



ANSTER HADDIES RACE RESULTS 2015

Haddie Of The Year

Bill Simpson

Performance Of The Year

Dell Rae

For The Tour Of Fife

Lifetime Achievement Award

Bill Hutchison

Club Member Of The Year

George Findlay

Junior Award

Colin McKie

Race Award

Gordon Halliday

Saturday 26th December 2015

St Andrews Parkrun 5k

Elise Methven - 22mins 56secs - **1st FV40** - ***3rd Female Overall***

Saturday 26th December 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 32secs - **1st MV60**

Saturday 25th December 2015

St Andrews Parkrun 5k

Ronan McKinstray - 18mins 53secs - **1st MS18**

Bill Simpson - 24mins 26secs - **2nd MV60**

Elise Methven - 33mins 57secs

Carole Fraser - 37mins 10secs

Saturday 19th December 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 42secs - **1st MV60**

Ailsa Cruickshanks - 22mins 16secs - **1st FJ** - ***3rd Female Overall***

Pamela Cruickshanks - 23mins 41secs - **1st FV50**

Saturday 19th December 2015

St Andrews Parkrun 5k

Bill Simpson - 23mins 8secs - **2nd MV60**

Saturday 19th December 2015

Jingle Bell 5k, Pitreavie

Jane Anderson -

Angela Small -

Thursday 17th December 2015

St Andrews Santa Shuffle 4k

Colin McKie - 16mins 38secs - **1st MJ** - ***1st Overall***

Elise Methven - 28mins 6secs

Wednesday 16th December 2015

Christmas Cracker 5k, Ravenscraig

Jane Anderson -

Wednesday 16th December 2015

Mars Bar Race (3) 4miles

Stuart McKenzie - 24mins 22secs

Ronan McKinstry - 24mins 34secs

Jonny Knox - 25mins 43secs

Ian Mills - 27mins 15secs

Colin McKie - 27mins 16secs - **course pb**

Mike Reilly - 28mins 8secs

Davie Brisland - 28mins 35secs

George Findlay - 28mins 36secs

Jas Baillie - 29mins 20secs

Bill Simpson - 29mins 58secs

Fiona Cruickshanks - 30mins 41secs
Pamela Cruickshanks - 31mins 26secs
Nick Fry - 31mins 54secs
Jaz Hay - 32mins 29secs
Allan Gibson - 33mins 23secs
Tracy Knox - 33mins 56secs
Jim Hogsflesh - 34mins 35secs - **course pb**
Yvonne Dehn - 34mins 38secs
Angela Small - 34mins 51secs
Dave Nuttall - 35mins 28secs
Karen Shepherd - 36mins 32secs
Tracy Chalmers - 36mins 35secs
Sarah Gerson - 37mins 27secs - **course pb**
Carole Fraser - 41mins 20secs

Saturday 12th December 2015

St Andrews Parkrun 5k

Neil Smith - 18mins 1secs - **1st MV40** - ***1st Overall***
Ronan McKinstry - 18mins 22secs - **1st MS18** - ***2nd Overall***
Jas Baillie - 21mins 46secs - **1st MV55** - **course pb**
Dave Nuttall - 26mins 54secs - **course pb**
Sarah Gerson - 28mins 51secs - **1st FS30**
David Paterson - 31mins 41secs

Saturday 12th December 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 23mins 6secs - **3rd MV60**

Jackie Galloway - 28mins 29secs - **2nd FV55**

Tracy Chalmers - 28mins 30secs

Saturday 12th December 2015

Perth Parkrun 5k

Colin McKie - 22mins 5secs - **1st MJ11-14** - **course pb**

Saturday 12th December 2015

Perth Santa Run 5k

Colin McKie -

Jane Anderson -

Angela Small -

Friday 11th December 2015

Nightmare Series (3) Blacker Than Black Black Rock, Kinghorn, 2.6miles

Jane Anderson - 24mins 6secs

Sunday 6th December 2015

Frostbite Trail Race (2) Falkland, 5k

Colin McKie - 31mins 8secs - **1st MJ**

Bill Simpson - 34mins 50secs - **2nd MV60**

Chris Broome - 35mins 52secs

Fiona Cruickshanks - 36mins 18secs

Jaz Hay - 37mins 31secs

Jane Anderson - 37mins 54secs

Yvonne Dehn - 39mins 56secs

Angela Small - 41mins 14secs

Saturday 5th December 2015

Highbury Fields Parkrun 5k

Ailsa Cruickshanks - 22mins 31secs - **1st FJ15-17** - ***2nd Female Overall***

Saturday 5th December 2015

St Andrews Parkrun 5k

Colin McKie - 21mins 2secs - **3rd MJ11-14**

Bill Simpson - 23mins 20secs - **1st MV60**

Dave Nuttall - 27mins 49secs

Saturday 5th December 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 28secs - **1st MV60**

Saturday 28th November 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 18secs - **1st MV60**

Jas Baillie - 21mins 43secs - **2nd MV55**

Allan Galloway - 38mins 43secs

Yvonne Dehn - 38mins 44secs - **3rd FS25**

Pamela Cruickshanks - 38mins 45secs - **3rd FV50**

Jackie Galloway - 38mins 46secs - **3rd FV55**

Fiona Cruickshanks - 38mins 46secs - **3rd FS20**

Alice Hall - 38mins 47secs

Tracy Chalmers - 38mins 47secs

Saturday 28th November 2015

St Andrews Parkrun 5k

Bill Simpson - 23mins 44secs - **2nd MV60**

Dave Nuttall - 28mins 2secs

Saturday 28th November 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 22secs - **1st MS25**

Sunday 22nd November 2015

Cyprus Aphrodite Half Marathon

Ewan Davidson - 1hr 43mins 42secs - **1st MV65**

Sunday 22nd November 2015

Frostbite Trail Race (1) Falkland, 5k

Colin McKie - 29mins 32secs - **3rd MJ**

Jaz Hay - 30mins 37secs

Chris Broome - 31mins 45secs

Fiona Cruickshanks - 32mins 26secs

Jane Anderson - 38mins 57secs

Saturday 21st November 2015

East District Cross Country League, Alloa

Senior Men - 8.2k

Tich Shaw - 42mins 56secs

Allan Gibson - 51mins 53secs

Senior Women - 5.6k

Pamela Cruickshanks - 32mins 14secs

Saturday 21st November 2015

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 13secs - **3rd MV55**

Jackie Galloway - 33mins 35secs - **3rd FV55**

Tracy Chalmers - 33mins 36secs

Saturday 21st November 2015

St Andrews Parkrun 5k

Colin McKie - 28mins 7secs - **1st MJ11-14**

Friday 20th November 2015

Nightmare Series (2) Beast of Balbirnie 5k, Markinch

Jane Anderson - 25mins 38secs

Saturday 14th November 2015

British and Irish Masters Cross Country International, Dublin

Hazel Bradley - 28mins 13secs

Saturday 14th November 2015

Glen Clova Half Marathon

Jaz Hay - 1hr 52mins 4secs - **distance pb**

Debz Hay - 1hr 57mins 2secs

Jane Anderson - 1hr 59mins 45secs

Saturday 14th November 2015

St Andrews Parkrun 5k

Bill Simpson - 22mins 27secs - **1st MV60**

David Paterson - 25mins 54secs

Colin McKie - 26mins 12secs

Saturday 14th November 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 7secs - **1st MV60**

Jas Baillie - 22mins 3secs - **2nd MV55**

Saturday 14th November 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 42secs - **1st MS25** - ***1st Overall***

