Lumsden | 13 | 0 | 18 | 0 | 0 | 0 | 0 | 18 |
| Craig Horsburgh | 17 | 2 | 17 | 0 | 0 | 0 | 0 | 17 |
| Chris Broome | 7 | 1 | 14 | 0 | 0 | 0 | 0 | 14 |
| Jill Thomson | 9 | 2 | 12 | 0 | 0 | 0 | 0 | 12 |

Points List

| | | | | | | | | |
|-----------------------------------|----|---|----|---|---|---|---|----|
| Hazel Bradley | 10 | 0 | 10 | 0 | 0 | 0 | 0 | 10 |
| Bill Hutch | 5 | 1 | 5 | 1 | 5 | 0 | 0 | 10 |
| Susan Penman | 4 | 0 | 6 | 0 | 0 | 0 | 2 | 8 |
| Karen Shephard | 8 | 2 | 8 | 0 | 0 | 0 | 0 | 8 |
| Richard Mckinstry | 5 | 1 | 8 | 0 | 0 | 0 | 0 | 8 |
| Kirk Kilbane | 4 | 1 | 4 | 0 | 0 | 0 | 0 | 4 |
| Alan Mackie | 3 | 1 | 3 | 0 | 0 | 0 | 0 | 3 |

| 2018 | AILS A CRUICKSHANKS | | | | | | | | | |
|---------------------------------------|----------------------------------|---------|---------|-----------|----------|---------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 27 | 5 | 51 | 0 | 0 | 2 | 13 | 67 |
| Primary 1K (3), Marshalling Points | | | | Road: 1 | | Course: 0 | | 1st: 0 | | |
| | | | | Track: 0 | | Distance: 0 | | 2nd: 1 | | |
| | | | | Trail: 0 | | Age Course: 0 | | 3rd: 0 | | |
| | | | | Hill: 4 | | Age Dist: 0 | | Age 1st: 1 | | |
| | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 27/01/2018 | Devils Burden Leg 4: 5.5 km | 0:39:14 | 3.0 | Hill | 6 | | 0 | | 0 | 6 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:14:23 | 11.0 | Hill | 22 | | 0 | Age 1st | 3 | 25 |
| 01/09/2018 | Morrone Hill Race, Braemar. 5.3K | 0:40:12 | 3.0 | Hill | 6 | | 0 | | 0 | 6 |
| 17/11/2018 | Largo Law Hill Race | 0:55:28 | 7.0 | Hill | 14 | | 0 | 2nd | 10 | 24 |
| 29/12/2018 | St Andrews Parkrun 5K | 0:21:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | ALLAN GALLOWAY | | | | | | | | | |
|------------------------------------|--|---------|---------|----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 124 | 15 | 155 | 1 | 10 | 1 | 2 | 173 |
| EN 10K (6) Marshalling Points 6 | | | Road: 7 | Track: 0 | Trail: 5 | Hill: 3 | Course: 0 | Distance: 1 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 1 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 27/01/2018 | Devils Burden Leg 4: 5.5 km | 1:00:02 | 3.0 | Hill | 6 | | 0 | | 0 | 6 |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 2:25:00 | 13.0 | Trail | 20 | | 0 | | 0 | 20 |
| 04/03/2018 | Cyprus Marathon | 5:45:16 | 26.0 | Road | 26 | | 0 | | 0 | 26 |
| 25/04/2018 | Ravensraig 1 mile | 0:10:17 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 17/06/2018 | Glenrothes 10K | 0:58:27 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:38:23 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:51:01 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:07:49 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:26:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 1:03:41 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |

| 2018 | ALLAN GIBSON | | | | | | | | | | | | | | |
|--|---|------------|------------------------------|----------|---------|-----------|-------------|---------------|-------------|---------|-----------|-----------|------------|------------|------------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | |
| | | 36 | 8 | 51 | 0 | 0 | 1 | 2 | 56 | | | | | | |
| Primary 1K (3) Marshalling Points 3 | | Road: 4 | Track: 0 | Trail: 3 | Hill: 1 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 1 | Age 3rd: 0 |
| | | h:mm:ss | | Miles | | | | | | | | | | | |
| | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | |
| | | 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:29:15 | 7.0 | Hill | 14 | | 0 | | 0 | 14 | | | |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:38:52 | 5.0 | Trail | 8 | | 0 | | 0 | 8 | | | | | |
| 05/09/2018 | Kingsbarns, 4 miles | 0:32:23 | 4.0 | Trail | 6 | | 0 | Age 2nd | 2 | 8 | | | | | |
| 20/10/2018 | East District Cross Country, 9K | 0:49:41 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | | | |
| 24/10/2018 | Mars Bar Race 1 | 0:34:20 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |
| 27/10/2018 | St Andrews Parkrun 5K | 0:25:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 24/11/2018 | St Andrews Parkrun 5K | 0:24:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 28/11/2018 | Mars Bar Race 2 | 0:36:32 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |

| 2018 | ALICE HALL | | | | | | | | | | |
|--------------------|--|---------|----------|-----------|----------|---------------|--------|------------|------------|-----------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | | 64 | 11 | 87 | 0 | 0 | 1 | 1 | 88 | |
| Marshalling Points | | | Road: 6 | | | Course: 0 | | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 0 | | | 2nd: 0 | | |
| | | | Trail: 3 | | | Age Course: 0 | | | 3rd: 0 | | |
| | | | Hill: 2 | | | Age Dist: 0 | | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | | |
| | | | | | | | | Age 3rd: 1 | | | |
| | | h:mm:ss | Miles | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/01/2018 | Mars Bar Race 4 | 0:36:01 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | |
| 21/02/2018 | Mars Bar Race 5 | 0:37:05 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:51:37 | 11.0 | Hill | 22 | | 0 | | 0 | 22 | |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:57:10 | 6.0 | Trail | 9 | | 0 | Age 3rd | 1 | 10 | |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:33:33 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:40:26 | 4.0 | Hill | 8 | | 0 | | 0 | 8 | |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:24:40 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:55:14 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | |
| 30/09/2018 | Great Scottish Half Maratho | 2:30:11 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |
| 17/11/2018 | Inch Beach, Parkrun 5K | 0:26:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| | | | | | 0 | | 0 | | 0 | 0 | |

| 2018 | BILL SIMPSON | | | | | | | | | |
|--------------------|---|---------|-----------|-----------|---------------|-------------|------------|----------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 192 | 55 | 224 | 1 | 5 | 5 | 11 | 246 |
| EN 10K (6) | | | Road: 42 | | Age Course: 0 | Course: 1 | 1st: 0 | | | |
| | | | Track: 0 | | | Distance: 0 | 2nd: 0 | | | |
| | | | Trail: 12 | | | Age Dist: 0 | 3rd: 0 | | | |
| | | | Hill: 1 | | | | Age 1st: 3 | | | |
| Marshalling Points | | | 6 | | | Age 2nd: 0 | | | | |
| | | | | | | Age 3rd: 2 | | | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 06/01/2018 | St Andrews Parkrun | 0:23:42 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/01/2018 | St Andrews Parkrun | 0:23:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/01/2018 | Nightmare Series Race 4: Wicked Witch of West Wemyss. | 0:34:04 | 4.0 | Trail | 6 | | 0 | Age 3rd | 1 | 7 |
| 27/01/2018 | Kirkcaldy Parkrun 5K | 0:23:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/02/2018 | Kirkcaldy Parkrun 5K | 0:23:11 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/02/2018 | Kirkcaldy Parkrun 5K | 0:23:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 17/02/2018 | Kirkcaldy Park Run 5K | 0:23:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/02/2018 | Mars Bar Race 5 | 0:30:30 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/02/2018 | Kirkcaldy Park Run 5K | 0:22:53 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/03/2018 | Kirkcaldy Park Run 5K | 0:25:20 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/03/2018 | St Andrews Parkrun 5K | 0:23:41 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 31/03/2018 | St Andrews Parkrun 5K | 0:23:25 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:22:48 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | Kirkcaldy Parkrun 5K | 0:23:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|---|---------|-----|-------|---|--------|---|---------|---|----|
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:35:54 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | St Andrews Parkrun 5K | 0:23:12 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 26/05/2018 | St Andrews Parkrun 5K | 0:22:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:23:00 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:49:32 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:22:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/06/2018 | Glenrothes 10K | 0:46:41 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 23/06/2018 | Lochore Meadows Parkrun | 0:23:28 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 30/06/2018 | Kirkcaldy Parkrun 5K | 0:23:34 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 07/07/2018 | Kirkcaldy Parkrun 5K | 0:22:40 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:30:51 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:39:56 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:06:29 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:22:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:50:53 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:28:41 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 21/07/2018 | St Andrews Parkrun 5K | 0:22:12 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 23/06/2018 | Lochore Meadows Parkrun | 0:22:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/08/2018 | St Andrews Parkrun 5K | 0:22:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/08/2018 | Trail Busters Race 2, 4.5 miles | 0:36:20 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| 09/08/2018 | Balmullo Trail Race 4.9miles. FAC Midweek series race 5 | 0:43:03 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |

| 2018 | Callum Smith | | | | | | | | | |
|------------|------------------------|---------|----------|-----------|---------------|------------|-----------|-----------|-----------|-----------|
| Summary | | | | | | | | | | |
| | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | |
| | 14 | 3 | 14 | 1 | 5 | 0 | 0 | 19 | | |
| | | | | Road: 3 | Course: 1 | 1st: 0 | | | | |
| | | | | Track: 0 | Distance: 0 | 2nd: 0 | | | | |
| | | | | Trail: 0 | Age Course: 0 | 3rd: 0 | | | | |
| | | | | Hill: 0 | Age Dist: 0 | Age 1st: 0 | | | | |
| | Marshalling Points | | | | | Age 2nd: 0 | | | | |
| | | | | | | Age 3rd: 0 | | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:34:50 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 21/02/2018 | Mars Bar Race 5 | 0:29:20 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | CAROLE FRASER | | | | | | | | | |
|--------------------|--|---------|----------|-----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 74 | 18 | 94 | 1 | 5 | 0 | 0 | 99 |
| Marshalling Points | | | Road: 10 | Track: 0 | Trail: 8 | Hill: 0 | Course: 1 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 01/01/2018 | Kirkcaldy Parkrun 5K | 0:33:23 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/03/2018 | Chilly Willy Trail race | 0:45:13 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:30:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/04/2018 | Chilly Willy Trail Race 2 | 0:45:40 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:28:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/05/2018 | Cape Wrath Challenge, 10K | 1:03:42 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 15/05/2018 | Cape Wrath Challenge, 5.5 mile trail | 0:51:57 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 16/05/2018 | Cape Wrath Challenge, 6 miles | 1:02:09 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:29:10 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:39:29 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:08:11 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:28:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | CATRIONA DUNCAN | | | | | | | | | |
|------------------------------------|--|----------|----------|-----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 54 | 17 | 56 | 1 | 5 | 1 | 3 | 70 |
| EN 10K (6) Marshalling Points 6 | | | Road: 16 | Track: 0 | Trail: 1 | Hill: 0 | Course: 1 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 1 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 03/02/2018 | St Andrews Parkrun 5K | 0:25:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/02/2018 | St Andrews Parkrun 5K | 0:26:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/02/2018 | Mars Bar Race 5 | 0:35:10 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 21/03/2018 | Mars Bar Race 6 | 0:35:06 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/03/2018 | St Andrews Parkrun 5K | 0:26:14 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:26:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:26:09 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/05/2018 | St Andrews Parkrun 5K | 00:25:58 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:26:42 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/07/2018 | St Andrews Parkrun 5K | 0:26:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:34:07 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 28/07/2018 | St Andrews Parkrun 5K | 0:27:21 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/08/2018 | New Gilston 5K | 0:28:09 | 3.0 | Road | 3 | | 0 | Age 1st | 3 | 6 |
| 29/09/2018 | Perth Parkrun 5K | 0:25:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/11/2018 | St Andrews Parkrun 5K | 0:26:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/11/2018 | St Andrews Parkrun 5K | 0:26:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/11/2018 | St Andrews Parkrun 5K | 0:25:03 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | | CHRIS BROOME | | | | | | | | | | | | |
|--------------------|--|--------------|--|---------|------------|------------------------------|------------|------------|-------------|---------------|-------------|---------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | |
| | | | | 7 | 1 | 14 | 0 | 0 | 0 | 0 | 14 | | | |
| Marshalling Points | | | | Road: 0 | Track: 0 | Trail: 0 | Hill: 1 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | | | |
| | | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | | | | |
| | | | | h:mm:ss | Miles | | | | | | | | | |
| | | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| | | | | 1 | 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:29:15 | 7.0 | Hill | 14 | | 0 | | 0 |
| 2 | | | | | | 0 | | 0 | | 0 | 0 | | | |
| 3 | | | | | | 0 | | 0 | | 0 | 0 | | | |
| 4 | | | | | | 0 | | 0 | | 0 | 0 | | | |

