**OCTOBER**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Best Time** | **Race Time** | **Diff** | **Diff** | **Points** | **Bonus** |
| **Carole Irvine** | **41:35** | **37:16** | **04:19** | **########** | 5 | 20 |
| **Sharon Brown** | **33:05** | **30:42** | **02:23** | **########** | 5 | 20 |
| **Karen Shepherd** | **37:26** | **36:20** | **01:06** | **########** | 5 | 17 |
| **Mike Reilly** | **26:02** | **25:20** | **00:42** | **########** | 5 | 15 |
| **Yvonne Dehn** | **29:56** | **29:24** | **00:32** | **########** | 5 | 14 |
| **Stewart Warringham** | **28:21** | **27:50** | **00:31** | **########** | 5 | 14 |
| **George Findlay** | **30:24** | **29:55** | **00:29** | **########** | 3 | 13 |
| **Ross Young** | **25:23** | **25:12** | **00:11** | **########** | 5 | 12 |
| **Dave Brisland** | **26:44** | **26:46** | **########** | **00:02** | 5 | 9 |
| **Pamela Cruickshanks** | **30:44** | **30:46** | **########** | **00:02** | 5 | 9 |
| **Lynne Herd** | **28:18** | **28:25** | **########** | **00:07** | 5 | 9 |
| **Laura McQueen** | **42:00** | **42:15** | **########** | **00:15** | 3 | 8 |
| **Tracy Knox** | **34:14** | **34:30** | **########** | **00:16** | 5 | 8 |
| **Eric Anderson** | **25:41** | **26:38** | **########** | **00:57** | 3 | 4 |
| **Debz Hay** | **32:20** | **33:35** | **########** | **01:15** | 5 | 2 |
| **Gary Ovenstone** | **28:42** | **30:30** | **########** | **01:48** | 5 | 1 |
| **Gwen Tivendale** | **29:03** | **32:15** | **########** | **03:12** | 3 | 1 |
| **Jazmin Hood** | **28:10** | **32:21** | **########** | **04:11** | 5 | 1 |
| **Hannah Allum** | **37:18** | **45:15** | **########** | **07:57** | 3 | 1 |

**NOVEMBER**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Best Time** | **Race Time** | **Diff** | **Diff** | **Points** | **Bonus** |
| **Laura McQueen** | **42:00** | 39:28 | **02:32** | **########** | 5 | 23 |
| **Stewart Warringham** | **27:50** | 27:34 | **00:16** | **########** | 5 | 15 |
| **Tracy Knox** | **34:14** | 34:07 | **00:07** | **########** | 5 | 14 |
| **Eric Anderson** | **25:41** | 25:59 | **########** | **00:18** | 5 | 11 |
| **Gary Ovenstone** | **28:42** | 29:02 | **########** | **00:20** | 5 | 11 |
| **Lynne Herd** | **28:18** | 28:50 | **########** | **00:32** | 5 | 9 |
| **Robyn McDonald** | **31:42** | **32:49** | **########** | **01:07** | 5 | 6 |
| **Adrian Wood** | **27:29** | 28:38 | **########** | **01:09** | 5 | 6 |
| **Debz Hay** | **32:20** | 33:33 | **########** | **01:13** | 5 | 5 |
| **George Findlay** | **29:55** | 31:10 | **########** | **01:15** | 5 | 5 |
| **Ross Young** | **25:12** | 26:28 | **########** | **01:16** | 5 | 5 |
| **Catriona Duncan** | **37:22** | 38:57 | **########** | **01:35** | 5 | 4 |
| **Mike Reilly** | **25:20** | 27:03 | **########** | **01:43** | 5 | 4 |
| **Carole Irvine** | **37:16** | 39:17 | **########** | **02:01** | 5 | 4 |
| **Jacqui McDonald** | **37:33** | 39:53 | **########** | **02:20** | 5 | 4 |
| **Lizzie Knox** | **31:51** | 34:19 | **########** | **02:28** | 5 | 4 |
| **Gwen Tivendale** | **29:03** | 32:10 | **########** | **03:07** | 3 | 1 |
| **Yvonne Dehn** | **29:24** | 33:33 | **########** | **04:09** | 5 | 4 |
| **Jazmin Hood** | **28:10** | 33:27 | **########** | **05:17** | 5 | 4 |