Wednesday 11th November 2015

Mars Bar Race (2) 4miles

Ronan McKinstry - 25mins 25secs

Jonny Knox - 26mins 5secs

Mike Reilly - 26mins 20secs

Davie Brisland - 27mins 35secs

Jas Baillie - 28mins 43secs

George Findlay - 29mins 23secs

Bill Simpson - 29mins 55secs

Rosie Knox - 30mins 25secs

Nick Fry - 31mins 19secs - **course pb**

Gordon Halliday - 31mins 48secs

Jeff Taylor - 31mins 58secs

Jaz Hay - 32mins 2secs

Allan Gibson - 33mins 34secs

Colin McKie - 33mins 44secs

John Dickson - 33mins 51secs

Tracy Knox - 34mins 40secs

Angela Small - 34mins 45secs - **course pb**

Jim Hogsflesh - 36mins 10secs

Dave Nuttall - 39mins 50secs

Carole Fraser - 40mins 38secs

Sunday 8th November 2015

Hartley Cup 1mile Relay, Dundee

Pink = Fastest Male & Female In Team

Anster Haddies Mixed Team 1 - 58mins 37secs

Ronan McKinstry - **5mins 5secs**, 5mins 11secs

Hazel Bradley - 6mins 24secs, 6mins 31secs

George Findlay - 6mins 7secs, 6mins 7secs

Colin McKie - 5mins 42secs, 5mins 43secs

Ailsa Cruickshanks - **5mins 50secs**, 5mins 57secs

Anster Haddies Mixed Team 2 - 1hr 10mins 9secs

Pamela Cruickshanks - **6mins 15secs**, 6mins 28secs

Lucy McKie - 7mins 39secs, 7mins 38secs

Erin Robbins - 7mins 56secs, 7mins 42secs

Sarah Gerson - 7mins 44secs, 7mins 47secs

Ross Vanderwert - **5mins 25secs**, 5mins 35secs

Saturday 7th November 2015

Glen Ogle 33miles, Killin

Gordon Halliday - 5hrs 37mins 11secs

Angela Small - 6hrs 36mins 45secs - **course pb**

Saturday 7th November 2015

Supernova Kelpies 5k

Jackie Galloway - 34mins 59secs

Saturday 7th November 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 11secs - **1st MV60**

Jas Baillie - 21mins 37secs - **1st MV55**

Tracy Chalmers - 27mins 58secs - **3rd FV40**

Saturday 7th November 2015

St Andrews Parkrun 5k

Bill Simpson - 22mins 25secs - **2nd MV60**

David Paterson - 29mins 9secs - **2nd MV55**

Elise Methven - 33mins 31secs

Saturday 7th November 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 26secs - **1st MS25** - ***3rd Overall***

Sunday 1st November 2015

Mens 10k, Edinburgh

Ewan Davidson - 44mins 22secs - **1st MV55**

Sunday 1st November 2015

New York Marathon

Karen Cunningham - 4hrs 43mins 35secs

Sunday 1st November 2015

Templeton 10mile, Dundee

Dell Rae - 58mins 5secs - **1st MS** - ***1st Overall***

Mike Reilly - 1hr 12mins 5secs - **course pb**

Tich Shaw - 1hr 16mins 45secs

Jane Anderson - 1hr 30mins 29secs

Sunday 1st November 2015

Great Barrier Reef Marathon, Queensland

Eck Anderson - 4hrs 57mins 17secs

Yvonne Dehn - 5hrs 33mins 28secs

Saturday 31st October 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 17mins 52secs - **1st MS25** - ***1st Overall*** - **course pb**

Saturday 31st October 2015

Dumyat Dash Hill Race, Menstrie, 4.8k/440m

Thomas Knox - 36mins 28secs - **course pb**

Jonny Knox - 36mins 49secs - **1st MV50**

Saturday 31st October 2015

St Andrews Parkrun 5k

Bill Simpson - 23mins 11secs - **2nd MV60**

Colin McKie - 25mins 55secs

Catriona Duncan - 26mins 13secs - **2nd FV60**

Dave Nuttall - 28mins 34secs

Sarah Gerson - 30mins 6secs

Friday 30th October 2015

Nightmare Series (1), Heatherhall Halloween Horror, 4miles

Bill Simpson - 32mins 15secs

Angela Small - 38mins 31secs

Jane Anderson - 38mins 32secs

Thursday 29th October 2015

GTC Halloween 5k, Beveridge Park

Jane Anderson -

Angela Small -

Wednesday 28th October 2015

FAC Halloween Race, Cairnie Farm, 2miles

Juniors

Colin McKie - 12mins 40secs - **2nd MJ13** - ***3rd Male Overall***

Novices

Sarah Gerson - 18mins 57secs - **2nd FS** - ***3rd Female Overall***

Saturday 24th October 2015

Path Of Condie Half Marathon, Milnathort

Jane Anderson - 2hrs 24mins 22secs

Saturday 24th October 2015

National Cross Country Relay Champs, Cumbernauld, 4k Each

Pamela Cruickshanks - 19mins 16secs

Hazel Bradley - 19mins 18secs

Angela Small - 22mins 7secs

Saturday 24th October 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 19secs - **1st MV60**

Jas Baillie - 21mins 57secs - **1st MV55**

Fiona Cruickshanks - 23mins 38secs - **1st FS20** - ***1st Female Overall***

Saturday 24th October 2015

St Andrews Parkrun 5k

Colin McKie - 21mins 17secs - **1st MJ11-14**

Bill Simpson - 23mins 23secs - **2nd MV60**

David Patterson - 27mins 5secs

Dave Nuttall - 28mins 16secs

Sarah Gerson - 30mins 18secs - **3rd FS30**

Saturday 24th October 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 56secs - **1st MS25** - ***2nd Overall***

Sunday 18th October 2015

Antonine Trail Race, 13.8miles

Tich Shaw - 1hr 52mins 52secs - **2nd MV60**

Jas Baillie - 1hr 53mins 15secs - **course pb**

Jane Anderson - 2hrs 28mins 41secs

Angela Small - 2hrs 28mins 42secs - **course pb**

Sunday 18th October 2015

Melbourne Marathon

Duncan Hall - 2hrs 54mins 45secs - **distance pb**

Saturday 17th October 2015

Perth Parkrun 5k

Colin McKie - 27mins 2secs

Saturday 17th October 2015

St Andrews Parkrun 5k

Bill Simpson - 21mins 43secs - **1st MV60** - **course pb**

Ewan Davidson - 22mins 24secs - **1st MV65**

Saturday 17th October 2015

Kirkcaldy Parkrun 5k

Jackie Galloway - 27mins 57secs - **2nd FV55** - **course pb**

Saturday 17th October 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 21mins 52secs - **1st MS25**

Sunday 11th October 2015

Pentland Skyline, 16miles/6200ft

Jonny Knox - 2hrs 58mins 29secs - **2nd MV50**

Gordon Mathieson - 3hrs 14mins 14secs

Eck Anderson - 3hrs 27mins 28secs

Sunday 11th October 2015

Falkland Tufty Trail Race, 5.5miles

Bill Hutchison - 37mins 31secs - **1st MV60**

Tich Shaw - 39mins 41secs - **2nd MV60**

Jas Baillie - 40mins 52secs

Bill Simpson - 43mins 56secs - **3rd MV60**

Colin McKie - 44mins 4secs - **2nd MJ**

Chris Broome - 47mins 23secs

Sharon Brown - 49mins 7secs

Fiona Cruickshanks - 49mins 11secs

Jane Anderson - 52mins 2secs

Carol Fraser - 58mins 27secs

Sunday 11th October 2015

Yorkshire Marathon

Angela Small - 4hrs 41mins 1sec

Sunday 11th October 2015

Aviemore Half Marathon

Ian Mills - 1hr 23mins 58secs - **1st MV50**

George Findlay - 1hr 39mins 35secs - **course pb**

Hazel Bradley - 1hr 44mins 9secs - **3rd FV60**

Saturday 10th October 2015

Manor Water Hill Race, Peebles, 15.2k/670m

Debz Hay - 2hrs 12mins 6secs

George Hay - 2hrs 46mins 43secs

Saturday 10th October 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 22mins 24secs - **2nd MV60**

Saturday 10th October 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 23mins 25secs - **3rd MS25**