| CJMACPHAIL | | | | | | | | | | | | | |
|--------------------|--|---------|---------|----------|----------|------------|------------|-------------|---------------|-------------|---------|-----------|-----------|
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | |
| | | | 145 | 25 | 234 | 6 | 30 | 9 | 91 | 355 | | | |
| Marshalling Points | | | Road: 8 | Track: 0 | Trail: 7 | Hill: 10 | Course: 6 | Distance: 0 | Age Course: 0 | Age Dist: 0 | | | |
| | | | 1st: 5 | 2nd: 0 | 3rd: 3 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 1 | | | | | |
| | | | h:mm:ss | | | Miles | | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:32:00 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | |
| 27/01/2018 | Devils Burden Leg 1: 7.7 km | 0:34:38 | 5.0 | Trail | 8 | | 0 | | 0 | 8 | | | |
| 10/02/2018 | Carnethy 5 Hill Race, 6 Miles | 1:21:07 | 6.0 | Hill | 12 | | 0 | | 0 | 12 | | | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | | | |
| 21/02/2018 | Mars Bar Race 5 | 0:26:33 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 | | | |
| 28/04/2018 | Normans Law Hill Race | 0:41:31 | 4.0 | Hill | 8 | | 0 | | 0 | 8 | | | |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:31:34 | 5.0 | Trail | 8 | | 0 | | 0 | 8 | | | |
| 12/05/2018 | Ben Lomond Hill Race | 1:40:43 | 8.0 | Trail | 12 | | 0 | | 0 | 12 | | | |
| 08/06/2018 | Templeton Trail Race | 0:44:21 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:05:36 | 11.0 | Hill | 22 | | 0 | 3rd | 5 | 27 | | | |
| 27/06/2018 | Sandy Slither, 6.1 miles | 0:46:03 | 6.0 | Trail | 9 | | 0 | Age 3rd | 1 | 10 | | | |
| 01/07/2018 | Heart of the Park, Braemar 12K | 1:05:26 | 8.0 | Trail | 12 | Course | 5 | 1st | 15 | 32 | | | |
| 07/07/2018 | Dollar Hill race, 15K | 1:48:34 | 9.0 | Hill | 18 | | 0 | 3rd | 5 | 23 | | | |
| 11/07/2018 | Maddie Moss Mash hill Race, 6 mile | 1:09:56 | 6.0 | Hill | 12 | | 0 | 1st | 15 | 27 | | | |

| 2018 | COLIN MCKIE | | | | | | | | | |
|--------------------|----------------------------------|---------|----------|-----------|---------------|----------|------------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 86 | 22 | 101 | 2 | 15 | 5 | 14 | 133 |
| Primary 1K (3) | | | Road: 17 | | Course: 1 | | 1st: 0 | | | |
| | | | Track: 1 | | Distance: 1 | | 2nd: 0 | | | |
| | | | Trail: 3 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | Hill: 1 | | Age Dist: 0 | | Age 1st: 4 | | | |
| Marshalling Points | | | 3 | | | | | Age 2nd: 1 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| | Plean Parkrun 5K | 0:19:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/01/2018 | Mars Bar Race 4 | 0:24:50 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:01:33 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 21/02/2018 | Mars Bar Race 5 | 0:23:52 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 21/03/2018 | Mars Bar Race 6 | 0:24:27 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/03/2018 | St Andrews Parkrun 5K | 0:18:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/04/2018 | Livingston Parkrun 5K | 0:19:08 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/04/2018 | Lost Trails Race, Falkland | 0:45:35 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| 26/05/2018 | Lochore Meadows Parkrun 5k | 0:19:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 07/06/2018 | Waid Academy 1500m | 0:05:01 | 1.0 | Track | 1 | Distance | 10 | Age 1st | 3 | 14 |
| 27/06/2018 | Sandy Slither, 6.1 miles | 0:42:41 | 6.0 | Trail | 9 | | 0 | Age 1st | 3 | 12 |
| 07/07/2018 | Aviemore Park run 5K | 0:20:24 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:24:34 | 4.0 | Trail | 6 | | 0 | Age 1st | 3 | 9 |
| 15/09/2018 | Cairngorms Adventure Tri. 5K run | 0:26:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 30/09/2018 | East Neuk 10K | 0:40:17 | 6.0 | Road | 6 | | 0 | Age 2nd | 2 | 8 |

| 2018 | Corey Lumsden | | | | | | | | | |
|--------------------|--|----------|---------|----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 12 | 9 | 17 | 1 | 10 | 1 | 2 | 29 |
| Marshalling Points | | | Road: 3 | Track: 0 | Trail: 4 | Hill: 2 | Course: 0 | Distance: 1 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 1 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 07/04/2018 | Kirkcaldy Parkrun 5K | 0:32:23 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/04/2018 | St Andrews Junior 1 Mile | 0:08:37 | 1.0 | Trail | 2 | | 0 | Age 2nd | 2 | 4 |
| 25/04/2018 | Ravenscraig 1 mile | 0:07:17 | 1.0 | Road | 1 | Distance | 10 | | 0 | 11 |
| 28/04/2018 | Emily Hill Junior 1 mile | 0:10:50 | 1.0 | Hill | 2 | | 0 | | 0 | 2 |
| 28/05/2018 | Mini Tour of Fife Race 1: West Sands, St Andrews | 0:10:04 | 1.0 | Trail | 2 | | 0 | | 0 | 2 |
| 29/05/2018 | Mini Tour of Fife Race 2: East Lomond | 00:13:49 | 1.5 | Hill | 3 | | 0 | | 0 | 3 |
| 30/05/2018 | Mini Tour of Fife Race 3: Kellie Farm | 0:08:35 | 1.5 | Trail | 2 | | 0 | | 0 | 2 |
| 31/05/2018 | Mini Tour of Fife Race 4: Hill of Tarvit | 0:10:44 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 01/06/2018 | Mini Tour of Fife Race 5: Kingsbarns | 0:07:34 | 1.0 | Trail | 2 | | 0 | | 0 | 2 |

| 2018 | | CRAIG HORSBURGH | | | | | | | | | |
|--------------------|------------|------------------------------|---------|----------|-----------|---------------|------|------------|----------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 17 | 2 | 17 | 0 | 0 | 0 | 0 | 17 |
| | | | | Road: 2 | | Course: 0 | | 1st: 0 | | | |
| | | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | | |
| | | | | Trail: 0 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | | Hill: 0 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | | | | | | Age 2nd: 0 | | | |
| | | | | | | | | Age 3rd: 0 | | | |
| | | | | h:mm:ss | Miles | | | | | | |
| | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 1 | 17/01/2018 | Mars Bar Race 4 | 0:40:00 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 2 | 30/09/2018 | Great Scottish Half Marathon | 2:30:11 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 3 | | | | | | 0 | | 0 | | 0 | 0 |
| 4 | | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | DAVIE BRISLAND | | | | | | | | | | |
|--------------------|--|---------|----------|-----------|----------|---------------|--------|------------|------------|-----------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | | 147 | 17 | 157 | 1 | 10 | 0 | 0 | 167 | |
| Marshalling Points | | | Road: 14 | | | Course: 0 | | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 1 | | | 2nd: 0 | | |
| | | | Trail: 2 | | | Age Course: 0 | | | 3rd: 0 | | |
| | | | Hill: 1 | | | Age Dist: 0 | | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | | |
| | | | | | | | | Age 3rd: 0 | | | |
| | | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/01/2018 | Mars Bar Race 4 | 0:26:34 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 27/01/2018 | Devils Burden Leg 4: 5.5 km | 0:37:47 | 3.0 | Hill | 6 | | 0 | | 0 | 6 | |
| 11/02/2018 | Livingston Half Marathon | 1:36:59 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | |
| 18/02/2018 | Devilla 15K Trail Race | 1:07:05 | 9.0 | Trail | 14 | | 0 | | 0 | 14 | |
| 21/03/2018 | Mars Bar Race 6 | 0:29:47 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 25/03/2018 | National Road Relay Championships, Livingston. Leg 2 - 5.8 miles | 0:39:34 | 6.0 | Road | 6 | | 0 | | 0 | 6 | |
| 29/04/2018 | Stirling Half Marathon | 1:29:02 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |
| 12/05/2018 | Loch Leven Half Marathon | 1:30:20 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |
| 28/05/2018 | Edinburgh marathon | 3:19:55 | 26.0 | Road | 26 | Distance | 10 | | 0 | 36 | |
| 14/08/2018 | Ceres 8 | 0:56:03 | 8.0 | Road | 8 | | 0 | | 0 | 8 | |
| 05/09/2018 | Kingsbarns, 4 miles | 0:28:41 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | |
| 09/09/2018 | Auchterarder Half Mar | 1:34:46 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |
| 30/09/2018 | Great Scottish Half Marathon | 1:32:05 | 13.0 | Road | 13 | | 0 | | 0 | 13 | |

| 2018 | DAVIE BURGESS | | | | | | | | | |
|-----------------------------|---|---------|----------|-----------|---------------|------|------------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 73 | 15 | 98 | 0 | 0 | 0 | 0 | 118 |
| EN 10K (6) + Largo Law (14) | | | Road: 8 | | Course: 0 | | 1st: 0 | | | |
| | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | | |
| | | | Trail: 5 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | Hill: 2 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | 20 | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:01:33 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 11/03/2018 | Garmorn 6 | 0:41:20 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 21/03/2018 | Mars Bar Race 6 | 0:25:27 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 25/03/2018 | National Road Relay Championships, Livingston. Leg 5 - 3.15 miles | 0:19:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/04/2018 | Ravenscraig 1 mile | 0:07:13 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 12/05/2018 | Loch Leven Half Marathon | 1:32:18 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 23/05/2018 | Ravenscraig 1 mile | 0:05:43 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 25/05/2018 | Black Rock 5 | 0:29:03 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 22/06/2018 | Summer Solstace, Elie | 0:21:47 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 24/06/2018 | Benarty Gala, lochore Meadows 5.5 miles | 0:33:46 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 04/08/2018 | Elie Triathlon 6K run | 0:25:39 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 22/08/2018 | Ravenscraig 2 x 1 mile relay | | 1.0 | Road | 1 | | 0 | | 0 | 1 |

| 2018 | DEBZ HAY | | | | | | | | | | |
|--------------------|------------------------------------|---------|-----------|-----------|----------|---------------|--------|------------|------------|-----------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | | 450 | 51 | 616 | 14 | 85 | 11 | 21 | 722 | |
| Marshalling Points | | | Road: 30 | | | Course: 11 | | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 3 | | | 2nd: 0 | | |
| | | | Trail: 16 | | | Age Course: 0 | | | 3rd: 1 | | |
| | | | Hill: 5 | | | Age Dist: 0 | | | Age 1st: 1 | | |
| | | | | | | | | Age 2nd: 4 | | | |
| | | | | | | | | Age 3rd: 5 | | | |
| | | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/01/2018 | Mars Bar Race 4 | 0:32:17 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:18:11 | 7.0 | Hill | 14 | | 0 | | 0 | 14 | |
| 03/02/2018 | St Andrews Parkrun 5K | 0:25:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:53:50 | 13.0 | Trail | 20 | | 0 | Age 1st | 3 | 23 | |
| 10/02/2018 | Carnethy 5 Hill Race, 6 Miles | 1:33:41 | 6.0 | Hill | 12 | | 0 | | 0 | 12 | |
| 17/02/2018 | St Andrews Parkrun | 0:24:47 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 18/02/2018 | Devilla 15K Trail Race | 1:18:41 | 9.0 | Trail | 14 | Course | 5 | | 0 | 19 | |
| 21/02/2018 | Mars Bar Race 5 | 0:30:48 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 24/02/2018 | St Andrews Parkrun 5K | 0:25:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 10/03/2018 | St Andrews Park Run 5K | 0:25:14 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 17/03/2018 | St Andrews Parkrun 5K | 0:23:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 21/03/2018 | Mars Bar Race 6 | 0:30:36 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 | |
| 31/03/2018 | St Andrews Parkrun 5K | 0:23:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |

| | | | | | | | | | | |
|------------|--|----------|------|-------|----|----------|----|---------|---|----|
| 01/04/2018 | Tay Ten | 1:20:29 | 10.0 | Road | 10 | Course | 5 | | 0 | 15 |
| 06/04/2018 | St Andrews Parkrun 5K | 00:24:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:24:43 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:25:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/04/2018 | St Andrews Parkrun 5K | 0:23:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:23:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | Normans Law Hill Race | 0:47:01 | 4.0 | Hill | 8 | Course | 5 | | 0 | 13 |
| 05/05/2018 | Glen Lyon Ultra, 31 miles | 5:51:44 | 31.0 | Trail | 47 | Course | 5 | Age 3rd | 1 | 53 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:40:22 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Road to the Isles Half Marathon | 1:46:23 | 13.0 | Road | 13 | | 0 | Age 2nd | 2 | 15 |
| 19/05/2018 | Kirkcaldy Park Run 5K | 0:23:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:22:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/06/2018 | Alloa Half Marathon | 1:44:32 | 13.0 | Road | 13 | Distance | 10 | Age 3rd | 1 | 24 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:49:33 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:24:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:34:32 | 11.0 | Hill | 22 | | 0 | | 0 | 22 |
| 22/06/2018 | Summer Solstace, Elie | 0:33:09 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 07/07/2018 | Aviemore Park run 5K | 0:23:25 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:32:47 | 4.0 | Trail | 6 | Course | 5 | Age 3rd | 1 | 12 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:39:38 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:06:51 | 1.0 | Road | 1 | Course | 5 | | 0 | 6 |

