_		Last update	- 31/01/2020					
<u>Name</u>	Miles	Races	Distance Points	PB's	PB Points	Placings	Placing Points	Total Points
Robyn McDonald	40	4	48	0	0	0	0	48
Lynne Herd	26	6	37	0	0	1	5	42
Jacqui McDonald	28	7	36	1	5	0	0	41
George Findlay	17	3	28	0	0	1	1	29
Eric Anderson	22	6	28	0	0	0	0	28
Yvonne Dehn	14	3	20	1	5	0	0	25
<u>Karli Hay</u>	16	3	24	0	0	0	0	24
Jaz Hood	16	3	24	0	0	0	0	24
Ross Young	15	3	23	0	0	0	0	23
<u>Debz Hay</u>	12	2	20	0	0	0	0	20
Colin McKie	12	2	20	0	0	0	0	20
Pamela Cruickshanks	11	2	19	0	0	0	0	19
Fiona Cruickshanks	11	2	19	0	0	0	0	19
<u>Lizzie Knox</u>	10	2	16	0	0	0	0	16
<u>Allan Gibson</u>	10	2	16	0	0	0	0	16
Davie Brisland	10	2	16	0	0	0	0	16
Jim Hogsflesh	8	1	16	0	0	0	0	16
<u>Giles Harris</u>	8	1	16	0	0	0	0	16
Duncan Hall	15	5	15	0	0	0	0	15
Innes Knight	13	4	13	0	0	0	0	13
Bill Simpson	12	4	12	0	0	0	0	12
Davie Burgess	6	1	12	0	0	0	0	12
Tracy Knox	6	1	12	0	0	0	0	12
Rosie Knox	6	1	12	0	0	0	0	12
<u>Sharon Brown</u>	5	1	8	0	0	1	1	9
Mike Reilly	7	2	7	0	0	0	0	7
Catriona Duncan	7	2	7	0	0	0	0	7
<u>Jaz Baillie</u>	6	2	6	0	0	0	0	6
Carole Fraser	6	2	6	0	0	0	0	6
Thomas Knox	4	1	4	0	0	0	0	4

Elise Methven	4	1	4	0	0	0	0	4
Lucy Wilson	4	1	4	0	0	0	0	4
George Hay	4	1	4	0	0	0	0	4
Adrian Wood	4	1	4	0	0	0	0	4
Stewart Warringham'	4	1	4	0	0	0	0	4
Gwen Tivendale	4	1	4	0	0	0	0	4
Alice Hall	3	1	3	0	0	0	0	3
Suse Hutch	3	1	3	0	0	0	0	3
CJ MacPhail	0	0	0	0	0	0	0	0
Eck Anderson	0	0	0	0	0	0	0	0
Allan Galloway	0	0	0	0	0	0	0	0
Hannah Allum	0	0	0	0	0	0	0	0
Jackie Galloway	0	0	0	0	0	0	0	0
Gary Ovenstone	0	0	0	0	0	0	0	0
Angela Small	0	0	0	0	0	0	0	0
Jonny Knox	0	0	0	0	0	0	0	0
<u>Neil Smith</u>	0	0	0	0	0	0	0	0
Tracy Chalmers	0	0	0	0	0	0	0	0
Carol Irvine	0	0	0	0	0	0	0	0
Oscar Burgess	0	0	0	0	0	0	0	0
Ewan Cameron	0	0	0	0	0	0	0	0
Dave Nuttal	0	0	0	0	0	0	0	0
Karen Shephard	0	0	0	0	0	0	0	0
Hazel Ednie	0	0	0	0	0	0	0	0
Christine Bowie	0	0	0	0	0	0	0	0
Ewan Davidson	0	0	0	0	0	0	0	0
Karen Cunningham	0	0	0	0	0	0	0	0
Joe Swankie	0	0	0	0	0	0	0	0
<u>Susan Linsay</u>	0	0	0	0	0	0	0	0
Bill Hutch	0	0	0	0	0	0	0	0
Ailsa Cruickshanks	0	0	0	0	0	0	0	0
Lucy Nuttall	0	0	0	0	0	0	0	0
Sandy Chalmers	0	0	0	0	0	0	0	0