Wednesday 7th October 2015

Mars Bar Race (1) 4miles

Eck Anderson - 25mins 25secs - **course pb**

Ronan McKinstry - 26mins 8secs

Ailsa Cruickshanks - 26mins 41secs

Mike Reilly - 27mins 4secs

Davie Brisland - 27mins 51secs
Jas Baillie - 28mins 22secs - **course pb**
Gordon Halliday - 28mins 50secs
George Findlay - 28mins 53secs
Colin McKie - 29mins 7secs
Bill Simpson - 29mins 30secs
Rosie Knox - 30mins 00secs
Ross Vanderwert - 30mins 16secs
Pamela Cruickshanks - 30mins 22secs
Fiona Cruickshanks - 31mins 22secs
Tracy Knox - 32mins 31secs - **course pb**
Yvonne Dehn - 33mins 7secs
Sharon Brown - 33mins 34secs
Jeff Taylor - 33mins 50secs
Nick Fry - 35mins 3secs
Karen Cunningham - 35mins 20secs
Katrina Duncan - 35min 50secs
Jim Hogsflesh - 35mins 52secs
John Dickson - 35mins 56secs
Jaz Hay - 36mins 39secs
Carole Fraser - 40mins 38secs

Sunday 4th October 2015

Cairngorms Hill Race, 21k/900m

Debz Hay - 3hrs 51mins 18secs - **3rd FV40**

George Hay - 4hrs 14mins 12secs

Sunday 4th October 2015

Bing Blazer Obstacle 10k, West Lothian

Jane Anderson - 1hr 21mins 16secs

Sunday 4th October 2015

Great Scottish Half Marathon, Glasgow

Dell Rae - 1hr 11mins 58secs - **distance pb**

Susan Penman - 2hrs 7mins 12secs

Sunday 4th October 2015

Giffordtown 5k

Pamela Cruickshanks - 22mins 53secs - **2nd FV50**

Fiona Cruickshanks - 24mins 30secs

Saturday 3rd October 2015

Ben Venue Hill Race, 12k/860m

Thomas Knox - 1hr 24mins 36secs - **3rd MS** - ***3rd Overall*** - **course pb**

Jonny Knox - 1hr 24mins 43secs - **1st MV50**

Saturday 3rd October 2015

Dunbar 10mile

Davie Burgess - 1hr 4mins 48secs - **3rd MV40**

Saturday 3rd October 2015

Camperdown Parkrun 5k

Elise Methven - 25mins 00secs - **1st FV40**

Saturday 3rd October 2015

St Andrews Parkrun 5k

Bill Simpson - 21mins 53secs - **2nd MV60**

Ross Vanderwert - 22mins 4secs - **2nd MS35** - **course pb**

Colin McKie - 25mins 15secs

Sarah Gerson - 27mins 39secs - **3rd FS30** - **course pb**

Saturday 3rd October 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 20mins 51secs - **1st MS25**

Sunday 27th September 2015

Loch Ness Marathon

Giles Harris - 3hrs 19mins 6secs - **distance pb**

Mike Reilly - 3hrs 30mins 29secs

Sharon Brown - 4hrs 23mins 22secs

Jaz Hay - 4hrs 31mins 55secs

Debz Hay - 4hrs 31mins 55secs

Allan Galloway - 5hrs 4mins 55secs

Sunday 27th September 2015

Loch Ness 10k

Jackie Galloway - 56mins 7secs - **course pb**

George Hay - 60mins 9secs

Sunday 27th September 2015

East Neuk 10k

Dell Rae - 33mins 41secs - **2nd MS** - ***2nd Overall***

Mark Harris - 35mins 47secs - **2nd MV40**

Ian Mills - 38mins 15secs - **2nd MV50** - **course pb**

Ailsa Cruickshanks - 40mins 49secs - **1st FJ** - **distance pb**

Rachael Grieve - 41mins 6secs - **distance pb**

Jas Baillie - 43mins 54secs

Gordon Halliday - 44mins 1secs

Ross Vanderwert - 46mins 00secs

Rosie Knox - 46mins 50secs - **2nd FJ** - **distance pb**

Sarah Gerson - 59mins 13secs

Carole Fraser - 1hr 1mins 38secs - **course pb**

Angela Small - 1hr 21mins 56secs

Ewan Cameron - 1hr 21mins 56secs

Jane Anderson - 1hr 21mins 56secs

Saturday 26th September 2015

Two Breweries Hill Race, Traquair, 29k/1500m

Thomas Knox - 3hrs 24mins 47secs

Jonny Knox - 3hrs 28mins 51secs - **1st MV50**

Eck Anderson - 3hrs 58mins 34secs - **course pb**

Saturday 26th September 2015

Trossachs 10k

Tich Shaw - 43mins 56secs

Saturday 26th September 2015

Black Light 5k, Edinburgh

Jane Anderson - 28mins 31secs

Saturday 26th September 2015

Camperdown Parkrun 5k

Elise Methven - 25mins 21secs - **2nd FV40**

Saturday 26th September 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 22mins 48secs - **1st MV60**

Saturday 26th September 2015

St Andrews Parkrun 5k

Colin McKie - 22mins 23secs - **2nd MJ 11-14**

Ross Vanderwert - 23mins 54secs

Sarah Gerson - 29mins 47secs

Sunday 20th September 2015

Cumbernauld 10k

Angela Small - 53mins 39secs

Jane Anderson - 53mins 41secs

Saturday 19th September 2015

World Mountain Running Champs, Home International, Wales, 4.7k

U20 Women

Ailsa Cruickshanks - 24mins 40secs - **Bronze Team Medal**

Saturday 19th September 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 23mins 15secs - **1st MV60**

Saturday 19th September 2015

St Andrews Parkrun 5k

Colin McKie - 22mins 53secs

Saturday 19th September 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 22mins 4secs - **3rd MS25**

Tuesday 15th September 2015

Heal Riverside 4k, Dundee

Rachael Grieve - 15mins 40secs - **1st FU23** - ***2nd Female Overall*** - distance pb

Sunday 13th September 2015

Great North Run Half Marathon, Newcastle

Yvonne Dehn - 2hrs 4mins 00secs

Angela Small - 2hrs 11mins 9secs

Sunday 13th September 2015

Scottish 10k Road Running Championship, Stirling

Dell Rae - 32mins 59secs

Jas Baillie - 44mins 35secs

Pamela Cruickshanks - 50mins 33secs

Fiona Cruickshanks - 52mins 27secs

Sunday 13th September 2015

Mr G's MND 5k, St Andrews

Ronan McKinstry - 17mins 58secs

Jane Anderson - 25mins 10secs

Saturday 12th September 2015

Portobello Parkrun 5k

Colin McKie - 21mins 16secs - **1st MJ11-14**

Saturday 12th September 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 23mins 16secs - **2nd MV60**

Saturday 12th September 2015

St Andrews Parkrun 5k

David Patterson - 26mins 17secs

David Nuttall - 29mins 59secs

Saturday 12th September 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 21mins 55secs

Wednesday 9th September 2015

Final Positions of "Get A Grip" Downhill Series 2015

Thomas Knox - **6th MS** - **10th Overall**

Jonny Knox - **2nd MV50** - **11th Overall**

Lizzie Knox - **1st FJ** - ***2nd Female Overall***

Rosie Knox - 7mins 47secs - **2nd FJ** - ***3rd Female Overall***

Wednesday 9th September 2015

Caerketton Downhill, Edinburgh, 1.8k/-300m

Thomas Knox - 6mins 3secs

Jonny Knox - 6mins 22secs - **2nd MV50**

Rosie Knox - 7mins 47secs - **1st F** - ***2nd Female Overall***

Lizzie Knox - 7mins 47secs - **2nd F** - ***3rd Female Overall***

Wednesday 9th September 2015

Kingsbarns Fun Run, 4 miles

Ronan McKinstry - 23mins 30secs - **3rd MJ**

Eck Anderson - 24mins 49secs - **2nd MS** - **course pb**

Ailsa Cruickshanks - 25mins 15secs - **1st FJ** - ***1st Female Overall*** - **course pb**

Mike Reilly - 25mins 38secs - **3rd MV40**

Giles Harris - 25mins 45secs

Colin McKie - 26mins 12secs - **course pb**

Bill Simpson - 28mins 31secs

Fiona Cruickshanks - 28mins 58secs - **2nd FS** - ***3rd Female Overall*** - **course pb**