| 2018 | DUNCAN HALL | | | | | | | | | | | |
|--------------------|-----------------------------------|---------|----------|---------------|----------|-------------|------------|----------|------------|-----------|------------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | |
| | | | 172 | 51 | 174 | 0 | 0 | 1 | 10 | 184 | | |
| Marshalling Points | | | Road: 50 | Age Course: 0 | | Course: 0 | Age 1st: 0 | | Age 2nd: 0 | | | |
| | | | Track: 0 | | | Distance: 0 | | | | | Age 3rd: 0 | |
| | | | Trail: 1 | | | Age Dist: 0 | | | | | | |
| | | | Hill: 0 | | | | | | | | | |
| | | | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | |
| 01/01/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:41 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 06/01/2018 | Maribyrong Park Run 5K, Melbourne | 0:21:06 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 13/01/2018 | Maribyrong Park Run 5K, Melbourne | 0:21:06 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 20/01/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 27/01/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 03/02/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:51 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 10/02/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:15 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 17/02/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 24/02/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:13 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |

| | | | | | | | | | | |
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| 03/03/2018 | Maribyrong Park Run 5K, Melbourne | 0:20:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/03/2018 | Maribyrong Park Run 5K, Melbourne | 0:18:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/03/2018 | Maribyrong Park Run 5K, Melbourne | 0:20:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 18/03/2018 | Run for the Kids 15K | 0:58:02 | 9.0 | Road | 9 | | 0 | | 0 | 9 |
| 24/03/2018 | Maribyrong Park Run 5K, Melbourne | 0:20:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:19:12 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:18:42 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/04/2018 | St Andrews Parkrun 5K | 0:18:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/05/2018 | Newport lakes Parkrun 5K | 0:19:55 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/05/2018 | Maribyrong Park Run 5K, Melbourne | 0:18:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 26/05/2018 | Altone Beach Parkrun 5k | 0:18:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/06/2018 | Maribyrong Park Run 5K, Melbourne | 0:21:53 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/06/2018 | Traralgon Half Marathon | 1:21:07 | 13.0 | Road | 13 | | 0 | 2nd | 10 | 23 |
| 09/06/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:28 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | Maribyrong Park Run 5K, Melbourne | 0:21:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 23/06/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 30/06/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:10 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 07/07/2018 | Altona Beach Parkrun 5k, Melbourne | 0:18:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|-----------------------------------|---------|-----|------|---|--|---|--|---|---|
| 14/07/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/07/2018 | Maribyrong Park Run 5K, Melbourne | 0:49:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/08/2018 | Maribyrong Park Run 5K, Melbourne | 0:45:20 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/08/2018 | Maribyrong Park Run 5K, Melbourne | 0:39:20 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 01/09/2018 | Maribyrong Park Run 5K, Melbourne | 0:32:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 08/09/2018 | Maribyrong Park Run 5K, Melbourne | 0:31:23 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/09/2018 | Maribyrong Park Run 5K, Melbourne | 0:28:05 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/09/2018 | Maribyrong Park Run 5K, Melbourne | 0:24:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/10/2018 | Maribyrong Park Run 5K, Melbourne | 0:21:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/10/2018 | Maribyrong Park Run 5K, Melbourne | 0:24:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14\10/2018 | Melbourne 10K | 0:41:18 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 20/10/2018 | Maribyrong Park Run 5K, Melbourne | 0:33:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 27/10/2018 | Maribyrong Park Run 5K, Melbourne | 0:19:05 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/11/2018 | Highland Park Run 5K, Melbourne | 0:19:03 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/11/2018 | Highland Park Run 5K, Melbourne | 0:19:28 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/11/2018 | Albert Park Run 5K, Melbourne | 0:19:09 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | ECK ANDERSON | | | | | | | | | |
|--------------------|---|---------|----------|-----------|---------------|--------|------------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 193 | 32 | 279 | 7 | 35 | 2 | 15 | 332 |
| Primary 1K (3) | | | Road: 15 | | Course: 7 | | 1st: 0 | | | |
| | | | Track: 0 | | Distance: 0 | | 2nd: 1 | | | |
| | | | Trail: 8 | | Age Course: 0 | | 3rd: 1 | | | |
| | | | Hill: 9 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | 3 | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:26:18 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/01/2018 | Devils Burden Leg 2: 11.5 km | 1:31:46 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 10/02/2018 | Carnethy 5 Hill Race, 6 Miles | 1:10:36 | 6.0 | Hill | 12 | Course | 5 | | 0 | 17 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 21/02/2018 | Mars Bar Race 5 | 0:26:16 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 21/03/2018 | Mars Bar Race 6 | 0:26:45 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 25/03/2018 | National Road Relay Championships, Livingston. Leg 1 - 3.15 miles | 0:20:22 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 08/04/2018 | East Fife Sprint Triathlon, 4.9K run | 0:21:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | Normans Law Hill Race | 0:36:23 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:29:48 | 5.0 | Trail | 8 | Course | 5 | | 0 | 13 |

| | | | | | | | | | | |
|------------|--|----------------------|------|-------|----|--------|---|-----|----|----|
| 12/05/2018 | Glen Affric Duathlon, 7.5 mile and 2.5 mile run | 1:05:15 & 0:18:16 | 10.0 | Road | 10 | Course | 5 | | 0 | 15 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:39:44 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:05:36 | 11.0 | Hill | 22 | | 0 | | 0 | 22 |
| 17/06/2018 | Verticale du Criou, France, 2.88K | | 2.0 | Hill | 4 | | 0 | | 0 | 4 |
| 22/06/2018 | Summer Solstace, Elie | 0:21:16 | 4.0 | Trail | 6 | | 0 | 2nd | 10 | 16 |
| 27/06/2018 | Sandy Slither, 6.1 miles | 0:44:28 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 28/06/2018 | Balbirnie Duathlon, 5k and 2.5K | 00:22:35 00:11:40 | 5 | Road | 5 | Course | 5 | | 0 | 10 |
| 01/07/2018 | Heart of the Park, Braemar 12K | 0:59:38 | 8.0 | Trail | 12 | Course | 5 | | 0 | 17 |
| 04/08/2018 | Elie Triathlon 6K run | 0:25:12 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 09/08/2018 | Balmullo Trail Race 4.9miles. FAC Midweek series race 5 | 0:34:15 | 5.0 | Trail | 8 | Course | 5 | | 0 | 13 |
| 12/08/2018 | Aviemore Triathlon, 9k run | 0:44:52 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 14/08/2018 | Ceres 8 | 0:55:31 | 8.0 | Road | 8 | | 0 | | 0 | 8 |
| 01/09/2018 | Morrone Hill Race, Braemar. 5.3K | 0:33:57 | 3.0 | Hill | 6 | | 0 | | 0 | 6 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:24:18 | 4.0 | Trail | 6 | | 0 | 3rd | 5 | 11 |
| 30/09/2018 | Glencoe Marathon | 4:38:15 | 26.0 | Trail | 39 | | 0 | | 0 | 39 |
| 06/10/2019 | Glen Clova Duathlon, 14K run | 1:53:34 | 9.0 | Hill | 18 | | 0 | | 0 | 18 |
| 07/10/2018 | Craggy Island Triathlon, 8K run | 0:27:29 | 5.0 | Hill | 10 | | 0 | | 0 | 10 |
| 24/10/2018 | Mars Bar Race 1 | 0:26:20 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 17/11/2018 | Largo Law Hill Race | 0:52:57 | 7 | Hill | 14 | | 0 | | 0 | 14 |
| 28/11/2018 | Mars Bar Race 2 | 0:26:57 | 4.0 | Road | 4 | | 0 | | 0 | 4 |

| | | | | | | | | | | |
|------------|--------------------------------|---------|-----|------|---|--|---|--|---|---|
| 08/12/2018 | Haddies Xmas Pub Race, 6 miles | 1:01:01 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 19/12/2018 | Mars Bar Race 3 | 0:26:18 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | ERIC ANDERSON | | | | | | | | | |
|--------------------|--|----------|----------|-----------|---------------|-------------|-------------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 197 | 38 | 201 | 2 | 15 | 0 | 0 | 222 |
| EN 10K (6) | | | Road: 36 | | Age Course: 0 | Course: 1 | Age Dist: 0 | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 1 | | 2nd: 0 | | |
| | | | Trail: 2 | | | | | 3rd: 0 | | |
| | | | Hill: 0 | | | | | Age 1st: 0 | | |
| Marshalling Points | | | 6 | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 13/01/2018 | St Andrews Parkrun | 0:20:08 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/01/2018 | Mars Bar Race 4 | 0:28:10 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 17/02/2018 | St Andrews Parkrun | 0:19:40 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/02/2018 | Mars Bar Race 5 | 0:26:28 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 04/03/2018 | Paris Half Marathon | 00:32:49 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 |
| 10/03/2018 | Kirkcaldy Park Run 5K | 0:19:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/03/2018 | Mars Bar Race 6 | 0:29:46 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/03/2018 | St Andrews Parkrun 5K | 0:20:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/03/2018 | National Road Relay Championships, Livingston. Leg 6 - 5.8 miles | 0:41:35 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 31/03/2018 | St Andrews Parkrun 5K | 0:24:13 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:20:29 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 22/04/2018 | London Marathon | 3:58:49 | 26.0 | Road | 26 | | 0 | | 0 | 26 |
| 29/04/2018 | Stirling Half Marathon | 1:34:04 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:21:51 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | Ewan Cameron | | | | | | | | | |
|--------------------|---|--------------|--------------|-----------------|---------------|---------------|-----------------|------------------|------------------|-----------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | 104 | 18 | 142 | 1 | 5 | 3 | 4 | 151 | |
| | | | Road: 4 | | Course: 1 | | 1st: 0 | | | |
| | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | | |
| | | | Trail: 13 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | Hill: 1 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | | | | | Age 2nd: 1 | | | |
| | | | | | | | Age 3rd: 2 | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 18/02/2018 | Devilla 15K Trail Race | 1:22:03 | 9.0 | Trail | 14 | | 0 | | 0 | 14 |
| 24/03/2018 | Chilly Willy Trail Race | 0:34:42 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 28/04/2018 | Normans Law Hill Race | 0:45:20 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 05/05/2018 | Pollock Park Run 5K | 0:24:49 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:36:11 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Loch Leven Half Marathon | 2:03:21 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:49:06 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 22/06/2018 | Summer Solstice, Elie | 0:26:24 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 24/06/2018 | Benarty Gala, Iochore Meadows 5.5 miles | 0:38:18 | 6.0 | Trail | 9 | Course | 5 | Age 3rd | 1 | 15 |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:54:07 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 01/07/2018 | Trail Busters | 0:35:23 | 4.0 | Trail | 6 | | 0 | Age 3rd | 1 | 7 |

| | | | | | | | | | | |
|------------|-------------------------------------|---------|-----|-------|----|--|---|---------|---|----|
| 21/07/2018 | Splash and Dash Beach race, 4 miles | 0:40:00 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 02/09/2108 | Trailbusters Race 3 - 5 miles | 0:33:37 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:30:50 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 13/10/2019 | Aviemore Parkrun 5k | 0:23:56 | 3 | Road | 3 | | 0 | | 0 | 3 |
| 14/10/2019 | Aviemore Half | 1:50:40 | 13 | Road | 13 | | 0 | | 0 | 13 |
| 21/10/2018 | Nutcracker Trail Race 2, 5.5 mil | 0:47:21 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 25/11/2018 | Blairadam Forest Race, 5 Mile | 0:43:47 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | Ewan Davidson | | | | | | | | | |
|--------------------|--|--------------|--------------|-----------------|---------------|---------------|-----------------|------------------|------------------|-----------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | 67 | 8 | 76 | 0 | 0 | 2 | 4 | 80 | |
| | | | Road: 6 | | Course: 0 | | 1st: 0 | | | |
| | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | | |
| | | | Trail: 1 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | Hill: 1 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | | | | | Age 2nd: 2 | | | |
| | | | | | | | Age 3rd: 0 | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 27/01/2018 | Carerra Popular De Tabayasco Hill Race, Lanzarote, 10.5K | 0:54:30 | 6.5 | Hill | 13 | | 0 | | 0 | 13 |
| 04/02/2018 | Candelania 10K Trail Race, Lanzarote | 1:03:34 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 28/05/2018 | Edinburgh marathon | 3:55:20 | 26.0 | Road | 26 | | 0 | | 0 | 26 |
| 04/08/2018 | St Andrews Parkrun 5K | 0:22:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/08/2018 | Eyemouth Twilight 5K | 0:23:41 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 29/09/2018 | St Andrews Parkrun 5K | 0:22:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/11/2018 | Mens 10K Edinburgh | 0:45:34 | 6.0 | Road | 6 | | 0 | Age 2nd | 2 | 8 |
| 25/11/2018 | Aphrodite Half Marathon, Cyprus | 1:44:17 | 13.0 | Road | 13 | | 0 | Age 2nd | 2 | 15 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