Kylie Kirkcaldy	0	0	0	0	0	0	0	0

2019	ADRIAN WOOD									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	•	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-	7	Trail: 0		Age Course:)	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
					1			Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles	• •						
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:28:50	4.0	Road	4		0		0	4
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					-		-		0	0

2019	AILSA CRUICKSHANKS									
	Summary		Miles	Races	Dist Pts		PB Pts	-	Place Pts	Total Pts
	Sammary		0	0	0	0	0	0	0	0
	-			Road: 0 Track: 0	-	Course: 0 Distance: 0	4	1st: 0 2nd: 0		
	-			Trail: 0		Age Course:		3rd: 0		
			1	Hill: 0	·	Age Dist: 0		Age 1st: 0		
	Marshalling Points			1111.0	J	Age Dist. 0	J	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time		Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
							0		0	0
							0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0

2019	ALLAN GALLOWAY									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Junnary		0	0	0	0	0	0	0	0
	_			Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0		Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0	J	Age 1st: 0		
						I	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
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					0		0		0	0

2019	ALLAN GIBSON									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		10	2	16	0	0	0	0	16
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-		Trail: 0	1	Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:38:12	4.0	Road	4		0		0	4
25/01/2020	Devils Burden, Leg 4	0:59:11	6.0	Hill	12		0		0	12
							0		0	0
							0		0	0
							0		0	0
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2019	ALICE HALL									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		3	1	3	0	0	0	0	3
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	1		Trail: 0		Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
		1			T	I	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
18/01/2020	Bright Parkrun 5K	0:25:46	3.0	Road	3		0		0	3
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
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					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0

2019	ANGELA SMALL									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
	Extra Points/Marshalling			Track: 0		Distance: 0	-	2nd: 0		
				Trail: 0	1	Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
				1	1	1		Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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					0		0		0	0

2020	BILL SIMPSON									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		12	4	12	0	0	0	0	12
				Road: 4		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0	1	Age Course: ()	3rd: 0		
				Hill: 0	_	Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
04/01/2020	StAndrews Parkrun 5K	0:24:01	3.0	Road	3		0		0	3
11/01/2020	StAndrews Parkrun 5K	0:24:57	3.0	Road	3				0	3
18/01/2020	Lochore Parkrun 5K	0:24:50	3.0	Road	3				0	3
25/01/2020	StAndrews Parkrun 5K	0:24:02	3.0	Road	3				0	3
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2020	BILL HUTCH									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0	-	
				Trail: 0	1	Age Course: (0	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
	•	h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
							0		0	0
							0		0	0
							0		0	0

2020	CAROLE FRASER									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		6	2	6	0	0	0	0	6
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		-		Trail: 0	/	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	Kirkcaldy Parkrun 5K	0:29:30	3.0	Road	3		0		0	3
04/01/2020	Kirkcaldy Parkrun 5K	0:29:29	3.0	Road	3		0		0	3
					0		0		0	0
					0		0		0	0
					0		0		0	0
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					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0

2020	CAROL IRVINE									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Juinnary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0	l	Age 1st: 0 Age 2nd: 0		
								Age 2nd: 0 Age 3rd: 0		
		h:mm:ss	Miles					Age Siu. U		
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
Date	Nace	Time	Dist	Nace Type	DISC P LS	FD 3	0	riacing	0	0
							0		0	0
							0		0	0
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							0		0	0
							0		0	0
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2020	CATRIONA DUN	CAN								
	Summary		Miles	Races	Dist Pts		PB Pts	Placings	Place Pts	Total Pts
	Junnary		7	2	7	0	0	0	0	7
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0	Ļ	2nd: 0		
	Extra Points/Marshalling	r	1	Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
_	_	h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
04/01/2020	StAndrews Parkrun 5K	0:27:24	3.0	Road	3		0		0	3
15/01/2020	Mars Bar 1	0:39:07	4.0	Road	4		0		0	4
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2020	CHRISTINE BOWIE									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			_	Trail: 0	/	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0