Ross Vanderwert - 30mins 18secs

Pamela Cruickshanks - 30mins 24secs - **3rd FV50**

Gavin Gibson - 31mins 7secs

Allan Gibson - 31mins 17secs

Yvonne Dehn - 31mins 33secs - **3rd FS** - **course pb**

Jim Hogsflesh - 32mins 58secs - **course pb**

Elise Methven - 34mins 00secs - **1st FV40**

Susan Penman - 35mins 24secs

Angela Small - 35mins 29secs

Jane Anderson - 41mins 9secs

Sarah Gerson - 37mins 18secs

Carole Fraser - 43mins 2secs

Tuesday 8th September 2015

Stuart Duncan Memorial 5k, Glenrothes

Gordon Mathieson - 17mins 10secs - **1st MS** - ***1st Overall***

Karen Cunningham - 25mins 1secs - **distance pb**

Jane Anderson - 33mins 4secs

Saturday 5th September 2015

The Glenmore 24hrs Trail Race

Bill Hutchison - 100miles - 20hrs - **course pb**

Gordon Halliday -

Saturday 5th September 2015

National Mid Trail Championships, Falkland, 15k

Davie Burgess - 58mins 12secs

Saturday 5th September 2015

St Andrews Parkrun 5k

Ailsa Cruickshanks - 20mins 9secs - **1st FJ15-17** - ***1st Female Overall*** - **course pb**

Colin McKie - 20mins 13secs - **1st MJ11-14**

George Findlay - 21mins 52secs

Bill Simpson - 22mins 5secs - **1st MV60**

Ewan Cameron - 22mins 41secs

Pamela Cruickshanks - 23mins 17secs - **2nd FV50**

Fiona Cruickshanks - 24mins 35secs - **1st FS20**

Angela Small - 26mins 27secs - **3rd FV40**

Saturday 5th September 2015

Kirkcaldy Parkrun 5k

Neil Smith - 17mins 2secs - **1st MV40** - ***2nd Overall***

Saturday 12th September 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 21mins 55secs - **2nd MS25**

Wednesday 2nd September 2015

Bishop Downhill Race, Kinnesswood, 1.1k/-240m

Gordon Mathieson - 4mins 38secs

Thomas Knox - 5mins 00secs

Jonny Knox - 5mins 15secs - **2nd MV50**

Lizzie Knox - 5mins 57secs - **1st FS** - ***1st Female Overall***

Wednesday 2nd September 2015

Gateside Gallop, 4.2miles

Stuart McKenzie - 26mins 24secs - **3rd MS**

Giles Harris - 28mins 6secs

Tich Shaw - 30mins 17secs - **2nd MV60**

Gordon Halliday - 31mins 2secs

Ross Vanderwert - 32mins 42secs

Hazel Bradley - 32mins 44secs - **1st FV60**

Bill Simpson - 34mins 11secs

Pamela Cruickshanks - 34mins 38secs

Fiona Cruickshanks - 35mins 17secs - **2nd FS**

Yvonne Dehn - 38mins 6secs

Angela Small - 38mins 43secs - **course pb**

Karen Cunningham - 40mins 15secs

Tracy Chalmers - 40mins 36secs

Katriona Duncan - 40mins 55secs

Carole Fraser - 46mins 37secs

Sunday 30th August 2015

Perth 10k

Jas Baillie - 44mins 15secs

Sunday 23rd August 2015

Forfar 10k

Hazel Bradley - 46mins 19secs - **1st FV60**

Jane Anderson - 1hr 8mins 31secs

Saturday 22nd August 2015

Ochils 2000's, Bridge of Allan, 31.2k/1200m

Jonny Knox - 3hrs 18mins 52secs - **2nd MV50**

Eck Anderson - 3hrs 51mins 44secs

Saturday 22nd August 2015

St Andrews Parkrun 5k

George Findlay - 22mins 00secs - **2nd MV55**

Bill Simpson - 22mins 34secs - **2nd MV60**

Saturday 22nd August 2015

Kirkcaldy Parkrun 5k

Gordon Halliday - 20mins 45secs - **1st MV45**

Tich Shaw - 20mins 57secs - **2nd MV60**

Wednesday 19th August 2015

Nebit Downfall, Alva, 1.6km/-419m

Jonny Knox - 6mins 25secs - **3rd MV50**

Lizzie Knox - 6mins 39secs - **1st FS** - ***1st Female Overall***

Rosie Knox - 7mins 44secs - **1st FJ**

Tuesday 18th August 2015

Ravenscraig Relay, 1mile each

Gordon Halliday - 6mins 2secs

Colin McKie - 6mins 9secs

George Findlay - 6mins 40secs

Bill Simpson - 6mins 43secs

Jackie Galloway - 8mins 29secs

Sunday 16th August 2015

Lomonds of Fife Hill Race, 16.2k/800m

Jonny Knox - 1hr 39mins 19secs - **1st MV50**

Eck Anderson - 1hr 52mins 12secs

Yvonne Dehn - 2hrs 56mins 10secs

Saturday 15th August 2015

St Andrews Parkrun 5k

David Patterson - 24mins 52secs - **2nd MV55**

Jennifer Gallagher - 34mins 50secs

Friday 14th August 2015

Beveridge Park 5k

Jeff Taylor - 20mins 54secs

Gordon Taylor - 21mins 47secs

Tracy Chalmers - 28mins 49secs

Jackie Galloway- 28mins 49secs

Thursday 13th August 2015

Balmullo Trail Race 4.8m, Haddies Summer Grand Prix Series, Race 11

Eck Anderson - 35mins 4secs - **course pb**

Tich Shaw - 38mins 9secs - **3rd MV60**

George Findlay - 40mins 33secs

Jas Baillie - 42mins 2secs

Yvonne Dehn - 45mins 48secs - **course pb**

Tracy Chalmers - 51mins 18secs

Jackie Galloway- 51mins 19secs

Tuesday 11th August 2015

Ceres 8, Haddies Summer Grand Prix Series, Race 10

Dell Rae - 44mins 48secs - **2nd MS** - ***2nd Overall***

Eck Anderson - 55mins 13secs

Mike Reilly - 56mins 56secs

Gordon Halliday - 57mins 57secs

George Findlay - 1hr 00mins 47secs - **1st MV55**

Ross Vanderwert - 1hr 1mins 53secs

Nick Fry - 1hr 6mins 35secs - **course pb**

Liam McMonagle - 1hr 7mins 59secs - **course pb**

Jim Hogsflesh - 1hr 15mins 33secs - **course pb**

Sarah Gerson- 1hr 19mins 9secs

Sunday 9th August 2015

Forth Bridge 10k

Sharon Brown - 51mins 41secs - **distance pb**

Karen Cunningham - 55mins 21secs

Jane Anderson - 56mins 45secs

Angela Small - 56mins 45secs

Carole Fraser - 1hr 5mins 46secs

Sunday 9th August 2015

West Lothian Half Marathon

Jas Baillie - 1hr 36mins 4secs

Saturday 8th August 2015

St Andrews Parkrun 5k

David Patterson - 24mins 39secs

Colin McKie - 25mins 13secs - **3rd MJ11-14**

Saturday 8th August 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 7secs - **2nd MV60**

Saturday 8th August 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 20mins 32secs - **2nd MS25**

Tuesday 4th August 2015

Carnegie Harriers Memorial Race, Knockhill, 3.9miles

Davie Burgess - 22mins 45secs

Sunday 2nd August 2015

Tour Of Fife, Overall Results

Dell Rae - 1hr 42mins 3secs - **1st MS** - ***1st Overall***

Eck Anderson - 2hrs 2mins 15secs

Gordon Halliday - 2hrs 10mins 12secs

Tich Shaw - 2hrs 11mins 26secs - **1st MV60**

Bill Simpson - 2hrs 19mins 31secs

Ewan Cameron - 2hrs 22mins 49secs

Jaz Hay - 2hrs 29mins 47secs

Fiona Cruickshanks - 2hrs 34mins 39secs

Yvonne Dehn - 2hrs 42mins 23secs

Tracy Chalmers - 2hrs 53mins 30secs

Jackie Galloway - 2hrs 59mins 4secs

Carole Fraser - 3hrs 15mins 46secs

Sunday 2nd August 2015

Tour Of Fife, Day 5

Mega Monimail Marvel, Letham, 4.2miles

Dell Rae - 26mins 33secs - **2nd MS** - ***2nd Overall***

Eck Anderson - 31mins 43secs
Gordon Halliday - 33mins 29secs
Ailsa Cruickshanks - 33mins 41secs - **1st FJ**
Tich Shaw - 33mins 45secs - **1st MV60**
Bill Simpson - 35mins 37secs
Ewan Cameron - 36mins 46secs
Jaz Hay - 38mins 14secs
Fiona Cruickshanks - 41mins 19secs
Yvonne Dehn - 41mins 44secs
Tracy Chalmers - 44mins 9secs
Jackie Galloway - 46mins 25secs
Carole Fraser - 51mins 56secs