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|---|--------------------|--|-------------|--------------|------------------|-----------------|---------------|---------------|-----------------|------------------|------------------|
| | 2018 | Ewan Lumsden | | | | | | | | | |
| | Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 13 | 0 | 18 | 0 | 0 | 0 | 0 | 18 |
| | | | | Road: 2 | | | Course: 0 | | 1st: 0 | | |
| | | | | Track: 0 | | | Distance: 0 | | 2nd: 0 | | |
| | | | | Trail: 0 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | Marshalling Points | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | | |
| | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 1 | 07/01/2018 | MacTough Guy OCR 15K | 2:39:43 | 9.0 | Trail | 14 | | 0 | | 0 | 14 |
| 2 | 25/04/2018 | Ravensraig 1 mile | 0:07:17 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 3 | 10/06/2018 | Lochore Sprint Triathlon, 750 swim, 18k bike, 5k run | | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 4 | | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | FIONA CRUICKSHANKS | | | | | | | | | |
|--------------------|---|----------|----------|----------|-----------|------------|------------|--------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 269 | 50 | 322 | 22 | 160 | 8 | 28 | 510 |
| Marshalling Points | | | Road: 35 | Track: 0 | Trail: 12 | Hill: 3 | Course: 12 | Distance: 10 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 1 | 3rd: 2 | Age 1st: 1 | Age 2nd: 1 | Age 3rd: 3 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 01/01/2018 | Kirkcaldy Parkrun 5K | 0:24:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/01/2018 | Mars Bar Race 4 | 0:30:27 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:10:54 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:52:30 | 13.0 | Trail | 20 | Distance | 10 | | 0 | 30 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 21/02/2018 | Mars Bar Race 5 | 00:32:49 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/02/2018 | St Andrews Parkrun 5K | 0:23:21 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/03/2018 | Mars Bar Race 6 | 0:28:57 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 01/04/2018 | Tay Ten | 1:22:47 | 10.0 | Road | 10 | Distance | 10 | | 0 | 20 |
| 06/04/2018 | Beveridge Park 5K Series, race 1 | 0:21:35 | 3.0 | Road | 3 | Distance | 10 | Age 2nd | 2 | 15 |
| 08/04/2018 | Round The Houses 10K | 0:48:09 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:22:00 | 3.0 | Trail | 5 | Course | 5 | | 0 | 10 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:25:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:26:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:22:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|---|----------|------|-------|----|----------|----|---------|----|----|
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:33:02 | 5.0 | Trail | 8 | Course | 5 | | 0 | 13 |
| 13/05/2018 | Smokies 10 | 1:18:16 | 10.0 | Road | 10 | Distance | 10 | Age 3rd | 1 | 21 |
| 19/05/2018 | St Andrews Parkrun 5K | 00:24:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/05/2018 | Edinburgh Half Marathon | 1:42:46 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 |
| 03/06/2018 | Alloa Half Marathon | 1:45:20 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:44:15 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:24:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:32:03 | 11.0 | Hill | 22 | Course | 5 | | 0 | 27 |
| 22/06/2018 | Summer Solstice, Elie | 0:24:14 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 27/06/2018 | Sandy Slither, 6.1 miles | 0:49:01 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 06/07/2018 | Beveridge Park 5k Series, race 4 | 0:21:02 | 3.0 | Road | 3 | Course | 5 | Age 3rd | 1 | 9 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:29:20 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:34:02 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:05:51 | 1.0 | Road | 1 | Course | 5 | | 0 | 6 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:20:45 | 3.0 | Road | 3 | Course | 5 | | 0 | 8 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:48:52 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:25:42 | 4.0 | Trail | 6 | Course | 5 | Age 3rd | 1 | 12 |
| 21/07/2018 | Kirkcaldy Parkrun 5K | 0:21:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/08/2018 | Beveridge Park 5k Series, race 5 | 0:20:36 | 3.0 | Road | 3 | Distance | 10 | 3rd | 5 | 18 |
| 14/08/2018 | Ceres 8 | 0:56:34 | 8.0 | Road | 8 | | 0 | | 0 | 8 |
| 26/08/2018 | Aberdeen 1/2 Marathon | 1:44:05 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:26:55 | 4.0 | Trail | 6 | | 0 | 2nd | 10 | 16 |
| 08/09/2019 | Stirling 10K | 0:44:19 | 6.0 | Road | 6 | Distance | 10 | | 0 | 16 |
| 23/09/2018 | Loch Ness 10K | 0:43:02 | 6.0 | Road | 6 | Distance | 10 | | 0 | 16 |
| 07/10/2018 | Giffordtown 5k | 0:21:16 | 3.0 | Road | 3 | Course | 5 | | 0 | 8 |

| 2018 | GEORGE FINDLAY | | | | | | | | | | |
|--|---|----------|-----------|-----------|----------|---------------|--------|------------|------------|-----------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | | 187 | 30 | 255 | 0 | 0 | 11 | 25 | 283 | |
| Primary 1K (3) Marshalling Points 3 | | | Road: 11 | | | Course: 0 | | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 0 | | | 2nd: 0 | | |
| | | | Trail: 19 | | | Age Course: 0 | | | 3rd: 0 | | |
| | | | Hill: 0 | | | Age Dist: 0 | | | Age 1st: 3 | | |
| | | | | | | | | | Age 2nd: 8 | | |
| | | | | | | | | Age 3rd: 0 | | | |
| | | h:mm:ss | Miles | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 07/01/2018 | Skull Mountain Winter Trail Series, Race 1 | 0:29:29 | 4.0 | Trail | 6 | | 0 | Age 2nd | 2 | 8 | |
| 17/01/2018 | Mars Bar Race 4 | 0:28:51 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 28/01/2018 | Skull Mountain Winter Trail Series, Race 2 | 0:36:15 | 4.0 | Trail | 6 | | 0 | Age 2nd | 2 | 8 | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:45:29 | 13.0 | Trail | 20 | | 0 | Age 2nd | 2 | 22 | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | |
| 21/02/2018 | Mars Bar Race 5 | 00:28:26 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 25/02/2018 | Skull Mountain Winter Trail Series, Race 3 | 0:35:10 | 4.0 | Trail | 6 | | 0 | Age 1st | 3 | 9 | |
| 21/03/2018 | Mars Bar Race 6 | 0:28:48 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 25/03/2018 | National Road Relay Championships, Livingston. Leg 3 - 3.15 miles | 0:22:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:22:18 | 3.0 | Trail | 5 | | 0 | | 0 | 5 | |
| 15/04/2018 | Lost Trails Race, Falkland | 0:47:09 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 | |

| | | | | | | | | | | |
|------------|--|----------|------|-------|----|--|---|---------|---|----|
| 22/04/2018 | Balmoral 15 Mile Rail Race | 2:17:12 | 15.0 | Trail | 23 | | 0 | | 0 | 23 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:33:21 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Road to the Isles Half Marathon | 1:38:54 | 13.0 | Road | 13 | | 0 | Age 1st | 3 | 16 |
| 02/06/2018 | Race the Train Trail Race, 7K | 0:33:03 | 4.0 | Trail | 6 | | 0 | Age 1st | 3 | 9 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:46:14 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 16/06/2018 | St Andrews Parkrun 5K | 0:21:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/06/2018 | Benarty Gala, lochore Meadows 5.5 miles | 0:35:57 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:51:04 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:28:28 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 21/07/2018 | Splash and Dash Beach race, 4 miles | 0:37:06 | 4.0 | Trail | 6 | | 0 | Age 2nd | 2 | 8 |
| 05/08/2018 | Trail Busters Race 2, 4.5 miles | 0:35:40 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 |
| 12/08/2018 | New Gilston 5K | 0:23:31 | 3.0 | Road | 3 | | 0 | Age 2nd | 2 | 5 |
| 30/09/2018 | Glencoe Marathon | 5:50:39 | 26.0 | Trail | 39 | | 0 | | 0 | 39 |
| 21/10/2018 | Nutcracker Trail Race 2, 5.5 miles | 00:43:37 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 |
| 24/10/2018 | Mars Bar Race 1 | 0:29:37 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 17/11/2018 | Glentress Half Marathon | 2:22:08 | 13 | Trail | 20 | | 0 | | 0 | 20 |
| 28/11/2018 | Mars Bar Race 2 | 0:30:40 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 02/12/2018 | Bob Stark Memorial 5K | 0:23:59 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 19/12/2018 | Mars Bar Race 3 | 0:29:39 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | GEORGE HAY | | | | | | | | | | | | |
|------------------------------------|--|---------|------------|------------------------------|----------|------------|------------|-------------|---------------|-------------|---------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | |
| | | | 165 | 14 | 233 | 0 | 0 | 0 | 0 | 239 | | | |
| EN 10K (6) Marshalling Points 6 | | | Road: 6 | Track: 0 | Trail: 5 | Hill: 3 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | | | |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | | | | |
| | | | h:mm:ss | Miles | | | | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| | | | 27/01/2018 | Devils Burden Leg 2: 11.5 km | 2:32:58 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 31/03/2018 | St Andrews Parkrun 5K | 0:28:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 12/05/2018 | Road to the Isles Half Marathon | 2:44:01 | 13.0 | Road | 13 | | 0 | | 0 | 13 | | | |
| 16/06/2018 | Trail Decouverte, France, 18K | 3:59:18 | 11.0 | Hill | 22 | | 0 | | 0 | 22 | | | |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:43:51 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | | | |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:52:58 | 4.0 | Hill | 8 | | 0 | | 0 | 8 | | | |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:09:14 | 1.0 | Road | 1 | | 0 | | 0 | 1 | | | |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:30:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 1:11:36 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | |

| 2018 | HANNAH ALLUM | | | | | | | | | |
|------------|--|---------|--------------------|-----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 106 | 21 | 122 | 1 | 5 | 0 | 0 | 133 |
| EN 10K (6) | | | Road: 16 | Track: 0 | Trail: 5 | Hill: 0 | Course: 1 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | Marshalling Points | 6 | | | | | | |
| | | | | | | | | | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 07/01/2018 | Skull Mountain Winter Trail Series, Race 1 | 0:36:59 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 17/01/2018 | Mars Bar Race 4 | 0:35:42 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 17/02/2018 | St Andrews Parkrun 5K | 0:26:54 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/02/2018 | Mars Bar Race 5 | 0:35:10 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 21/03/2018 | Mars Bar Race 6 | 0:35:16 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:27:38 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:35:22 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/04/2018 | Balmoral 15 Mile Rail Race | 2:48:50 | 15.0 | Trail | 23 | | 0 | | 0 | 23 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:26:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/05/2018 | Loch Leven Half Marathon | 2:22:47 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 19/05/2018 | St Andrews Parkrun 5K | 0:33:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | St Andrews Parkrun 5K | 0:27:40 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/06/2018 | Benarty Gala, lochore Meadows 5.5 miles | 0:51:57 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 12/08/2018 | New Gilston 5K | 0:36:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | INNES KNIGHT | | | | | | | | | | | | | | | |
|--------------------|--------------------------------|----------|----------|-----------|----------|-----------|-------------|---------------|-------------|-----------|--------|--------|------------|------------|------------|--|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | | |
| | | 50 | 15 | 55 | 0 | 0 | 0 | 0 | 55 | | | | | | | |
| Marshalling Points | | Road: 13 | Track: 0 | Trail: 2 | Hill: 0 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | |
| | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | | | | |
| 27/01/2018 | St Andrews Parkrun 5K | 0:21:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 03/02/2018 | St Andrews Parkrun 5K | 0:21:25 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 21/02/2018 | Mars Bar Race 5 | 0:29:59 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | | |
| 17/03/2018 | St Andrews Parkrun 5K | 0:21:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 21/03/2018 | Mars Bar Race 6 | 0:28:36 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | | |
| 24/03/2018 | St Andrews Parkrun 5K | 0:21:02 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 31/03/2018 | St Andrews Parkrun 5K | 0:21:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 21/04/2018 | Balmoral 10K | 0:47:50 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | | | | |
| 28/04/2018 | Vogrie Parkrun 5K | 0:21:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 05/05/2018 | St Andrews Parkrun 5K | 0:20:47 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 12/05/2018 | St Andrews Parkrun 5K | 0:20:49 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 26/05/2018 | St Andrews Parkrun 5K | 0:20:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 03/06/2018 | Chariot of Fire Beach Race, 5K | 0:13:36 | 3.0 | Trail | 5 | | 0 | | 0 | 5 | | | | | | |
| 25/12/2018 | St Andrews Parkrun 5K | 0:23:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| 29/12/2018 | St Andrews Parkrun 5K | 0:22:21 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | |
| | | | | | 0 | | 0 | | 0 | 0 | | | | | | |

| 2018 | JACKIE GALLOWAY | | | | | | | | | | | | | | |
|--------------------|---|------------|------------------------------|----------|---------|-----------|-------------|---------------|-------------|---------|-----------|-----------|------------|------------|------------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | |
| | | 107 | 17 | 141 | 0 | 0 | 5 | 10 | 151 | | | | | | |
| Marshalling Points | | Road: 8 | Track: 0 | Trail: 7 | Hill: 2 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 1 | Age 2nd: 3 | Age 3rd: 1 |
| | | h:mm:ss | Miles | | | | | | | | | | | | |
| | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | |
| | | 27/01/2018 | Devils Burden Leg 2: 11.5 km | 2:29:44 | 7.0 | Hill | 14 | | 0 | | 0 | 14 | | | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 2:25:02 | 13.0 | Trail | 20 | | 0 | | 0 | 20 | | | | | |
| 21/02/2018 | Mars Bar Race 5 | 0:37:16 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |
| 04/03/2018 | Cyprus Marathon | 4:54:38 | 26.0 | Road | 26 | | 0 | Age 2nd | 2 | 28 | | | | | |
| 06/04/2018 | Beveridge Park 5K Series, race 1 | 0:27:58 | 3.0 | Road | 3 | | 0 | Age 1st | 3 | 6 | | | | | |
| 23/05/2018 | Ravensraig 1 mile | 0:08:32 | 1.0 | Road | 1 | | 0 | Age 3rd | 1 | 2 | | | | | |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 1:04:07 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | | | |
| 17/06/2018 | Glenrothes 10K | 0:58:44 | 6.0 | Road | 6 | | 0 | | 0 | 6 | | | | | |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:06:55 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | | | |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:39:20 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | | | | | |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:49:51 | 4.0 | Hill | 8 | | 0 | | 0 | 8 | | | | | |