2019	CJ MACPHAIL									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		-		Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
									0	0
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2020	COLIN MCKIE									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		12	2	20	0	0	0	0	20
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 0		Age Course: (0	3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
	Marshalling Points				1		[Age 2nd: 0		
								Age 3rd: 0		
	-	h:mm:ss	Miles							
Date	Race Mars Bar 1	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020		0:25:07	4.0	Road	4		0		0	4
25/01/2020	Devils Burden, leg 2	1:14:46	8.0	Hill	16				0	16
									0	0
									0	0
									0	0
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				0	0
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2020	DAVE NUTTAL									
	Summary		Miles	Races	Dist Pts		PB Pts	Placings	Place Pts	Total Pts
	Sammary		0	0	0	0	0	0	0	0
	-			Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		1		Trail: 0		Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points				r	ĺ	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
							0		0	0
							0		0	0
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2020	DAVIE BRISLAND									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		10	2	16	0	0	0	0	16
				Road: 1		Course: 0		1st: 0		
		1		Track: 0		Distance: 0		2nd: 0		
	Marshalling Points		1	Trail: 0		Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
				1	1		1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:28:45	4.0	Road	4		0		0	4
25/01/2019	Devils Burden, Leg 1.	0:59:27	6.0	Hill	12		0		0	12
					0		0		0	0
					0		0		0	0
					0		0		0	0
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2020	DEBZ HAY									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		12	2	20	0	0	0	0	20
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling		1	Trail: 0		Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
							1	Age 2nd: 0		
		-						Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	New Years Triathlon, 5.6K run	0:31:49	4.0	Road	4				0	4
25/01/2020	Devils Burden, leg 2	1:42:00	8.0	Hill	16				0	16
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2020	DAVIE BURGESS									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		6	1	12	0	0	0	0	12
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling		1	Trail: 0		Age Course:		3rd: 0		
				Hill: 1	l	Age Dist: 0	L	Age 1st: 0		
		1		1	r.		1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
25/01/2019	Devils Burden, Leg 1.	0:56:38	6.0	Hill	12		0		0	12
									0	0
									0	0
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2020	DUNCAN HALL									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		15	5	15	0	0	0	0	15
				Road: 5		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			-	Trail: 0	,	Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	Toolern Parkrun 5K	0:39:53	3.0	Road	3		0		0	3
04/01/2020	Highland Parkrun 5K	0:43:07	3.0	Road	3		0		0	3
11/01/2020	Highland Parkrun 5K	0:43:18	3.0	Road	3		0		0	3
18/01/2020	Highland Parkrun 5K	0:44:54	3.0	Road	3		0		0	3
25/01/2020	Highland Parkrun 5K	0:42:14	3.0	Road	3		0		0	3
							0		0	0
							0		0	0
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2020	ECK ANDERSON									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
	Marchalling Deints	1		Track: 0 Trail: 0		Distance: 0		2nd: 0 3rd: 0		
	Marshalling Points			Hill: 0		Age Course: (Age Dist: 0				
			. !			Age Dist. 0	J	Age 1st: 0 Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles					Age Siu. U		
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
Date	hace	Time	DISC	Race Type	DISCIUS	103	10103	Thaching	0	0
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2020	Elise Methven									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-		Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
					1			Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:30:06	4.0	Road	4		0		0	4
									0	0
									0	0
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2020	ERIC ANDERSON									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		22	6	28	0	0	0	0	28