Sunday 2nd August 2015

Donkey Brae, Aberdour, 7miles

Jane Anderson - 1hr 19mins 27secs

Saturday 1st August 2015

Devil O' The Highlands Ultra Marathon, 42miles

Tyndrum to Fort William

Angela Small - 9hrs 54mins 56secs

Saturday 1st August 2015

The Celtic Games Internationals, Grangemouth, 1500m Steeplechase

Ailsa Cruickshanks - 5mins 19secs - **2nd FU18** - **distance pb** - ***2nd Overall***

Saturday 1st August 2015

Highbury Fields Parkrun 5k, London

Pamela Cruickshanks - 25mins 30secs - **1st FV50**

Saturday 1st August 2015

Dunfermline Parkrun 5k

Colin McKie - 22mins 17secs - **1st MJ11-14**

Saturday 1st August 2015

St Andrews Parkrun 5k

David Paterson - 25mins 3secs

Saturday 1st August 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 21mins 27secs

Saturday 1st August 2015

Tour Of Fife, Day 4

Cambo Estate, Near Kingsbarns, 4miles

Dell Rae - 24mins 14secs - **1st MS** - ***1st Overall***

Eck Anderson - 28mins 23secs

Gordon Halliday - 30mins 19secs

Tich Shaw - 30mins 41secs - **1st MV60**

Bill Simpson - 33mins 0secs

Ewan Cameron - 33mins 48secs

Jaz Hay - 32mins 48secs
Alice Hall - 36mins 22secs - **3rd FV50**
Yvonne Dehn - 37mins 37secs
Fiona Cruickshanks - 39mins 5secs
Tracy Chalmers - 40mins 56secs
Jackie Galloway - 41mins 48secs
Carole Fraser - 46mins 18secs

Friday 31st July 2015

Tour Of Fife, Day 3

Uphell Time Trial, St Andrews, 1.4miles

Dell Rae - 10mins 13secs - **1st MS** - **course pb** - ***1st Overall***
Eck Anderson - 12mins 38secs - **course pb**
Gordon Halliday - 14mins 2secs
Bill Simpson - 14mins 19secs - **1st MV60**
Tich Shaw - 14mins 44secs - **2nd MV60**
Ewan Cameron - 15mins 24secs
Fiona Cruickshanks - 15mins 37secs - **course pb**
Jaz Hay - 16mins 2secs
Tracy Chalmers - 18mins 25secs
Yvonne Dehn - 18mins 38secs - **course pb**
Jackie Galloway - 19mins 55secs
Carole Fraser - 20mins 33secs

Thursday 30th July 2015

Tour Of Fife, Day 2

Hill of Tarvit Trail Race, Ceres, 3.1miles

Dell Rae - 18mins 25secs - **2nd MS** - ***2nd Overall***

Eck Anderson - 21mins 39secs - **course pb**
Tich Shaw - 23mins 57secs - **1st MV60**
Gordon Halliday - 24mins 9secs
Ewan Cameron - 26mins 2secs
Bill Simpson - 26mins 15secs
Fiona Cruickshanks - 26mins 39secs - **course pb**
Jaz Hay - 27mins 28secs
Alice Hall - 28mins 13secs - **2nd FV50**
Yvonne Dehn - 28mins 57secs - **course pb**
Jackie Galloway - 32mins 33secs
Tracy Chalmers - 33mins 30secs
Carole Fraser - 35mins 52secs

Wednesday 29th July 2015

Tour Of Fife, Day 1

Chariots Of Fire Beach Race, St Andrews, 4.2miles

Dell Rae - 22mins 38secs - **2nd MS** - **course pb** - ***2nd Overall***
Ailsa Cruickshanks - 26mins 30secs - **1st FJ** - **course pb**
Eck Anderson - 27mins 52secs - **course pb**
Gordon Halliday - 28mins 13secs
Tich Shaw - 28mins 19secs - **1st MV60** - **course pb**
Bill Simpson - 30mins 20secs
Ewan Cameron - 30mins 49secs - **course pb**
Fiona Cruickshanks - 31mins 59secs - **course pb**
Jaz Hay - 32mins 48secs
Alice Hall - 33mins 27secs - **2nd FV50**
Yvonne Dehn - 35mins 13secs - **course pb**
Jackie Galloway - 37mins 26secs

Tracy Chalmers - 37mins 27secs

Carole Fraser - 41mins 7secs

Sunday 26th July 2015

Fort William Marathon

Hazel Bradley - 4hrs 15mins 50secs - **1st FV60** - distance pb

Sunday 26th July 2015

The Dirty Weekend, Overall Results

Eck Anderson - 1hr 47mins 13secs - **8th MS**

Ewan Cameron - 2hrs 5mins 44secs - **11th FS**

Chris Broome - 2hrs 12mins 37secs - **8th MV55**

Sharon Brown - 2hrs 13mins 57secs - **11th FS**

Yvonne Dehn - 2hrs 19mins 57secs - **15th FS**

Karen Cunningham - 2hrs 25mins 20secs - **19th FS**

Angela Small - 2hrs 26mins 28secs - **6th FV40**

Jane Anderson - 2hrs 32mins 7secs - **9th FV40**

George Hay - 2hrs 37mins 54secs - **11th MV50**

Carole Fraser - 2rs 51mins 32secs - **6th FV50**

Sunday 26th July 2015

The Dirty Weekend, Day 3

Skull Mountain Trail Race, Falkland, 4.7miles

Eck Anderson - 33mins 20secs

Gordon Halliday - 36mins 11secs

Ewan Cameron - 39mins 27secs

Chris Broome - 41mins 39secs

Sharon Brown - 42mins 30secs
Yvonne Dehn - 44mins 0secs
Angela Small - 44mins 15secs
Karen Cunningham - 45mins 31secs
Debz Hay - 46mins 32secs
Jane Anderson - 47mins 11secs
George Hay - 48mins 47secs
Carole Fraser - 54mins 15secs

Saturday 25th July 2015

The Dirty Weekend, Day 2

Psycho Skwerl Splash, Falkland, 5.2miles

Eck Anderson - 38mins 20secs
Ewan Cameron - 44mins 41secs
Chris Broome - 46mins 32secs
Sharon Brown - 47mins 3secs
Yvonne Dehn - 49mins 33secs
Karen Cunningham - 51mins 2secs
Angela Small - 51mins 49secs
Jane Anderson - 54mins 15secs
George Hay - 58mins 3secs
Carole Fraser - 1hr 0mins 11secs

Saturday 18th July 2015

St Andrews Parkrun 5k

Mike Reilly - 19mins 31secs - **2nd MV40** - **course pb**

Saturday 25th July 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 6secs - **1st MV60**

Jas Baillie - 21mins 30secs - **2nd MV55** - course pb

Friday 24th July 2015

The Dirty Weekend, Day 1

The Nutcracker, Falkland, 4.7miles

Eck Anderson - 35mins 33secs

Gordon Halliday - 37mins 59secs

Ewan Cameron - 41mins 46secs

Sharon Brown - 44mins 24secs

Chris Broome - 44mins 26secs

Yvonne Dehn - 46mins 24secs

Karen Cunningham - 48mins 47secs

Debz Hay - 49mins 1secs

Angela Small - 50mins 24secs

Jane Anderson - 50mins 51secs

George Hay - 51mins 4secs

Carole Fraser - 57mins 6secs

Saturday 18th July 2015

Clyde Stride Ultra Marathon, 43miles

Bill Hutchison - 5hrs 50mins 52secs - **1st MV60** - course pb

Saturday 18th July 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 6secs - **2nd MV60** - **course pb**