| 2018 | JACQUI MCDONALD | | | | | | | | | |
|--------------------|------------------------|---------|----------|----------|-----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 233 | 52 | 266 | 0 | 0 | 2 | 6 | 272 |
| Marshalling Points | | | Road: 42 | Track: 0 | Trail: 10 | Hill: 0 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 2 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 01/01/2018 | Camperdown Parkrun 5K | 0:26:31 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 01/01/2018 | Perth Parkrun 5k | 0:26:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/01/2018 | St Andrews Parkrun 5k | 0:25:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/01/2018 | St Andrews Parkrun 5k | 0:26:00 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/01/2018 | Mars Bar Race 4 | 0:34:20 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/01/2018 | St Andrews Parkrun 5K | 0:26:41 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/02/2018 | St Andrews Parkrun 5K | 0:45:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 17/02/2018 | St Andrews Parkrun 5K | 0:28:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 18/02/2018 | Devilla 15K Trail Race | 1:36:51 | 9.0 | Trail | 14 | | 0 | | 0 | 14 |
| 21/02/2018 | Mars Bar Race 5 | 0:37:27 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/02/2018 | St Andrews Parkrun 5K | 0:27:15 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/03/2018 | St Andrews Park Run 5K | 0:27:22 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/03/2018 | St Andrews Parkrun 5K | 0:29:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/04/2018 | Edinburgh Parkrun 5K | 0:28:05 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|--------------------------------------|----------|------|-------|----|--|---|---------|---|----|
| 21/04/2018 | Montrose Parkrun 5K | 0:29:08 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:29:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/05/2018 | St Andrews Parkrun 5K | 00:32:13 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 26/05/2018 | St Andrews Parkrun 5K | 0:31:22 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:43:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:42:21 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | St Andrews Parkrun 5K | 0:38:11 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/06/2018 | Summer Solstice, Elie | 0:35:35 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 23/06/2018 | St Andrews Parkrun 5K | 0:29:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:10:05 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 07/07/2018 | St Andrews Parkrun 5K | 0:29:34 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/07/2018 | Kirkclady Parkrun 5K | 0:29:13 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/07/2018 | Run the Blades Half Marathor | 2:22:00 | 13.0 | Trail | 20 | | 0 | | 0 | 20 |
| 11/08/2018 | St Andrews Parkrun 5K | 0:36:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/08/2018 | Chilly Willy Trail Race 5, 4.5 miles | 0:44:23 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| 25/08/2018 | St Andrews Parkrun 5K | 0:54:00 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 01/09/2018 | St Andrews Parkrun 5K | 0:28:47 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:38:23 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 09/09/2018 | Auchterarder Half Mar | 2:18:20 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 15/09/2018 | St Andrews Parkrun 5K | 0:27:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 23/09/2018 | Loch Ness Marathon | 05:13:05 | 26 | Road | 26 | | 0 | | 0 | 26 |
| 06/10/2018 | Kirkclady Parkrun 5K | 00:29:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/10/2018 | St Andrews Parkrun 5K | 0:28:12 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/10/2018 | Mars Bar Race 1 | 0:38:37 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/10/2018 | St Andrews Parkrun 5K | 0:44:10 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/11/2018 | St Andrews Parkrun 5K | 0:39:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/11/2018 | Glentress Half Marathon | 2:53:27 | 13 | Trail | 20 | | 0 | | 0 | 20 |
| 24/11/2018 | St Andrews Parkrun 5K | 0:40:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/11/2018 | Blairadam Forest Race, 5 Mile | 0:51:05 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |

| 2018 | JAS BAILLIE | | | | | | | | | |
|------------------------------------|---|---------|----------|-----------|----------|---------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 112 | 32 | 114 | 1 | 10 | 0 | 0 | 130 |
| EN 10K (6) Marshalling Points 6 | | | Road: 31 | | | Course: 0 | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 1 | | 2nd: 0 | | |
| | | | Trail: 1 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 01/01/2018 | Kirkcaldy Parkrun 5K | 0:21:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/01/2018 | Kirkcaldy Parkrun 5K | 0:21:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/01/2018 | Kirkcaldy Parkrun 5K | 0:21:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/01/2018 | Mars Bar Race 4 | 0:28:59 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/01/2018 | Kirkcaldy Parkrun 5K | 0:21:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/02/2018 | Kirkcaldy Parkrun 5K | 0:21:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/02/2018 | Kirkcaldy Parkrun 5K | 0:21:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/02/2018 | Mars Bar Race 5 | 0:28:31 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/02/2018 | St Andrews Parkrun 5K | 0:21:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/03/2018 | Mars Bar Race 6 | 0:32:04 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 01/04/2018 | Tom Scott Memorial Race | 1:11:56 | 10.0 | Road | 10 | Distance | 10 | | 0 | 20 |
| 08/04/2018 | Round The Houses 10K | 0:44:42 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:22:42 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 14/04/2018 | Kirkcaldy Parkrun 5K | 0:21:31 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | Kirkcaldy Parkrun 5K | 0:21:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:36:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/07/2018 | Kirkcaldy Parkrun 5K | 0:22:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/08/2018 | Kirkcaldy Parkrun 5K | 0:21:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/08/2018 | Kirkcaldy Parkrun 5K | 0:21:51 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | JAZ HAY | | | | | | | | | | | | | | |
|------------------------------------|------------------------------------|----------|----------|-----------|----------|------------|-------------|---------------|-------------|-----------|--------|--------|------------|------------|------------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | |
| | | 372 | 52 | 494 | 14 | 85 | 7 | 35 | 620 | | | | | | |
| EN 10K (6) Marshalling Points 6 | | Road: 28 | Track: 0 | Trail: 20 | Hill: 4 | Course: 11 | Distance: 3 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 2 | 3rd: 2 | Age 1st: 0 | Age 2nd: 2 | Age 3rd: 1 |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | | | |
| 17/01/2018 | Mars Bar Race 4 | 0:29:19 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:10:54 | 7.0 | Hill | 14 | | 0 | | 0 | 14 | | | | | |
| 03/02/2018 | St Andrews Park Run 5K | 0:25:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:46:10 | 13.0 | Trail | 20 | Course | 5 | | 0 | 25 | | | | | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | | | | | |
| 17/02/2018 | St Andrews Parkrun | 0:24:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 18/02/2018 | Devilla 15K Trail Race | 1:13:46 | 9.0 | Trail | 14 | Course | 5 | | 0 | 19 | | | | | |
| 21/02/2018 | Mars Bar Race 5 | 0:28:22 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |
| 03/03/2018 | Rocks Riverside Parkrun 5K | 0:22:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 17/03/2018 | St Andrews Parkrun 5K | 0:24:00 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 21/03/2018 | Mars Bar Race 6 | 0:28:45 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | |
| 31/03/2018 | St Andrews Parkrun 5K | 0:23:14 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 01/04/2018 | Tay Ten | 1:20:29 | 10.0 | Road | 10 | Distance | 10 | | 0 | 20 | | | | | |
| 06/04/2018 | St Andrews Parkrun 5K | 00:24:31 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |

| | | | | | | | | | | |
|------------|---|----------|------|-------|----|--------|---|---------|----|----|
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:22:37 | 3.0 | Trail | 5 | Course | 5 | | 0 | 10 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:25:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/04/2018 | London Marathon | 4:09:30 | 26.0 | Road | 26 | | 0 | | 0 | 26 |
| 05/05/2018 | Glen Lyon Ultra, 31 miles | 5:51:40 | 31.0 | Trail | 47 | | 0 | | 0 | 47 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:40:21 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 19/05/2018 | St Andrews Parkrun 5K | 00:24:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:23:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:46:18 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 08/06/2018 | Templeton Trail Race | 0:44:21 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:24:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:32:05 | 11.0 | Hill | 22 | | 0 | | 0 | 22 |
| 22/06/2018 | Summer Solstace, Elie | 0:24:04 | 4.0 | Trail | 6 | | 0 | 2nd | 10 | 16 |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:51:42 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:30:34 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:35:50 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:06:15 | 1.0 | Road | 1 | Course | 5 | | 0 | 6 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:21:42 | 3.0 | Road | 3 | Course | 5 | | 0 | 8 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:48:51 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 21/07/2018 | Run the Blades 50K Ultra | 4:59:43 | 31.0 | Trail | 47 | | 0 | Age 2nd | 2 | 49 |
| 12/08/2018 | Aviemore Triathlon, 5k run | 0:21:21 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|-------------------------------------|---------|-----|-------|----|----------|----|---------|----|----|
| 01/09/2018 | Morrone Hill Race, Braemar. 5.3K | 0:41:49 | 3.0 | Hill | 6 | Course | 5 | | 0 | 11 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:27:41 | 4.0 | Trail | 6 | | 0 | 3rd | 5 | 11 |
| 23/09/2018 | Loch Ness Marathon | 3:49:01 | 26 | Road | 26 | Distance | 10 | | 0 | 36 |
| 13/10/2018 | St Andrews Parkrun 5K | 0:24:34 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 13/10/2018 | East District Cross Counrty, 4K | 0:18:30 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 19/10/2018 | Nightmare 1: Ladybank, 4.4 miles | 0:34:35 | 4 | Trail | 6 | | 0 | Age 3rd | 1 | 7 |
| 24/10/2018 | Mars Bar Race 1 | 0:29:11 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 27/10/2018 | Jedburgh Canicross | 0:38:27 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 03/11/2018 | Glen Ogle 33 | 5:07:57 | 33 | Trail | 50 | Course | 5 | | 0 | 55 |
| 10/11/2018 | Glen Clova Half Marathon | 1:41:45 | 13 | Road | 13 | Distance | 10 | | 0 | 23 |
| 17/11/2018 | Glentress Half Marathon | 2:00:30 | 13 | Trail | 20 | Course | 5 | | 0 | 25 |
| 18/11/2018 | Hartley Cup | | 2 | Road | 2 | | 0 | 3rd | 5 | 7 |
| 23/11/2018 | Nightmare Series 2, 2.75 miles | 0:21:14 | 3.0 | Trail | 5 | | 0 | Age 2nd | 2 | 7 |
| 24/11/2018 | St Andrews Parkrun 5K | 0:24:13 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/11/2018 | Blairadam Forest Race, 5 Mile | 0:38:11 | 5.0 | Trail | 8 | | 0 | 2nd | 10 | 18 |
| 28/11/2018 | Mars Bar Race 2 | 0:28:43 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 01/12/2018 | St Andrews Parkrun 5K | 0:22:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/12/2018 | Mars Bar Race 3 | 0:29:08 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | JENNIFER GALLAGHER | | | | | | | | | | | | | | |
|--------------------|--|------------|--|----------|---------|-----------|-------------|---------------|-------------|---------|-----------|-----------|------------|------------|------------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | |
| | | 15 | 4 | 21 | 0 | 0 | 0 | 0 | 21 | | | | | | |
| Marshalling Points | | Road: 1 | Track: 0 | Trail: 3 | Hill: 0 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 |
| | | h:mm:ss | Miles | | | | | | | | | | | | |
| | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | |
| | | 07/01/2018 | Skull Mountain Winter Trail Series, Race 1 | 0:49:12 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | | | |
| 10/02/2018 | St Andrews Parkrun 5K | 0:33:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | |
| 25/02/2018 | Skull Mountain Winter Trail Series, Race 3 | 0:55:34 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | | | | | |
| 21/07/2018 | Splash and Dash Beach race, 4 miles | 0:58:24 | 4.0 | Trail | 6 | | 0 | | 0 | 6 | | | | | |

| 2018 | | JILL THOMSON | | | | | | | | | | | | |
|--------------------|------------|------------------------|--|---------|------------|-----------------------------|------------|------------|-------------|---------------|-------------|---------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | |
| | | | | 9 | 2 | 12 | 0 | 0 | 0 | 0 | 12 | | | |
| Marshalling Points | | | | Road: 1 | Track: 0 | Trail: 0 | Hill: 1 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | | | |
| | | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | | | | |
| | | | | h:mm:ss | Miles | | | | | | | | | |
| | | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| | | | | 1 | 27/01/2018 | Devils Burden Leg 4: 5.5 km | 1:07:03 | 3.0 | Hill | 6 | | 0 | | 0 |
| 2 | 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | | | |
| 3 | | | | | | 0 | | 0 | | 0 | 0 | | | |
| 4 | | | | | | 0 | | 0 | | 0 | 0 | | | |

| 2018 | Jonny Knox | | | | | | | | | |
|---|---|-------------------|------------|------------|---------------|-------------|-------------|----------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 82 | 12 | 140 | 1 | 5 | 5 | 13 | 172 |
| Largo Law (14) Marshalling Points 14 | | | Road: 3 | Trail: 1 | Age Course: 0 | Course: 1 | Age Dist: 0 | 1st: 0 | | |
| | | | Track: 0 | Hill: 8 | | Distance: 0 | | 2nd: 0 | | |
| | | | Age 1st: 4 | Age 2nd: 0 | | | | | | |
| | | | Age 3rd: 1 | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 10/02/2018 | Carnethy 5 Hill Race, 6 miles | 1:05:28 | 6.0 | Hill | 12 | | 0 | | 0 | 12 |
| 28/04/2018 | Normans Law Hill Race | 0:36:23 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Glen Affric Duathlon, 7.5 mile and 2.5 mile run | 1:08:26 & 0:19:14 | 10.0 | Road | 10 | | 0 | Age 3rd | 1 | 11 |
| 26/05/2018 | Isle of Jura Hill Race, 28k | 4:48:11 | 17.0 | Hill | 34 | | 0 | | 0 | 34 |
| 16/06/2018 | Trail Decouverte, France, 18K | 1:54:08 | 11.0 | Hill | 22 | | 0 | Age 1st | 3 | 25 |
| 17/06/2018 | Verticale du Criou, France, 2.88K | | 2.0 | Hill | 4 | | 0 | | 0 | 4 |
| 27/06/2018 | The Law breaker, Tillicoultry, 5.4K | 0:47:13 | 3.0 | Hill | 6 | | 0 | Age 1st | 3 | 9 |
| 01/07/2018 | Heart of the Park, Braemar 12K | 0:59:53 | 8.0 | Trail | 12 | | 0 | Age 1st | 3 | 15 |
| 04/08/2018 | Elie Triathlon 6K run | 0:25:06 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 06/10/2018 | Meall nan Tarmachan Hill Race, 9.5 km | 1:23:59 | 6.0 | Hill | 12 | | 0 | Age 1st | 3 | 15 |
| 07/10/2018 | Craggy Island Triathlon, 8K run | 0:29:32 | 5.0 | Hill | 10 | | 0 | | 0 | 10 |
| 08/12/2018 | Haddies Xmas Pub Race, 6 miles | 1:06:23 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