				Road: 5		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-	-	Trail: 0	1	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0	J	Age 1st: 0		
					1	1	1	Age 2nd: 0		
								Age 3rd: 0		
	1	h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	Kirkcaldy Parkrun 5K	0:19:56	3.0	Road	3				0	3
01/01/2020	Loch Leven Parkrun 5K	0:21:15	3.0	Road	3				0	3
04/01/2020	StAndrews Parkrun 5K	0:27:02	3.0	Road	3				0	3
11/01/2020	Lochore Parkrun 5K	0:20:40	3.0	Road	3				0	3
15/01/2020	Mars Bar 1	0:27:15	4.0	Road	4				0	4
25/01/2020	Devils Burden, Leg 4	0:52:13	6.0	Hill	12				0	12
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2020	EWAN CAMERON									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
	_			Road: 0		Course: 0		1st: 0		
	_			Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling		,	Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
				I	T	1	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
19/01/2020	Skull Trail Race 1, 5 miles	0:41:14	5.0	Trail	8				0	8
									0	0
									0	0
									0	0
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2020	EWAN DAVIDSON									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
							0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
					0		0		0	0
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2020	FIONA CRUICKSHANKS									
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									-	-
	Summary		Miles	Races	Dist Pts		PB Pts	Ū.	Place Pts	Total Pts
	Sammary		11	2	19	0	0	0	0	19
				Road: 1		Course: 0	•	1st: 0		
	Marchalling Doints	1		Track: 0 Trail: 0		Distance: 0		2nd: 0 3rd: 0		
	Marshalling Points	-	1			Age Course: (
				Hill: 1	l	Age Dist: 0	l	Age 1st: 0		
					1		1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss							_	-
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
11/01/2020	Kirkcaldy Parkrun 5K	0:22:43	3.0	Road	3				0	3
25/01/2020	Devils Burden, leg 2	1:30:19	8.0	Hill	16				0	16
									0	0
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2020	GARY OVENSTONE									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
	/			Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	1	1	Trail: 0	/	Age Course:		3rd: 0		
				Hill: 0	_	Age Dist: 0	l	Age 1st: 0		
					-			Age 2nd: 0 Age 3rd: 0		
		h:mm:ss	Miles					Age Siu. U		
	_							-		
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	GEORGE FINDLAY									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		17	3	28	0	0	1	1	29
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 1	ŀ	Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
				1	1		r	Age 2nd: 0		
								Age 3rd: 1		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:31:15	4.0	Road	4				0	4
19/01/2020	Skull Trail Race 1, 5 miles	0:41:14	5.0	Trail	8		0	Age 3rd	1	9
25/01/2020	Devils Burden, Leg 3	1:23:49	8.0	Hill	16				0	16
					0				0	0
					0				0	0
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2020	GEORGE HAY									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
		1		Track: 0		Distance: 0		2nd: 0		
	Marshalling Points		1	Trail: 0	/	Age Course: ()	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	New Years Triathlon, 5.6K run	0:49:44	4.0	Road	4		0		0	4
					0		0		0	0
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2020	GILES HARRIS									
	Cummory		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		8	1	16	0	0	0	0	16
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			,	Trail: 0		Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Baca Tuna	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
Build	Naec	Time	DISC	Race Type	DISCPLS	PDS	FDFLS	Placing	Place Pls	TOLATPLS
25/01/2020	Devils Burden, Leg 3	1:23:49	8.0	Hill	16	PDS	0	Placing	0	16
						PD 5		Placing		
					16 0 0	PDS	0	Placing	0	16
					16 0		0 0	FidUling	0 0	16 0
					16 0 0 0 0		0 0 0 0 0		0 0 0 0 0	16 0 0 0 0
					16 0 0 0 0 0		0 0 0 0 0 0	FidUling	0 0 0 0 0 0	16 0 0 0 0 0
					16 0 0 0 0 0 0		0 0 0 0 0 0 0		0 0 0 0 0 0 0	16 0 0 0 0 0 0
					16 0 0 0 0 0		0 0 0 0 0 0	FidUling	0 0 0 0 0 0	16 0 0 0 0 0
					16 0 0 0 0 0 0		0 0 0 0 0 0 0		0 0 0 0 0 0 0	16 0 0 0 0 0 0
					16 0 0 0 0 0 0		0 0 0 0 0 0 0		0 0 0 0 0 0 0	16 0 0 0 0 0 0
					16 0 0 0 0 0 0		0 0 0 0 0 0 0		0 0 0 0 0 0 0	16 0 0 0 0 0 0