Jas Baillie - 21mins 52secs - **1st MV55** - **course pb**

Bill Simpson - 22mins 42secs - **3rd MV60**

Saturday 18th July 2015

St Andrews Parkrun 5k

Jaz Hay - 24mins 13secs - **2nd FS20** - **course pb**

David Patterson - 25mins 22secs - **3rd MV55**

Friday 17th July 2015

Beveridge Park 5k, Haddies Summer Grand Prix Series, Race 9

Jeff Taylor - 20mins 13secs

Colin McKie - 21mins 16secs - **1st MU17**

Bill Simpson - 21mins 51secs - **1st MV60**

Ewan Cameron - 22mins 59secs

Fiona Cruickshanks - 23mins 35secs - **2nd FS** - ***3rd Female Overall***

Sharon Brown - 24mins 43secs - **3rd FS**

Susan Penman - 25mins 33secs - **2nd FV40**

Wednesday 15th July 2015

Maddie Moss Mash Hill Race, 10k/760m

Jonny Knox - 58mins 13secs - **1st MV50**

Ian Mills - 1hr 8mins 25secs

Lizzie Knox - 1hr 17mins 42secs - **course pb**

Rosie Knox - 1hr 20mins 49secs - **1st FJ**

Tracy Knox - 1hr 27mins 22secs

Tuesday 14th July 2015

Ravenscraig 1mile

Allan Galloway - 10mins 0secs

Jackie Galloway - 10mins 1secs - **3rd FV50**

Tracy Chalmers - 10mins 1secs

Sunday 12th July 2015

Dram Marathon, Dundee

Mike Reilly - 4hrs 14mins 15secs

Sunday 12th July 2015

Dram Half Marathon, Dundee

Susan Penman - 2hrs 00mins 1secs

Sharon Brown - 2hrs 7mins 00secs

Sunday 12th July 2015

Heart of the Park Challenge, Braemar 12k

Eck Anderson - 1hr 3mins 50secs

Tich Shaw - 1hr 8mins 17secs - **1st MV60**

Jas Baillie - 1hr 12mins 38secs

Jaz Hay - 1hr 26mins 35secs - **course pb**

Yvonne Dehn - 1hr 26mins 36secs - **course pb**

Debz Hay - 1hr 40mins 21secs

George Hay - 1hr 40mins 24secs

Saturday 11th July 2015

St Cuthberts Way Ultra Marathon, Scottish Borders, 100k

Gordon Halliday - 14hrs 4mins 35secs - **2nd MV40**

Saturday 11th July 2015

Edinburgh Parkrun 5k

Colin McKie - 22mins 1secs - **3rd MJ11-14**

Saturday 11th July 2015

Kirkcaldy Parkrun 5k

Bill Simpson - 23mins 25secs - **1st MV60**

Catriona Duncan - 26mins 7secs - **1st FV60**

Saturday 11th July 2015

St Andrews Parkrun 5k

Ross Vanderwert - 22mins 33secs - **1st MS30**

David Paterson - 25mins 39secs

Sarah Gerson - 28mins 51secs

David Nuttall - 29mins 15secs

Jane Anderson - 47mins 10secs

Wednesday 8th July 2015

Newburgh 4.2miles, Haddies Summer Grand Prix Series, Race 8

Dell Rae - 24mins 16secs - **2nd MS** - ***2nd Overall***

Ailsa Cruickshanks - 30mins 8secs - **1st FU18** - **course pb**

Eck Anderson - 28mins 19secs - **course pb**

Tich Shaw - 29mins 27secs - **3rd MV60**

Gordon Halliday - 29mins 29secs - **1st MV45**

Bill Simpson - 31mins 41secs

Ross Vanderwert - 31mins 54secs

Fiona Cruickshanks - 33mins 53secs - **course pb**

Pamela Cruickshanks - 33mins 57secs

Jaz Hay - 34mins 51secs

Sharon Brown - 35mins 9secs

Yvonne Dehn - 35mins 26secs - **course pb**

Colin McKie - 35mins 39secs

Tracy Chalmers - 39mins 14secs

Jackie Galloway - 40mins 43secs

Sarah Gerson - 40mins 55secs

Carole Fraser - 44mins 56secs

Sunday 5th July 2015

Stonehaven Half Marathon

Davie Burgess - 1hr 27mins 35secs

Mike Reilly - 1hr 39mins 49secs

Sunday 5th July 2015

Race for Life 10k, Perth

Jane Anderson - 55mins 00secs

Saturday 4th July 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 47secs - **1st MV60**

Jackie Galloway - 29mins 22secs

Tracy Chalmers - 29mins 23secs - **3rd FV40**

Saturday 4th July 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 22mins 21secs - **2nd MS25**

Thursday 2nd July 2015

Sandy Slither 6.1miles, Haddies Summer Grand Prix Series, Race 7

Stuart McKenzie - 42mins 5secs

Ailsa Cruickshanks - 45mins 33secs - **1st FJ** - **course pb** - ***2nd Female Overall***

Eck Anderson - 46mins 8secs

Mike Reilly - 48mins 3secs

Tich Shaw - 48mins 17secs - **2nd MV60**

Gordon Halliday - 48mins 23secs

Jas Baillie - 48mins 55secs

Ross Vanderwert - 50mins 25secs

Bill Simpson - 51mins 30secs - **3rd MV60**

George Findlay - 51mins 48secs

Fiona Cruickshanks - 54mins 55secs - **1st MJ**

Alice Hall - 56mins 36secs

Pamela Cruickshanks - 56mins 38secs

Yvonne Dehn - 58mins 11secs - **course pb**

Sharon Brown - 58mins 39secs

Jim Hogsflesh - 1hr 4mins 9secs

Sarah Gerson - 1hr 7mins 42secs

Tuesday 30th June 2015

Ravenscraig 1mile

Dell Rae - 4mins 49secs - **2nd MS**

Sunday 28th June 2015

Benarty Trail Race, 5.5m, Haddies Summer Grand Prix Series, Race 6

Eck Anderson - 34mins 32secs

Colin McKie - 37mins 48secs - **1st MJ**

Gordon Halliday - 36mins 37secs

Bill Simpson - 38mins 2secs - **2nd MV60**

Ewan Cameron - 38mins 55secs

Yvonne Dehn - 41mins 43secs

Sharon Brown - 42mins 53secs

Fiona Cruickshanks - 43mins 52secs

Susan Penman - 45mins 10secs

Karen Cunningham - 45mins 22secs

Jane Anderson - 48mins 20secs

Carole Fraser - 52mins 40secs

Saturday 27th June 2015

Ultimate Trails Challenge, Lake District, 55k

Christine Bowie - 9hrs 48mins 53secs

Saturday 27th June 2015

Largo Law Hill Race

Stuart Mckenzie - 52mins 19secs

Tich Shaw - 1hr 0mins 38secs

Ross Vanderwert - 1hr 8mins 13secs

Saturday 27th June 2015

St Andrews Parkrun 5k

David Patterson - 25mins 17secs

David Nuttall - 27mins 34secs

Sarah Gerson - 29mins 27secs

Saturday 27th June 2015

Kirkcaldy Parkrun 5k

Tracy Chalmers - 27mins 31secs - **2nd FV40** - **course pb**

Saturday 27th June 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 33secs - **1st MS25**