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|---|--------------------|-----------------------|-------------|--------------|------------------|-----------------|---------------|---------------|-----------------|------------------|------------------|
| | 2018 | Karen Shephard | | | | | | | | | |
| | Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 8 | 2 | 8 | 0 | 0 | 0 | 0 | 8 |
| | | | | | Road: 2 | | Course: 0 | | 1st: 0 | | |
| | | | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | |
| | | | | | Trail: 0 | | Age Course: 0 | | 3rd: 0 | | |
| | | | | | Hill: 0 | | Age Dist: 0 | | Age 1st: 0 | | |
| | Marshalling Points | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | | |
| | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 1 | 24/10/2018 | Mars Bar Race 1 | 0:37:00 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 2 | 19/12/2018 | Mars Bar Race 3 | 0:36:20 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 3 | | | 0:00:00 | | | 0 | | 0 | | 0 | 0 |
| 4 | | | 0:00:00 | | | 0 | | 0 | | 0 | 0 |

| 2018 | Karli Hay | | | | | | | | | | | | |
|------------------------------------|---|---------|------------|-----------------------|----------|------------|------------|-------------|---------------|-------------|---------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | |
| | | | 198 | 21 | 259 | 3 | 20 | 0 | 0 | 285 | | | |
| EN 10K (6) Marshalling Points 6 | | | Road: 13 | Track: 0 | Trail: 7 | Hill: 1 | Course: 2 | Distance: 1 | Age Course: 0 | Age Dist: 0 | | | |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | | | | |
| | | | h:mm:ss | Miles | | | | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| | | | 17/03/2018 | St Andrews Parkrun 5K | 0:29:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 31/03/2018 | St Andrews Parkrun 5K | 0:27:53 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:27:45 | 3.0 | Trail | 5 | | 0 | | 0 | 5 | | | |
| 14/04/2018 | St Andrews Parkrun 5K | 0:25:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 21/04/2018 | St Andrews Parkrun 5K | 0:25:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 05/05/2018 | St Andrews Parkrun 5K | 0:25:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 19/05/2018 | St Andrews Parkrun 5K | 0:28:10 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | |
| 03/06/2018 | Alloa Half Marathon | 1:59:10 | 13.0 | Road | 13 | | 0 | | 0 | 13 | | | |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:52:09 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:47:01 | 11.0 | Hill | 22 | | 0 | | 0 | 22 | | | |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:01:58 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | | | |
| 12/08/2018 | Aviemore Triathlon, 9k run | 0:57:12 | 6.0 | Road | 6 | | 0 | | 0 | 6 | | | |
| 09/09/2018 | Tiree Ultra, 35 miles | 7:23:14 | 35.0 | Trail | 53 | | 0 | | 0 | 53 | | | |
| 23/09/2018 | Loch Ness Marathon | 4:17:27 | 26 | Road | 26 | | 0 | | 0 | 26 | | | |

| | | | | | | | | | | |
|------------|----------------------------------|---------|-----|-------|----|----------|----|--|---|----|
| 19/10/2018 | Nightmare 1: Ladybank, 4.4 miles | 0:41:40 | 4 | Trail | 6 | | 0 | | 0 | 6 |
| 03/11/2018 | Glen Ogle 33 | 6:38:32 | 33 | Trail | 50 | | 0 | | 0 | 50 |
| 10/11/2018 | Glen Clova Half Marathon | 1:57:46 | 13 | Road | 13 | Distance | 10 | | 0 | 23 |
| 17/11/2018 | Glentress Half Marathon | 2:27:43 | 13 | Trail | 20 | | 0 | | 0 | 20 |
| 24/11/2018 | St Andrews Parkrun 5K | 0:25:07 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/11/2018 | Mars Bar Race 2 | 0:33:45 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 19/12/2018 | Mars Bar Race 3 | 0:32:34 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |

| 2018 | | KIRK KILBANE | | | | | | | | | |
|--------------------|------------|-----------------|---------|-----------|----------|----------|---------------|---------|------------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 4 | 1 | 4 | 0 | 0 | 0 | 0 | 4 |
| Marshalling Points | | | | Road: 1 | | | Course: 0 | | 1st: 0 | | |
| | | | | Track: 0 | | | Distance: 0 | | 2nd: 0 | | |
| | | | | Trail: 0 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 1 | 17/01/2018 | Mars Bar Race 4 | 0:30:10 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 2 | | | 0:00:00 | | | 0 | | 0 | | 0 | 0 |
| 3 | | | 0:00:00 | | | 0 | | 0 | | 0 | 0 |
| 4 | | | 0:00:00 | | | 0 | | 0 | | 0 | 0 |

| 2018 | | Lucy McKie | | | | | | | | | |
|--------------------|----------------------------|------------|------|--------------|--------------|-----------------|---------------|---------------|-----------------|------------------|------------------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 12 | 3 | 12 | 0 | 0 | 0 | 0 | 18 |
| | | | | | Road: 3 | | Course: 0 | | 1st: 0 | | |
| | | | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | |
| | | | | | Trail: 0 | | Age Course: 0 | | 3rd: 0 | | |
| EN 10K (6) | | | | | Hill: 0 | | Age Dist: 0 | | Age 1st: 0 | | |
| Marshalling Points | | | | 6 | | | | | Age 2nd: 0 | | |
| | | | | | | | | | Age 3rd: 0 | | |
| | | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 1 | 21/03/2018 Mars Bar Race 6 | 0:37:42 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 2 | 28/11/2018 Mars Bar Race 2 | 0:39:10 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 3 | 19/12/2018 Mars Bar Race 3 | 0:39:44 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 4 | | 0:00:00 | | | 0 | | 0 | | 0 | 0 | |

| 2018 | Lucy Nuttall | | | | | | | | | | | | | | | | | |
|------------------------------------|--------------|-----------------------|---------|-----------|----------|---------|-----------|-------------|---------------|-------------|--------|--------|--------|------------|------------|------------|--|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | | | | | | | |
| | | | 18 | 5 | 18 | 2 | 10 | 0 | 0 | 34 | | | | | | | | |
| EN 10K (6) Marshalling Points 6 | | | Road: 5 | Track: 0 | Trail: 0 | Hill: 0 | Course: 2 | Distance: 0 | Age Course: 0 | Age Dist: 0 | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | |
| | | | h:mm:ss | Miles | | | | | | | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | | | | | | | | |
| 1 | 06/10/2018 | St Andrews Parkrun 5K | 0:26:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | | |
| 2 | 13/10/2018 | St Andrews Parkrun 5K | 0:26:09 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | | | | | | |
| 3 | 24/10/2018 | Mars Bar Race 1 | 0:38:12 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | | | | | | |
| 4 | 28/11/2018 | Mars Bar Race 2 | 0:39:10 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 | | | | | | | |

| 2018 | LUCY WILSON | | | | | | | | | |
|--------------------|----------------------------------|--------------|--------------|-----------------|---------------|---------------|-----------------|------------------|------------------|-----------|
| Summary | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | 50 | 7 | 62 | 1 | 5 | 0 | 0 | 67 | |
| | | | Road: 4 | | Course: 1 | | 1st: 0 | | | |
| | | | Track: 0 | | Distance: 0 | | 2nd: 0 | | | |
| | | | Trail: 3 | | Age Course: 0 | | 3rd: 0 | | | |
| | | | Hill: 0 | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | | | | | Age 2nd: 0 | | | |
| | | | | | | | Age 3rd: 0 | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:35:36 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 15/04/2018 | Lost Trails Race, Falkland | 1:55:53 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:10:03 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 15/09/2018 | Cairngorms Adventure Tri. 5K run | 0:32:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/10/2018 | Jedburgh Half Marathon | 2:13:31 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 17/11/2018 | Glentress Half Marathon | 2:53:20 | 13 | Trail | 20 | | 0 | | 0 | 20 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | LYNNE HERD | | | | | | | | | |
|--------------------|---|---------|-----------|-----------|----------|---------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 177 | 23 | 232 | 6 | 45 | 3 | 5 | 285 |
| | | | Road: 11 | | | Course: 3 | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 3 | | 2nd: 0 | | |
| | | | Trail: 12 | | | Age Course: 0 | | 3rd: 0 | | |
| Primary 1K (3) | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 1 | | |
| Marshalling Points | | | 3 | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 2 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 07/01/2018 | Skull Mountain Winter Trail Series, Race 1 | 0:32:33 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 28/01/2018 | Skull Mountain Winter Trail Series, Race 2 | 0:38:08 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 2:00:59 | 13.0 | Trail | 20 | | 0 | | 0 | 20 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | | | 0 | 6 |
| 18/02/2018 | Devilla 15K Trail Race | 1:26:12 | 9.0 | Trail | 14 | Course | 5 | | 0 | 19 |
| 21/02/2018 | Mars Bar Race 5 | 0:31:38 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 25/03/2018 | London Landmarks Half Marathon | 2:41:27 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 15/04/2018 | Lost Trails Race, Falkland | 0:55:03 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 22/04/2018 | Balmoral 15 Mile Rail Race | 2:17:12 | 15.0 | Trail | 23 | Distance | 10 | | 0 | 33 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:37:18 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Loch Leven Half Marathon | 1:51:17 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 |

| 2018 | MIKE REILLY | | | | | | | | | |
|--------------------|------------------------------------|----------|----------|-----------|----------|---------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 179 | 28 | 209 | 5 | 30 | 1 | 10 | 249 |
| Marshalling Points | | | Road: 20 | | | Course: 4 | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 1 | | 2nd: 1 | | |
| | | | Trail: 7 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | Hill: 1 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 27/01/2018 | Devils Burden Leg 2: 11.5 km | 1:31:46 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:35:32 | 13.0 | Trail | 20 | Course | 5 | | 0 | 25 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 18/02/2018 | Devilla 15K Trail Race | 1:06:49 | 9.0 | Trail | 14 | Course | 5 | | 0 | 19 |
| 21/02/2018 | Mars Bar Race 5 | 0:26:23 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 06/04/2018 | St Andrews Parkrun 5K | 00:21:18 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/04/2018 | St Andrews Parkrun 5K | 0:21:03 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/04/2018 | Kinross 10K | 0:41:49 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 25/05/2018 | Black Rock 5 | 0:29:41 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:22:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 03/06/2018 | Alloa Half Marathon | 1:36:56 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:20:41 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/06/2018 | Summer Solstice, Elie | 0:21:35 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 27/06/2018 | Sandy Slither, 6.1 miles | 0:45:28 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 14/07/2018 | St Andrews Parkrun 5K | 0:20:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | | Natalie McKay | | | | | | | | | |
|-----------------------------|--|---------------|-------|--------------|---------------|-----------------|-------------|---------------|-----------------|------------------|------------------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 190 | 52 | 213 | 3 | 25 | 0 | 0 | 247 |
| Primary 1K (3) + EN 10K (6) | | | | Road: 43 | Age Course: 0 | Course: 1 | 1st: 0 | | | | |
| | | | | Track: 0 | | Distance: 2 | 2nd: 0 | | | | |
| | | | | Trail: 8 | | Age Course: 0 | 3rd: 0 | | | | |
| | | | | Hill: 1 | | Age Dist: 0 | Age 1st: 0 | | | | |
| Marshalling Points | | 9 | | | Age 2nd: 0 | | | | | | |
| | | Age 3rd: 0 | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/01/2018 | Mars Bar Race 4 | 0:33:41 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 27/01/2018 | St Andrews Parkrun 5K | 0:30:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 03/02/2018 | St Andrews Parkrun 5K | 0:25:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 10/02/2018 | St Andrews Parkrun 5K | 0:24:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 | |
| 17/02/2018 | St Andrews Parkrun 5K | 0:26:53 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 21/02/2018 | Mars Bar Race 5 | 0:30:10 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 | |
| 24/02/2018 | St Andrews Parkrun 5K | 0:26:09 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 10/03/2018 | St Andrews Park Run 5K | 0:23:34 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 21/03/2018 | Mars Bar Race 6 | 0:31:24 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 24/03/2018 | Kirkcaldy Parkrun 5K | 0:24:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 31/03/2018 | Kirkcaldy Parkrun 5K | 0:24:00 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 06/04/2018 | St Andrews Parkrun 5K | 00:23:58 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:23:59 | 3.0 | Trail | 5 | | 0 | | 0 | 5 | |
| 14/04/2018 | St Andrews Parkrun 5K | 0:25:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |

| | | | | | | | | | | |
|------------|---|----------|------|-------|----|----------|----|--|---|----|
| 21/04/2018 | St Andrews Parkrun 5K | 0:23:26 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/05/2018 | Loch Leven Half Marathon | 1:50:50 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 |
| 19/05/2018 | St Andrews Parkrun 5K | 00:24:50 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 27/05/2018 | Edinburgh 10k | 01:05:18 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 02/06/2018 | St Andrews Parkrun 5K | 0:26:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:48:57 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 09/06/2018 | St Andrews Parkrun 5K | 0:27:47 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | St Andrews Parkrun 5K | 0:27:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/06/2018 | Glenrothes 10K | 0:48:32 | 6.0 | Road | 6 | Distance | 10 | | 0 | 16 |
| 22/06/2018 | Summer Solstice, Elie | 0:30:54 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 24/06/2018 | Benarty Gala, lochore Meadows 5.5 miles | 0:38:18 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 07/07/2018 | St Andrews Parkrun 5K | 0:28:02 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:34:20 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:41:41 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:06:46 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:24:17 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:54:17 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:30:43 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 21/07/2018 | Kirkcaldy Parkrun 5K | 0:32:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/07/2018 | Kirkcaldy Parkrun 5K | 0:24:06 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/08/2018 | Kirkcaldy Parkrun 5K | 0:24:35 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/08/2018 | St Andrews Parkrun 5K | 0:24:24 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | Neil Smith | | | | | | | | | |
|--------------------|---------------------------|---------|----------|-----------|----------|---------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 65 | 14 | 65 | 0 | 0 | 0 | 0 | 65 |
| Marshalling Points | | | Road: 14 | | | Course: 0 | | 1st: 0 | | |
| | | | Track: 0 | | | Distance: 0 | | 2nd: 0 | | |
| | | | Trail: 0 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 0 | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 10/02/2018 | St Andrews Parkrun 5K | 0:16:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/02/2018 | East Grinstead Parkrun 5K | 0:20:14 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/02/2018 | St Andrews Parkrun 5K | 0:16:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/03/2018 | East Grinstead Parkrun 5K | 0:20:04 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/04/2018 | East Grinstead Parkrun 5K | 0:19:38 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | Hove Promenade Parkrun 5K | 0:16:08 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | Crichton Parkrun 5K | 0:16:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/05/2018 | East Grinstead Parkrun 5K | 0:17:49 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | East Grinstead Parkrun 5K | 0:17:38 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 07/07/2018 | Mole Valley Parkrun 5K | 0:17:30 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/07/2018 | Cosby Parkrun 5K | 0:17:25 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/08/2018 | Cosby Parkrun 5K | 0:22:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 04/11/2018 | New York Marathon | 2:49:43 | 26.0 | Road | 26 | | 0 | | 0 | 26 |
| 25/12/2018 | St Andrews Parkrun 5K | 0:17:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | | PAMELA CRUICKSHANKS | | | | | | | | | |
|---------------------------------|---|---------------------|-------|-----------|----------|----------|---------------|---------|------------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 179 | 34 | 236 | 4 | 30 | 14 | 26 | 309 |
| Primary 1K (3) + Largo Law (14) | | | | Road: 18 | | | Course: 2 | | 1st: 0 | | |
| | | | | Track: 0 | | | Distance: 2 | | 2nd: 0 | | |
| | | | | Trail: 12 | | | Age Course: 0 | | 3rd: 1 | | |
| | | | | Hill: 4 | | | Age Dist: 0 | | Age 1st: 1 | | |
| | | | | | | | | | Age 2nd: 6 | | |
| Marshalling Points | | | | 17 | | | | | Age 3rd: 6 | | |
| | | h:mm:ss | Miles | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/01/2018 | Mars Bar Race 4 | 0:36:01 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 27/01/2018 | Devils Burden Leg 3: 11.5 km | 1:18:11 | 7.0 | Hill | 14 | | 0 | | 0 | 14 | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:57:43 | 13.0 | Trail | 20 | | 0 | Age 2nd | 2 | 22 | |
| 21/02/2018 | Mars Bar Race 5 | 0:37:05 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 24/02/2018 | Scottish National Cross Country Championships, Falkirk, 10K | 0:54:48 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | |
| 17/03/2018 | Falkirk Park Run 5K | 0:24:02 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 21/03/2018 | Mars Bar Race 6 | 0:30:50 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:23:29 | 3.0 | Trail | 5 | | 0 | Age 3rd | 1 | 6 | |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:35:34 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 | |
| 13/05/2018 | Smokies 10 | 1:20:43 | 10.0 | Road | 10 | Distance | 10 | Age 3rd | 1 | 21 | |
| 28/05/2018 | Edinburgh Half Marathon | 1:46:06 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 | |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:48:59 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | |
| 09/06/2018 | St Andrews Parkrun 5K | 0:24:31 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:51:36 | 11.0 | Hill | 22 | | 0 | | 0 | 22 | |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:56:45 | 6.0 | Trail | 9 | | 0 | Age 2nd | 2 | 11 | |

| 2018 | | Richard McKinstry | | | | | | | | | |
|--------------------|------------|----------------------------|---------|-----------|----------|----------|---------------|---------|------------|-----------|-----------|
| Summary | | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | | 5 | 1 | 8 | 0 | 0 | 0 | 0 | 8 |
| Marshalling Points | | | | Road: 0 | | | Course: 0 | | 1st: 0 | | |
| | | | | Track: 0 | | | Distance: 0 | | 2nd: 0 | | |
| | | | | Trail: 1 | | | Age Course: 0 | | 3rd: 0 | | |
| | | | | Hill: 0 | | | Age Dist: 0 | | Age 1st: 0 | | |
| | | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 1 | 27/01/2018 | Devils Burden Leg 1: 7.7Km | 0:48:47 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 2 | | | | | | 0 | | 0 | | 0 | 0 |
| 3 | | | | | | 0 | | 0 | | 0 | 0 |
| 4 | | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | Robyn McDonald | | | | | | | | | |
|---|-----------------------------|----------|----------|----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 230 | 46 | 258 | 9 | 55 | 2 | 7 | 340 |
| EN 10K (6), Largo Law (14) Marshalling Points 20 | | | Road: 37 | Track: 0 | Trail: 9 | Hill: 0 | Course: 7 | Distance: 2 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 1 | Age 1st: 0 | Age 2nd: 1 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:33:38 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 27/01/2018 | Devils Burden Leg 1: 7.7 km | 0:44:05 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 10/02/2018 | St Andrews Parkrun 5K | 0:25:11 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 17/02/2018 | St Andrews Parkrun | 0:26:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 18/02/2018 | Devilla 15K Trail Race | 1:32:55 | 9.0 | Trail | 14 | | 0 | | 0 | 14 |
| 21/02/2018 | Mars Bar Race 5 | 0:32:36 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 24/02/2018 | St Andrews Parkrun 5K | 0:26:08 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/03/2018 | Mars Bar Race 6 | 0:33:48 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 07/02/2018 | Kirkcaldy Parkrun 5K | 00:25:49 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 08/04/2018 | Round The Houses 10K | 0:53:46 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 14/04/2018 | Edinburgh Parkrun 5K | 0:25:23 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/04/2018 | Montrose Parkrun 5K | 0:25:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | St Andrews Parkrun 5K | 0:26:16 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | St Andrews Parkrun 5K | 0:25:45 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| | | | | | | | | | | |
|------------|---|----------|------|-------|----|----------|----|---------|---|----|
| 12/05/2018 | Loch Leven Half Marathon | 2:13:18 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 09/06/2018 | Stretford Parkrun 5K | 00:27:43 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 16/06/2018 | St Andrews Parkrun 5K | 0:28:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 22/06/2018 | Summer Solstice, Elie | 0:30:53 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 24/06/2018 | Benarty Gala, lochore Meadows 5.5 miles | 0:46:42 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:01:02 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 07/07/2018 | St Andrews Parkrun 5K | 0:28:01 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 14/07/2018 | Kirkclady Parkrun 5K | 0:26:46 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/07/2018 | Run the Blades Half Marathon | 2:05:53 | 13.0 | Trail | 20 | Course | 5 | | 0 | 25 |
| 28/07/2018 | St Andrews Parkrun 5K | 0:26:58 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/09/2018 | Kingsbarns, 4 miles | 0:31:26 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 08/09/2018 | St Andrews Parkrun 5K | 0:24:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 09/09/2018 | Auchterarder Half Mar | 2:03:56 | 13.0 | Road | 13 | | 0 | | 0 | 13 |
| 23/09/2018 | Loch Ness Marathon | 04:13:25 | 26 | Road | 26 | Distance | 10 | | 0 | 36 |
| 29/09/2018 | St Andrews Parkrun 5K | 0:25:53 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/10/2018 | St Andrews Parkrun 5K | 0:25:39 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 07/10/2018 | Giffordtown 5k | 0:24:16 | 3.0 | Road | 3 | Distance | 10 | | 0 | 13 |
| 13/10/2018 | St Andrews Parkrun 5K | 0:24:33 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 24/10/2018 | Mars Bar Race 1 | 0:32:11 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 03/11/2018 | St Andrews Parkrun 5K | 0:26:32 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/11/2018 | Glen Clova Half Marathon | 1:55:12 | 13 | Road | 13 | | 0 | | 0 | 13 |
| 17/11/2018 | Kirkcaldy Parkrun 5K | 0:24:55 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 18/11/2018 | Hartley Cup | | 2 | Road | 2 | | 0 | 3rd | 5 | 7 |
| 23/11/2018 | Nightmare Series 2, 2.75 miles | 0:21:33 | 3.0 | Trail | 5 | | 0 | Age 2nd | 2 | 7 |
| 13/10/2018 | Loch Leven Parkrun 5K | 0:24:31 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 25/11/2018 | Blairadam Forest Race, 5 Miles | 0:43:40 | 5.0 | Trail | 8 | Course | 5 | | 0 | 13 |
| 28/11/2018 | Mars Bar Race 2 | 0:32:03 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 08/12/2018 | St Andrews Parkrun 5K | 0:24:28 | 3.0 | Road | 3 | | 0 | | 0 | 3 |

| 2018 | Rosie Knox | | | | | | | | | |
|--------------------|--|---------|---------|----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 48 | 7 | 87 | 3 | 15 | 4 | 18 | 120 |
| Marshalling Points | | | Road: 0 | Track: 0 | Trail: 3 | Hill: 4 | Course: 3 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 1 | 3rd: 0 | Age 1st: 2 | Age 2nd: 1 | Age 3rd: 0 | | |
| | | | h:mm:ss | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts |
| 27/01/2018 | Devils Burden Leg 2: 11.5 km | 1:45:28 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 28/04/2018 | Normans Law Hill Race | 0:44:01 | 4.0 | Hill | 8 | | 0 | Age 2nd | 2 | 10 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:36:16 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:46:08 | 6.0 | Trail | 9 | | 0 | Age 1st | 3 | 12 |
| 16/06/2018 | Trail Decouverte, France, 18K | 2:23:17 | 11.0 | Hill | 22 | Course | 5 | Age 1st | 3 | 30 |
| 01/07/2018 | Heart of the Park, Braemar 12K | 1:08:42 | 8.0 | Trail | 12 | Course | 5 | 2nd | 10 | 27 |
| 17/11/2018 | Largo Law Hill Race | 1:03:24 | 7 | Hill | 14 | Course | 5 | | 0 | 19 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | ROSS YOUNG | | | | | | | | | |
|--------------------|---|---------|----------|-----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 114 | 20 | 138 | 4 | 25 | 0 | 0 | 163 |
| Marshalling Points | | | Road: 13 | Track: 0 | Trail: 5 | Hill: 2 | Course: 3 | Distance: 1 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 0 | Age 3rd: 0 | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/01/2018 | Mars Bar Race 4 | 0:33:25 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 21/02/2018 | Mars Bar Race 5 | 0:30:26 | 4.0 | Road | 4 | Course | 5 | | 0 | 9 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series, Race 2 | 0:28:12 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 27/06/2018 | Sandy Slither 6.1 miles | 0:49:44 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 11/07/2018 | Tour of Fife, Race 1. St Andrews Beach 4.2 miles | 0:29:20 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |
| 12/07/2016 | Tour of Fife, Race 2. East Lomond Hill, 6K | 0:35:47 | 4.0 | Hill | 8 | | 0 | | 0 | 8 |
| 13/07/2016 | Tour of Fife, Race 3. Kirkcaldy 1 mile | 0:05:57 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:20:54 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 15/07/2016 | Tour of Fife, Race 5. Falkland 10K Trail | 0:46:13 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:26:41 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |

| 2018 | Sandy Chalmers | | | | | | | | | | | |
|--------------------|--|----------|---------|----------|----------|------------|------------|-------------|---------------|-------------|---------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | |
| | | | 22 | 0 | 22 | 0 | 0 | 0 | 11 | 33 | | |
| Marshalling Points | | | Road: 4 | Track: 0 | Trail: 0 | Hill: 0 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 | | |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 3 | Age 2nd: 0 | Age 3rd: 0 | | | | |
| | | | h:mm:ss | | | Miles | | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts |
| 04/03/2018 | Cyprus 10K | 1:06:08 | 6.0 | Road | 6 | | 0 | Age 2nd | 2 | 8 | | |
| 25/04/2018 | Ravenscraig 1 mile | 0:10:17 | 1.0 | Road | 1 | | 0 | Age 1st | 3 | 4 | | |
| 14/07/2016 | Tour of Fife, Race 4. Glenrothes 5K | 0:31:49 | 3.0 | Road | 3 | | 0 | Age 1st | 3 | 6 | | |
| 23/09/2018 | Loch Ness 10K | 01:09:44 | 6.0 | Road | 6 | | 0 | | 0 | 6 | | |
| 30/09/2018 | East Neuk 10K | 1:08:47 | 6.0 | Road | 6 | | 0 | Age 1st | 3 | 9 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |

| 2018 | Sharon Brown | | | | | | | | | | | |
|--------------------|---|---------|---------|----------|----------|------------|------------|-------------|---------------|-------------|---------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | | |
| | | | 100 | 12 | 134 | 3 | 25 | 2 | 3 | 162 | | |
| Marshalling Points | | | Road: 5 | Track: 0 | Trail: 5 | Hill: 1 | Course: 1 | Distance: 2 | Age Course: 0 | Age Dist: 0 | | |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 0 | Age 2nd: 1 | Age 3rd: 1 | | | | |
| | | | | | | h:mm:ss | Miles | | | | | |
| | | | Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts |
| 07/01/2018 | MacTough Guy OCR 15K | 2:39:43 | 9.0 | Trail | 14 | | 0 | | 0 | 14 | | |
| 04/02/2018 | Forfar Multi Terrain Half Marathon | 1:55:13 | 13.0 | Trail | 20 | Distance | 10 | | 0 | 30 | | |
| 21/02/2018 | Mars Bar Race 5 | 0:37:05 | 4.0 | Road | 4 | | 0 | | 0 | 4 | | |
| 25/02/2018 | Glentress Trail Marathon | 5:29:42 | 26.0 | Trail | 39 | | 0 | | 0 | 39 | | |
| 06/04/2018 | Beveridge Park 5K Series, race 1 | 0:24:37 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 07/04/2018 | Kirkcaldy Parkrun 5K | 0:32:23 | 3.0 | Road | 3 | | 0 | | 0 | 3 | | |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:25:12 | 3.0 | Trail | 5 | | 0 | | 0 | 5 | | |
| 28/04/2018 | Normans Law Hill Race | 0:46:17 | 4.0 | Hill | 8 | Course | 5 | | 0 | 13 | | |
| 03/06/2018 | Alloa Half Marathon | 1:56:10 | 13.0 | Road | 13 | | 0 | | 0 | 13 | | |
| 29/08/2018 | Gateside Gallop 4 miles | 0:38:22 | 4.0 | Trail | 6 | | 0 | Age 3rd | 1 | 7 | | |
| 02/09/2108 | Trailbusters Race 3 - 5 miles | 0:33:39 | 5.0 | Trail | 8 | | 0 | Age 2nd | 2 | 10 | | |
| 09/09/2018 | Auchterarder Half Mar | 1:52:45 | 13.0 | Road | 13 | Distance | 10 | | 0 | 23 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |
| | | | | | 0 | | 0 | | 0 | 0 | | |

| 2018 | Thomas Knox | | | | | | | | | |
|--------------------|---|----------------------|----------|-----------|---------------|-------------|--------|------------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 76 | 11 | 123 | 5 | 25 | 1 | 1 | 149 |
| Marshalling Points | | | Road: 4 | Trail: 3 | Age Course: 0 | Course: 5 | | 1st: 0 | | |
| | | | Track: 0 | Hill: 4 | Age Dist: 0 | Distance: 0 | | 2nd: 0 | | |
| | | | | | | | | 3rd: 0 | | |
| | | | | | | | | Age 1st: 0 | | |
| | | | | | | | | Age 2nd: 0 | | |
| | | | | | | | | Age 3rd: 1 | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 10/02/2018 | Carnethy 5 Hill Race, 6 miles | 1:01:05 | 6.0 | Hill | 12 | Course | 5 | | 0 | 17 |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:28:12 | 5.0 | Trail | 8 | | 0 | | 0 | 8 |
| 12/05/2018 | Glen Affric Duathlon, 7.5 mile and 2.5 mile run | 1:04:31 & 0:17:07 | 10.0 | Road | 10 | | 0 | | 0 | 10 |
| 26/05/2018 | Isle of Jura Hill Race, 28k | 4:00:05 | 17.0 | Hill | 34 | Course | 5 | | 0 | 39 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:35:58 | 6.0 | Trail | 9 | Course | 5 | | 0 | 14 |
| 04/08/2018 | Elie Triathlon 6K run | 0:23:49 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 12/08/2018 | Lomonds of Fife Hill Race. 16.2K | 1:36:35 | 10.0 | Hill | 20 | Course | 5 | | 0 | 25 |
| 29/08/2018 | Gateside Gallop 4 miles | 0:28:12 | 4.0 | Trail | 6 | | 0 | Age 3rd | 1 | 7 |
| 06/10/2018 | Meall nan Tarmachan Hill Race, 9.5 km | 0:56:47 | 6.0 | Hill | 12 | Course | 5 | | 0 | 17 |
| 24/10/2018 | Mars Bar Race 1 | 0:27:46 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 28/11/2018 | Mars Bar Race 2 | 0:25:34 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | Tich Shaw | | | | | | | | | |
|--------------------|---|---------|---------|-----------|----------|------------|------------|-------------|---------------|-------------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 51 | 14 | 63 | 0 | 0 | 4 | 11 | 74 |
| Marshalling Points | | | Road: 9 | Track: 0 | Trail: 5 | Hill: 0 | Course: 0 | Distance: 0 | Age Course: 0 | Age Dist: 0 |
| | | | 1st: 0 | 2nd: 0 | 3rd: 0 | Age 1st: 3 | Age 2nd: 1 | Age 3rd: 0 | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 17/02/2018 | Kirkcaldy Park Run 5K | 21:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 10/03/2018 | Kirkcaldy Park Run 5K | 0:21:55 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 17/03/2018 | Kirkcaldy Park Run 5K | 0:21:57 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:23:00 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 14/04/2018 | Kirkcaldy Parkrun 5K | 0:21:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 28/04/2018 | Kirkcaldy Parkrun 5K | 0:25:29 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 05/05/2018 | Kirkcaldy Park Run 5K | 0:21:12 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 12/05/2018 | Kirkcaldy Park Run 5K | 0:20:58 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 19/05/2018 | Kirkcaldy Park Run 5K | 0:23:01 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 02/09/2108 | Trailbusters Race 3 - 5 miles | 0:31:07 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| 23/09/2018 | Tufty Trail Race, 5 miles | 0:40:29 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| 06/10/2018 | Nutcracker Trail Race 1, 5.5 mile | 0:47:29 | 6.0 | Trail | 9 | | 0 | Age 2nd | 2 | 11 |
| 13/10/2018 | Kirkcaldy Parkrun 5K | 0:21:59 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 21/10/2018 | Nutcracker Trail Race 2, 5.5 mile | 0:43:31 | 5.0 | Trail | 8 | | 0 | Age 1st | 3 | 11 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| | | | | | | | | | | |
|--|--|--|--|--|---|--|---|--|---|---|
| | | | | | 0 | | 0 | | 0 | 0 |
| | | | | | 0 | | 0 | | 0 | 0 |

| 2018 | TRACY CHALMERS | | | | | | | | | |
|------------------------------------|---|---------|-------------|---------------------------------|---------------|------------|-------------|----------|-----------|-----------|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts |
| | | | 70 | 18 | 91 | 2 | 15 | 2 | 2 | 114 |
| EN 10K (6) Marshalling Points 6 | | | Road: 11 | Track: 0 Trail: 6 Hill: 1 | Age Course: 0 | Course: 1 | Age Dist: 0 | 1st: 0 | | |
| | | | Distance: 1 | | | 2nd: 0 | | | | |
| | | | 3rd: 0 | | | Age 1st: 0 | | | | |
| | | | Age 2nd: 0 | | | Age 3rd: 2 | | | | |
| | h:mm:ss | Miles | | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts |
| 27/01/2018 | Devils Burden Leg 2: 11.5 km | 2:29:44 | 7.0 | Hill | 14 | | 0 | | 0 | 14 |
| 12/02/2018 | Allsorts Heartbeat 10K | | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 21/02/2018 | Mars Bar Race 5 | 0:37:30 | 4.0 | Road | 4 | | 0 | | 0 | 4 |
| 24/03/2018 | Kirkcaldy Parkrun 5K | 0:32:15 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 31/03/2018 | Kirkcaldy Parkrun 5K | 0:27:19 | 3.0 | Road | 3 | | 0 | | 0 | 3 |
| 06/04/2018 | Beveridge Park 5K Series, race 1 | 0:27:58 | 3.0 | Road | 3 | | 0 | Age 3rd | 1 | 4 |
| 11/04/2018 | StAndrews 5K, FAC Midweek Series - Race 1 | 0:27:28 | 3.0 | Trail | 5 | | 0 | | 0 | 5 |
| 25/04/2018 | Ravenscraig 1 mile | 0:08:21 | 1.0 | Road | 1 | Distance | 10 | Age 3rd | 1 | 12 |
| 23/05/2018 | Ravenscraig 1 mile | 0:08:29 | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 1:04:06 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 17/06/2018 | Glenrothes 10K | 0:58:44 | 6.0 | Road | 6 | | 0 | | 0 | 6 |
| 27/06/2018 | Sandy Slither 6.1 miles | 1:06:27 | 6.0 | Trail | 9 | | 0 | | 0 | 9 |
| 18/07/2018 | FAC Midweek Series, Race 4: Newburgh 4.23 miles | 0:34:07 | 4.0 | Trail | 6 | Course | 5 | | 0 | 11 |
| 22/08/2018 | Ravenscraig 2 x 1 mile relay | | 1.0 | Road | 1 | | 0 | | 0 | 1 |
| 29/08/2018 | Gateside Gallop 4 miles | 0:42:34 | 4.0 | Trail | 6 | | 0 | | 0 | 6 |

| 2018 | Yvonne Dehn | | | | | | | | | | |
|---------------------------------|--|-------------------|----------|-----------|---------------|---------------|-------------|------------|-----------|-----------|--|
| Summary | | | Miles | Races | Dist Pts | PB's | PB Pts | Placings | Place Pts | Total Pts | |
| | | | 137 | 29 | 179 | 2 | 10 | 2 | 20 | 226 | |
| Largo Law (14) + Primary 1K (3) | | | Road: 20 | | Age Course: 0 | Course: 2 | Age Dist: 0 | 1st: 1 | | | |
| | | | Track: 0 | | | Distance: 0 | | 2nd: 0 | | | |
| | | | Trail: 5 | | | Age Course: 0 | | 3rd: 1 | | | |
| | | | Hill: 4 | | | Age Dist: 0 | | Age 1st: 0 | | | |
| Marshalling Points | | | 17 | | | | | Age 2nd: 0 | | | |
| | | | | | | | | Age 3rd: 0 | | | |
| | | | h:mm:ss | Miles | | | | | | | |
| Date | Race | Time | Dist | Race Type | Dist Pts | PB's | PB Pts | Placing | Place Pts | Total Pts | |
| 17/02/2018 | St Andrews Park Run 5K | 0:28:11 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 24/02/2018 | St Andrews Parkrun 5K | 0:25:27 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 17/03/2018 | St Andrews Parkrun 5K | 0:29:56 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 21/03/2018 | Mars Bar Race 6 | 0:30:50 | 4.0 | Road | 4 | | 0 | | 0 | 4 | |
| 24/03/2018 | Kirkcaldy Parkrun 5K | 0:24:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 08/04/2018 | East Fife Novice Triathlon, 2.5K run | 0:12:57 | 2.0 | Road | 2 | | 0 | 3rd | 5 | 7 | |
| 28/04/2018 | Normans Law Hill Race | 0:45:15 | 4.0 | Hill | 8 | | 0 | | 0 | 8 | |
| 05/05/2018 | St Andrews Parkrun 5K | 0:24:42 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 09/05/2018 | Strathkinness/Blebocraigs 4.5 miles. FAC Midweek Series,Race 2 | 0:38:25 | 5.0 | Trail | 8 | | 0 | | 0 | 8 | |
| 12/05/2018 | Glen Affric Duathlon, 7.5 mile and 2.5 mile run | 1:18:28 & 0:23:35 | 10.0 | Road | 10 | | 0 | | 0 | 10 | |
| 26/05/2018 | St Andrews Parkrun 5K | 0:23:51 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 02/06/2018 | Kirkcaldy Parkrun 5K | 0:23:36 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |
| 06/06/2018 | Hill of Tarvit, 5.5 Miles, FAC Midweek Series | 0:45:54 | 6.0 | Trail | 9 | | 0 | | 0 | 9 | |
| 10/06/2018 | Lochore Sprint Triathlon, 750 swim, 18k bike, 5k run | 0:22:52 | 3.0 | Road | 3 | | 0 | | 0 | 3 | |