2020	Gwen Tivendale									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
	_			Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			1	Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0	,	
	Marshalling Points						1	Age 2nd: 0		
			N A'I					Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	1	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:30:25	4.0	Road	4		0		0	4
					0		0		0	0
					0		0		0	0
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					0		0		0	0

2020	HANNAH ALLUM									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling		1	Trail: 0	1	Age Course:		3rd: 0		
				Hill: 0	_	Age Dist: 0	l	Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
	[h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
									•	0
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2020	HAZEL EDNIE									
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	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Sammary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		_		Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
							0		0	0
							0		0	0
							0		0	0
							0		0	0
							0		0	0
					0		0		0	0
					0		0		0	0

2020	INNES KNIGHT									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		13	4	13	0	0	0	0	13
				Road: 4		Course: 0	4	1st: 0		
	-			Track: 0		Distance: 0	-	2nd: 0		
		-	1	Trail: 0		Age Course: (-	3rd: 0		
	Marchalling Deinte			Hill: 0	ļ	Age Dist: 0	J	Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
		hummun	Miles					Age 3rd: 0		
Date	Race	h:mm:ss Time		Daga Tura		PB's	PB Pts	Dlasing	Place Pts	Total Pts
	Lochore Parkrun 5K		Dist	Race Type		PB'S		Placing		
04/01/2020		0:21:52	3.0	Road	3		0		0	3
15/01/2020	Mars Bar 1	0:29:59	4.0	Road	4		0		0	4
18/01/2020	StAndrews Parkrun 5K	0:21:19	3.0	Road	3		0		0	3
18/01/2020	StAndrews Parkrun 5K	0:21:26	3.0	Road	3		0		0	3
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JACKIE GALLOWAY									
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			Track: 0		Distance: 0		2nd: 0		
Marshalling Points]		Trail: 0		Age Course: ()	3rd: 0		
			Hill: 0		Age Dist: 0		Age 1st: 0		
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Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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	Summary	Summary Marshalling Points Image: state	Miles 0 Marshalling Points Marshalling Points Marshalling Points Miles	MilesRaces0000Road: 01Marshalling Points1Image: Second	MilesRacesDist Pts000000Road: 0Track: 0Marshalling PointsTrail: 044111	Miles Races Dist Pts PB's 0 0 0 0 Miles Races Dist Pts PB's 0 0 0 0 Marshalling Points Image: Course: 0 Image: Course: 0 Miles Trail: 0 Age Course: 0 Marshalling Points Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0 Image: Course: 0	Summary Miles Races Dist Pts PB's PB Pts 0 0 0 0 0 0 Marshalling Points Image: Second Se	NummaryMilesRacesDist PtsPB'sPB PtsPlacings000000000MilesRacesDist PtsPB'sPB rtsPlacings00000000Marshalling PointsIIIIIIMarshalling PointsIIIAge Course: 0IIMarshalling PointsIIIAge Dist: 0Age Dist: 0Age 2nd: 0Marshalling PointsIIIIAge 2nd: 0Age 2nd: 0MilesIIIIIAge 3rd: 0Age 2nd: 0RaceTimeDistRace TypeDist PtsPB'sPB PtsPlacingsRaceTimeDistRace TypeIIIIRaceTimeDistRace TypeDist PtsPB'sPlacingsRaceTimeDistIIIIIRaceTimeIIIIIIRaceTimeIIIIIIIRaceTimeIIIIIIIIRaceTimeIIIIIIIIIRaceTimeIIIIIIIIIIIRaceTimeII <t< td=""><td>Miles Races Dist Pts PB Pts Placings Place Pts 0 0 0 0 0 0 0 0 Marshalling Points Kaces Dist Pts PB Pts PB Pts Placings Place Pts Marshalling Points Image: Second Se</td></t<>	Miles Races Dist Pts PB Pts Placings Place Pts 0 0 0 0 0 0 0 0 Marshalling Points Kaces Dist Pts PB Pts PB Pts Placings Place Pts Marshalling Points Image: Second Se