Thursday 25th June 2015

Milnathort Dash, 5.5miles

Bill Simpson - 39mins 25secs

Wednesday 24th June 2015

Strawberry Novice Race, Cairnie Fruit Farm, Cupar, 2miles

Colin McKie - 10mins 55secs - **2nd MJ13** - ***3rd Overall***

Sunday 21st June 2015

Seven Hills of Edinburgh Challenge, 22.4k/670m

Ewan Davidson - 3hrs 25mins 19secs

Alice Hall - 3hrs 25mins 24secs - **course pb**

Pamela Cruickshanks - 3hrs 25mins 24secs - **course pb**

Hazel Bradley - 3hrs 25mins 27secs - **course pb**

Jaz Hay - 3hrs 25mins 29secs

Sharon Brown - 3hrs 25mins 30secs - **course pb**

Sunday 21st June 2015

Glenrothes 10k, Haddies Summer Grand Prix Series, Race 5

Dell Rae - 34mins 27secs - **2nd MS** - ***2nd Overall***

Stuart McKenzie - 38mins 34secs - **course pb**

Ailsa Cruickshanks - 43mins 7secs

Jas Baillie - 44mins 49secs

Gordon Halliday - 45mins 24secs

Ewan Cameron - 48mins 50secs

Fiona Cruickshanks - 55mins 38secs

Jane Anderson - 55mins 37secs
Susan Penman - 55mins 57secs
Angela Small - 57mins 58secs
Jackie Galloway - 58mins 59secs
Tracy Chalmers - 1hr 1mins 16secs

Glenrothes 4k

Colin McKie - ***3rd Overall***

Sunday 21st June 2015

Sameons Trail Race, France, 31k/2200m

Jonny Knox - 4hrs 9mins 3secs
Eck Anderson - 4hrs 37mins 55secs

Saturday 20th June 2015

Sameons Trail Race, France, 18k/1200m

Rosie Knox - 2hrs 26mins 48secs
Yvonne Dehn - 2hrs 45mins 30secs
Tracy Knox - 2hrs 50mins 44secs

Saturday 20th June 2015

St Andrews Parkrun 5k

Bill Simpson - 25mins 16secs - **2nd MV60**
David Patterson - 25mins 58secs - **3rd MV55**

Saturday 20th June 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 27secs - **1st MS25**

Friday 19th June 2015

Beveridge Park 5k

Stuart McKenzie - 18mins 20secs

Wednesday 17th June 2015

Haddies 4 x 400 Relay Race, St Andrews

Davie Burgess, Pamela, Tracy K, Ross - 4mins 54secs - ***1st Overall***

Ronan, Sharon, Jaz, Sophie - 5mins 13secs - ***2nd Overall***

Davie Brisland, Ian, Lizzie, Hannah - 5mins 19secs - ***3rd Overall***

Ailsa, Ewan C, Ewan L, Jennifer - 5mins 27secs

Gordon, Jeff, Audrey, Lucy - 5mins 30secs

Colin, Fiona, Gary, Kylie - 5mins 31secs

Jonny, Yvonne, Angela, Tracy C - 5mins 34secs

Thomas, Jackie, Rosie, Lynne - 5mins 37secs

Eck, Hazel, George F, Jo - 5mins 53secs

Saturday 13th June 2015

Scottish Schools Track and Field Champs, Grangemouth, 3000m

Ailsa Cruickshanks - 11mins 8secs

Saturday 13th June 2015

Traprain Law Hill Race, East Linton, 6.5miles/710ft

Davie Burgess - 44mins 2secs - **2nd MV40**

Saturday 13th June 2015

St Andrews Parkrun 5k

Neil Smith - 18mins 4secs - **1st MV40** - ***1st Overall***

David Nuttall - 29mins 00secs

Saturday 13th June 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 25secs - **1st MV60** - **course pb**

Catriona Duncan - 26mins 37secs - **1st FV60**

Tracy Chalmers - 27mins 36secs - **course pb**

Friday 12th June 2015

Scottish Schools Track and Field Champs, Grangemouth

1500m Steeplechase

Ailsa Cruickshanks - 5mins 31secs - ***1st Overall*** - ***Gold Medal***

Friday 12th June 2015

Mini-Tour of Fife

Kingsbarns Multi-Terrain Race

U15 - 5k

Colin McKie - 18mins 58secs

Thursday 11th June 2015

Mini-Tour of Fife

Tarvit Estate Time Trial

U15 - 2.1k

Colin McKie - 8mins 21secs - **course pb**

Wednesday 10th June 2015

Mini-Tour of Fife

Morton of Pitmilley Trail Race, Kingsbarns

U15 - 3miles

Colin McKie - 23mins 31secs

Tuesday 9th June 2015

Fife Schools Track and Field, Pitreavie, 1500m

Over 17 Girls

Ailsa Cruickshanks - ***1st Overall***

Under 17 Girls

Rosie Knox - ***2nd Overall***

Tuesday 9th June 2015

Mini-Tour of Fife

East Lomond Hill Race

U15 - 3miles

Colin McKie - 22mins 49secs

Monday 8th June 2015

Mini-Tour of Fife

West Sands Beach Race, St Andrews

U15 - 3miles

Colin McKie - 20mins 46secs

Sunday 7th June 2015

Strathearn Marathon, Perthshire

Angela Small - 5hrs 1mins 37secs

Saturday 6th June 2015

St Andrews Parkrun 5k

David Paterson - **3rd MV55**

Saturday 6th June 2015

Kirkcaldy Parkrun 5k

Tich Shaw - 21mins 54secs - **3rd MV60**

Saturday 6th June 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 3secs - **1st MS25**

Wednesday 3rd June 2015

Hill Of Tarvit 5.5miles, 3rd Race in FAC Midweek Series

Haddies Summer Grand Prix Series, Race 4

Thomas Knox - 37mins 50secs

Jonny Knox - 37mins 56secs - **2nd MV50**

Eck Anderson - 40mins 38secs

Ailsa Cruickshanks - 41mins 52secs - **1st FU20** - **course pb**

Gordon Halliday - 43mins 00secs

Davie Brisland - 43mins 3secs

Colin McKie - 43mins 8secs - **2nd MU18**

Rosie Knox - 44mins 45secs - **2nd FU20** - **course pb**

George Findlay - 46mins 6secs - **2nd MV55**

Ross Vanderwert - 47mins 51secs

Pamela Cruickshanks - 49mins 13secs - **3rd FV50**

Yvonne Dehn - 49mins 16secs - **course pb**

Fiona Cruickshanks - 50mins 25secs - **course pb**

Nick Fry - 50mins 50secs

Tracy Knox - 51mins 15secs - **course pb**

Sharon Brown - 52mins 3secs

Chris Broome - 52mins 18secs

Jaz Hay - 52mins 20secs

Liam McMonagle - 53mins 22secs

Susan Penman - 56mins 1secs - **course pb**

Jim Hogsflesh - 57mins 7secs

Debz Hay - 57mins 20secs

Tracy Chalmers - 58mins 19secs

Jackie Galloway - 59mins 24secs

George Hay - 1hr 1mins 57secs

Sunday 31st May 2015

Edinburgh Marathon

Giles Harris - 3hr 22mins 29secs - **distance pb**

Davie Brisland - 3hr 27mins 29secs - **distance pb**

Jas Baillie - 3hr 35mins 15secs - **course pb**

Darren Anderson - 4hr 22mins 15secs

Sunday 31st May 2015

Edinburgh Half Marathon

Rachael Grieve - 1hr 34mins 16secs - **distance pb**

Yvonne Dehn - 1hr 51mins 17secs - **distance pb**

Susan Penman - 1hr 52mins 45secs - **distance pb**

Jaz Hay - 1hr 58mins 41secs - **course pb**

George Hay - 2hrs 20mins 1secs

Sunday 31st May 2015

Chariots Of Fire 5k, St Andrews

Colin McKie - 22mins 40secs

George Findlay - 23mins 30secs

Liam McMonagle - 24mins 51secs

Bill Simpson - 25mins 19secs

Saturday 29th May 2015

Edinburgh 5k

Colin McKie - 21mins 26secs

Saturday 29th May 2015

Kirkcaldy Parkrun 5k

Sharon Brown - 25mins 49secs - **1st FS30**

Tracy Chalmers - 35mins 20secs

Friday 29th May 2015

Mega Monimail Marvel Trail Race, Letham, 4.4miles

Carol Fraser - 54mins 17secs

Saturday 23rd May 2015

Isle of Jura Fell Race, 16miles/7500ft

Thomas Knox - 4hrs 51mins 4secs - **course pb**

Eck Anderson - 5hrs 29mins 31secs

Saturday 23rd May 2015

Kirkcaldy Parkrun 5k, Haddies Summer Grand Prix Series, Race 3

Ailsa Cruickshanks - 20mins 30secs - **1st FJ15** - ***2nd Female Overall***

Colin McKie - 21mins 1secs - **1st MJ11**

George Findlay - 21mins 59secs - **2nd MV55**

Gordon Halliday - 22mins 39secs - **1st MV45**

Ewan Cameron - 22mins 45secs - **3rd MV55**

Pamela Cruickshanks - 23mins 13secs - **1st FV50** - **course pb**

Yvonne Dehn - 23mins 42secs - **2nd FS25**

Sharon Brown - 25mins 3secs - **3rd FS30** - **course pb**

Fiona Cruickshanks - 25mins 27secs - **1st FS20**

Carole Fraser - 30mins 39secs - **3rd FV50**

Tracy Chalmers - 31mins 5secs

Saturday 23rd May 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 19secs - **2nd MS25**