2020	JACQUI MCDON	ALD								
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	· · · · · · · · · · · · · · · · · · ·		28	7	36	1	5	0	0	41
	Extra Points/Marshalling			Road: 6		Course: 1		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 0	<i>.</i>	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0	l	Age 1st: 0		
								Age 2nd: 0		
		-						Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
	Kirkcaldy Parkrun 5K	0:30:30	3.0	Road	3				0	3
0=/0=/=0=0	Loch Leven Parkrun 5K	0:31:03	3.0	Road	3				0	3
0.,0_,_0_0	StAndrews Parkrun 5K	0:29:18	3.0	Road	3				0	3
11/01/2020	Kirkcaldy Parkrun 5K	0:28:32	3.0	Road	3				0	3
		0:23:59								
12/01/2020	Monikie Duathlon, 4K x 2	0:26:36	5.0	Road	5	Course	5		0	10
18/01/2020	StAndrews Parkrun 5K	0:35:15	3.0	Road	3				0	3
25/01/2020	Devils Burden, leg 3	1:49:39	8.0	Hill	16				0	16
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2020	JAS BAILLIE									
	Cummary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		6	2	6	0	0	0	0	6
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0		Age Course: ()	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	Kirkcaldy Parkrun 5K	0:22:46	3.0	Road	3				0	3
01/01/2020	Loch Leven Parkrun 5K	0:24:19	3.0	Road	3				0	3
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2020	JAZ HOOD									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		16	3	24	0	0	0	0	24
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0	1	2nd: 0		
	Extra Points/Marshalling	•		Trail: 0	1	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0	l	Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	New Years Triathlon, 5.6K run	0:29:44	4.0	Road	4				0	4
15/01/2020	Mars Bar 1	0:31:03	4.0	Road	4		0		0	4
25/01/2020	Devils Burden, leg 2	1:30:19	8.0	Hill	16				0	16
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2020	JIM HOGSFLESH									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		8	1	16	0	0	0	0	16
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		•		Trail: 0		Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0	l	Age 1st: 0		
	Marshalling Points				1	1		Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
25/01/2020	Devils Burden, leg 2	2:01:53	8.0	Hill	16		0		0	16
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2020	JOE SWANKIE									
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	Summary		Miles 0	Races 0	Dist Pts	PB's	PB Pts	Placings 0	Place Pts	Total Pts 0
			0	Road: 0	0	Course: 0	0	1st: 0	0	0
	-			Track: 0		Distance: 0		2nd: 0		
				Trail: 0		Age Course: ())	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	JONNY KNOX									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
		г		Track: 0		Distance: 0		2nd: 0		
	Marshalling Points		1	Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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	2020	KAREN CUNNINGHA	١M								
		Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
		Summary		0	0	0	0	0	0	0	0
					Road: 0		Course: 0		1st: 0		
					Track: 0		Distance: 0		2nd: 0		
					Trail: 0	ļ	Age Course:	0	3rd: 0		
					Hill: 0		Age Dist: 0		Age 1st: 0		
		Marshalling Points							Age 2nd: 0		
									Age 3rd: 0		
			h:mm:ss	Miles							
	Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2								0		0	0
3						0		0		0	0
4						0		0		0	0

2020	KAREN SHEPHARD									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
	_			Road: 0		Course: 0		1st: 0		
	_			Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0	1	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
							1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles			-		-	-	
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	KARLI HAY									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		16	3	24	0	0	0	0	24
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0	1	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	New Years Triathlon, 5.6K run	0:33:26	4.0	Road	4				0	4
15/01/2020	Mars Bar 1	0:36:32	4.0	Road	4		0		0	4
25/01/2020	Devils Burden, Leg 3	1:43:15	8.0	Hill	16				0	16
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2020	KYLIE KIRKCALDY									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 0	/	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	LIZZIE KNOX									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		10	2	16	0	0	0	0	16
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		-	1	Trail: 0	ŀ	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020		0:35:30	4.0	Road	4		0		0	4
25/01/2020	Devils Burden, Leg 4	0:59:11	6.0	Hill	12				0	12
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2020	LUCY WILSON									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling			Trail: 0		Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
					l		ſ	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:39:15	4.0	Road	4		0		0	4
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2020	LUCY NUTTAL									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			_	Trail: 0	1	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	LYNNE HERD									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		26	6	37	0	0	1	5	42
	Extra ponts/Marshalling			Road: 4		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 1	/	Age Course: ()	3rd: 1		
				Hill: 1		Age Dist: 0		Age 1st: 0		
							-	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
04/01/2020	StAndrews Parkrun 5K	0:21:41	3.0	Road	3				0	3
11/01/2020	Kirkcaldy Parkrun 5K	0:21:54	3.0	Road	3				0	3
15/01/2020	Mars Bar 1	0:39:15	4.0	Road	4		0		0	4
18/01/2020	StAndrews Parkrun 5K	0:21:17	3.0	Road	3				0	3
19/01/2020	Skull Trail Race 1, 5 miles	0:38:42	5.0	Trail	8			3rd	5	13
25/01/2020	Devils Burden, leg 3	1:49:39	8.0	Hill	16				0	16
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2020	MIKE REILLY									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		7	2	7	0	0	0	0	7
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-	-	Trail: 0		Age Course: (3rd: 0		
			1	Hill: 0		Age Dist: 0		Age 1st: 0		
				1	1	1	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
04/01/2020	StAndrews Parkrun 5K	0:21:40	3.0	Road	3				0	3
15/01/2020	Mars Bar 1	0:27:37	4.0	Road	4		0		0	4
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2020	NEIL SMITH									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0	,	
			1	Trail: 0		Age Course: (3rd: 0	,	
	Manshalling Deinte			Hill: 0	l	Age Dist: 0		Age 1st: 0		
	Marshalling Points				1	[Age 2nd: 0		
		h:mm:ss	Milos					Age 3rd: 0		
Date	Daga	Time		Dece Turne	Diet Dte	PB's	PB Pts	Dlasing	Place Pts	Total Pts
Date	Race	Time	DISL	Race Type	DIST PTS	PBS	PBPIS	Placing	Place Pts 0	
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2020	OSCAR BURGESS									
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	Summary		Miles	Races	Dist Pts		PB Pts	Placings	Place Pts	Total Pts
			0	0 Road: 0	0	0 Course: 0	0	0 1st: 0	0	0
	-			Track: 0		Distance: 0		2nd: 0		
	Marshalling Points	1		Trail: 0		Age Course: (3rd: 0		
			1	Hill: 0		Age Dist: 0		Age 1st: 0		
				-		0	L	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	PAMELA CRUICKSHANKS									
	Summary		Miles	Races	Dist Pts		PB Pts		Place Pts	
	Sammary		11	2	19	0	0	0	0	19
	Marchalltan Datata			Road: 1		Course: 0		1st: 0		
	Marshalling Points	r	1	Track: 0		Distance: 0		2nd: 0		
				Trail: 0 Hill: 1		Age Course: (3rd: 0		
				HIII: 1	J	Age Dist: 0	l	Age 1st: 0 Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles					Age Siu. U		
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
	Portobello Parkrun 5K	0:24:55	3.0	Road	3	103		Thaching	0	3
==, ==, ====	Devils Burden, leg 2	1:42:00	8.0	Hill	16				0	16
23/01/2020		1.42.00	0.0		10				0	0
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2020	ROBYN MCDO	NALD								
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Sammary		40	4	48	0	0	0	0	48
				Road: 3		Course: 0		1st: 0		
	Futue Deinte (Menchelling			Track: 0 Trail: 0		Distance: 0		2nd: 0 3rd: 0		
	Extra Points/Marshalling		1	Hill: 1		Age Course:				
					J	Age Dist: 0		Age 1st: 0 Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles					Age Siu. U		
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
	Kirkcaldy Parkrun 5K	0:27:16	3.0	Road	3	FD 3	FDFLS	Flacing		3
	Loch Leven Parkrun 5K	0:27:10	3.0	Road	3				0	3
	Disney Marathon	4:38:38	26.0	Road	26				0	26
	Devils Burden, Leg 3	1:43:15	8.0	Hill	16				0	16
23/01/2020	Deviis Durden, Leg 5	1.45.15	0.0	11111	0				0	0
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2020	ROSIE KNOX									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		6	1	12	0	0	0	0	12
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		-		Trail: 0		Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
25/01/2020	Devils Burden, Leg 4	0:59:11	6.0	Hill	12				0	12
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2020	ROSS YOUNG									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		15	3	23	0	0	0	0	23
				Road: 2		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
		_	1	Trail: 0		Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0	l	Age 1st: 0		
	Marshalling Points				1	1	1	Age 2nd: 0		
		1.						Age 3rd: 0		
		h:mm:ss						-	_	
Date	Race	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:26:46	4.0	Road	4		0		0	4
18/01/2020	Kirkcaldy Parkrun 5K	0:19:06	3.0	Road	3				0	3
25/01/2020	Devils Burden, leg 2	1:14:46	8.0	Hill	16				0	16
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2020	SANDY CHALMERS									
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	Summary		Miles 0	Races 0	Dist Pts	PB's	PB Pts	Placings 0	Place Pts	Total Pts
			0	Road: 0	0	Course: 0	0	1st: 0	0	0
	-			Track: 0		Distance: 0	-	2nd: 0		
	Extra Points/Marshalling			Trail: 0		Age Course:		3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
				1111.0		Age Dist. 0	J	Age 2nd: 0		
					-			Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	SHARON BROWN									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		5	1	8	0	0	1	1	9
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-	_	Trail: 0		Age Course: (2	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
19/01/2020	Skull Trail Race 1, 5 miles	0:41:34	5.0	Trail	8		0	Age 3rd	1	9
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2019	Stewart Warringham									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			1	Trail: 0	. /	Age Course: (3rd: 0		
	Manakallina Dainta			Hill: 0	J	Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
		h	Miles					Age 3rd: 0		
Date	Race	h:mm:ss Time			Dist Dto	PB's	PB Pts	Dlacing	Place Pts	Total Pts
	Mars Bar 1	0:29:28	Dist 4.0	Race Type Road	4	PDS	0	Placing	0	4
13/01/2020		0.29.20	4.0	NUdu	4		0		0	0
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2020	SUSAN LINDSAY									
			Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
	,			Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
				Trail: 0		Age Course: ()	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	SUSE HUTCH									
	Summary		Miles	Races	Dist Pts		PB Pts	Placings	Place Pts	Total Pts
	Sammary		3	1 Decedu 1	3	0	0	0	0	3
	-			Road: 1		Course: 0	-	1st: 0 2nd: 0		
				Track: 0 Trail: 0		Distance: 0		2nd: 0 3rd: 0		
	Extra Points/Marshalling		1		, ,	Age Course:				
				Hill: 0	J	Age Dist: 0	J	Age 1st: 0 Age 2nd: 0		
								Age 3rd: 0		
		himmics	Miles					Age Stul U		
Data	Dasa	h:mm:ss		Dese Trues	Dist Dis	DDIe		Dississ		Tatal Dta
Date	Race StAndrews Parkrun 5K	Time	Dist	Race Type		PB's	PB Pts	Placing	Place Pts	Total Pts
04/01/2020	Standrews Parkrun Sk	0:44:46	3.0	Road	3		0		0	3
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2020	THOMAS KNOX									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		4	1	4	0	0	0	0	4
				Road: 1		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
			-	Trail: 0	A	Age Course:	0	3rd: 0		
				Hill: 0		Age Dist: 0		Age 1st: 0		
	Marshalling Points							Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
15/01/2020	Mars Bar 1	0:25:23	4.0	Road	4		0		0	4
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2020	TRACY CHALMERS									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		0	0	0	0	0	0	0	0
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	r	1	Trail: 0	/	Age Course: (3rd: 0		
				Hill: 0		Age Dist: 0	J	Age 1st: 0		
						1	1	Age 2nd: 0		
		_						Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
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2020	TRACY KNOX									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		6	1	12	0	0	0	0	12
				Road: 0		Course: 0		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	-	1	Trail: 0	ļ	Age Course:		3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
								Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
25/01/2019	Devils Burden, Leg 1.	1:15:16	6.0	Hill	12		0		0	12
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2020	YVONNE DEHN									
	Summary		Miles	Races	Dist Pts	PB's	PB Pts	Placings	Place Pts	Total Pts
	Summary		14	3	20	1	5	0	0	25
				Road: 2		Course: 1		1st: 0		
				Track: 0		Distance: 0		2nd: 0		
	Extra Points/Marshalling	1	1	Trail: 0		Age Course: (3rd: 0		
				Hill: 1		Age Dist: 0		Age 1st: 0		
		1		r.	1	1	1	Age 2nd: 0		
								Age 3rd: 0		
		h:mm:ss	Miles							
Date	Race	Time	Dist	Race Type	Dist Pts	PB's	PB Pts	Placing	Place Pts	Total Pts
01/01/2020	New Years Triathlon, 5.6K run	0:29:46	4.0	Road	4	Course	5		0	9
15/01/2020	Mars Bar 1	0:30:57	4.0	Road	4		0		0	4
25/01/2019	Devils Burden, Leg 1.	1:04:38	6.0	Hill	12		0		0	12
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