Friday 22nd May 2015

Beveridge Park 5k

Stuart McKenzie - 18mins 50secs

Jeff Taylor - 20mins 13secs

Fiona Cruickshanks - 23mins 4secs

Sunday 17th May 2015

Windermere Marathon

Eck Anderson - 3hrs 53mins 27secs

Saturday 16th May 2015

Cateran Ultra Marathon, 110miles

Gordon Halliday - 28hrs 34mins 16secs - **2nd MV40** -***3rd Overall***

Saturday 16th May 2015

Goatfell Hill Race, Isle of Arran, 15.5km/870m

Christine Bowie - 2hrs 22mins 33secs - **3rd FV50**

Saturday 16th May 2015

Kirkcaldy Parkrun 5k

Ewan Lumsden - 18mins 47secs - **1st MS35** - **course pb** -***3rd Overall***

Pamela Cruickshanks - 23mins 48secs - **1st FV50**

Fiona Cruickshanks - 25mins 7secs - **1st FS20**

Saturday 16th May 2015

St Andrews Parkrun 5k

Ross Vanderwert - 22mins 13secs - **3rd MS30** - **course pb**

Colin McKie - 25mins 20secs - **3rd MJ11**

Sarah Gerson - 32mins 34secs

Saturday 16th May 2015

Motor Neuron Disease Charity Run, Strathclyde, 4miles

Jane Anderson -

Friday 15th May 2015

Black Rock 5

Dell Rae - 25mins 15secs

Yvonne Dehn - 37mins 40secs - **course pb**

Sharon Brown - 39mins 10secs

Tich Shaw - 42mins 8secs

Tracy Chalmers - 43mins 58secs

Jackie Galloway - 44mins 2secs

Wednesday 13th May 2015

Cape Wrath Challenge The Around Durness Run, 6miles

Carole Fraser - 1hr 9mins 1secs

Tuesday 12th May 2015

Cape Wrath Challenge Hill Run, 5.2miles

Carole Fraser - 1hr 1mins 59secs

Monday 11th May 2015

Cape Wrath Challenge 10k

Carole Fraser - 1hr 5mins 31secs

Saturday 9th May 2015

Loch Leven Half Marathon

Giles Harris - 1hr 27mins 36secs

Stuart McKenzie - 1hr 31mins 7secs

Yvonne Dehn - 1hrs 58mins 8secs

Jaz Hay - 1hr 58mins 22secs

Angela Small - 2hrs 1mins 32secs

Saturday 9th May 2015

Kirkcaldy Parkrun 5k

Ewan Lumsden - 19mins 8secs - **2nd MS35** - ***3rd Overall***

Saturday 9th May 2015

Edinburgh Parkrun 5k

Colin McKie - 19mins 55secs - **2nd MJ11** - **course pb**

Saturday 9th May 2015

St Andrews Parkrun 5k

George Findlay - 22mins 23secs

Carole Fraser - 30mins 22secs

Saturday 9th May 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 19mins 53secs - **1st MS25**

Wednesday 6th May 2015

St Andrews 5k, 2nd Race in FAC Midweek Series

Haddies Summer Grand Prix Series, Race 2

Ronan McKinstray - 17min 23secs - **2nd MU20** - **course pb**

Jonny Knox - 19mins 2secs

Bill Hutchison - 19min 21secs - **2nd MV60**

Eck Anderson - 19mins 36secs - **course pb**

Thomas Knox - 19mins 43secs

Mike Reilly - 19mins 57secs

Colin McKie - 19mins 59secs - **3rd MU13**

Gordon Halliday - 20mins 25secs

Ross Vanderwert - 21mins 56secs

Ewan Cameron - 22min 14secs - **course pb**

Jaz Hay - 23mins 57secs

Sarah Gerson - 27mins 22secs

Tracy Chalmers - 27mins 48secs

Carole Fraser - 31min 13secs - **course pb**

Saturday 2nd May 2015

Stuc o' Chroin Hill Race, 22k/1500m

Mark Harris - 2hrs 35mins 6secs - **2nd MV40**

Jonny Knox - 2hrs 49mins 57secs - **2nd MV50**

Eck Anderson - 3hrs 53mins 2secs

Saturday 2nd May 2015

Kirkcaldy Parkrun 5k

Ailsa Cruickshanks - 20mins 39secs - **1st FJ15** - *1st Female Overall*

Fiona Cruickshanks - 24mins 22secs - **1st FS20**

Saturday 2nd May 2015

St Andrews Parkrun 5k

Colin McKie - 19mins 42secs - **1st MJ11** - distance pb

Yvonne Dehn - 24mins 30secs - **3rd FS25** - distance pb

Thursday 30th April 2015

Kinross 10k

Sharon Brown - 52mins 53secs - distance pb

Tuesday 28th April 2015

Ravenscraig 1mile

Gordon Halliday - 5mins 57secs

Bill Simpson - 6mins 34secs - **1st MV60**

Sunday 26th April 2015

London Marathon

Neil Smith - 2hrs 36mins 10secs - **distance pb** - ***Club Record***

Dell Rae - 2hrs 40mins 40secs - **distance pb**

Elise Methven - 3hrs 54mins 36secs - **distance pb**

Susan Penman - 3hrs 59mins 18secs - **distance pb**

Sunday 26th April 2015

Balmoral 15mile Trail Race

Chris Broome - 2hrs 23mins 57secs

Sunday 26th April 2015

Lomond Junior Hill Race

Colin McKie - 17mins 48secs

Saturday 25th April 2015

Balmoral 10k

Jennifer Gallagher - 1hr 15mins 46secs

Saturday 25th April 2015

Kirkcaldy Parkrun

Sharon Brown - 25mins 7secs - **2nd FS30**

Jackie Galloway - 28mins 4secs - **course pb**

Tracy Chalmers - 28mins 4secs - **2nd FV40** - **course pb**

Saturday 25th April 2015

St Andrews Parkrun

Bill Simpson - 21mins 46secs - **2nd MV60**

Dave Nuttall - 31mins 17secs

Saturday 18th April 2015

Normans Law Hill Race, Luthrie, 8k/215m

Jonny Knox - 34mins 53secs - **1st MV50**

Tracy Knox - 50mins 8secs - **3rd FV50**

Saturday 18th April 2015

Kirkcaldy Parkrun

Bill Simpson - 21mins 55secs - **1st MV60** - **course pb**

Jas Baillie - 21mins 58secs - **1st MV55**

Jackie Galloway - 28mins 18secs - **course pb**

Tracy Chalmers - 28mins 18secs - **1st FV40** - **course pb**

Saturday 18th April 2015

St Andrews Parkrun

Colin McKie - 20mins 11secs - **1st MJ11** - **course pb**

Angela Small - 35mins 19secs

Friday 17th April 2015

Beveridge Park 5k

Stuart McKenzie - 18mins 37secs

Jeff Taylor - 20mins 31secs

Gordon Halliday - 20mins 43secs

Bill Simpson - 21mins 45secs - **1st MV60**

Wednesday 15th April 2015

Strathkinness/Blebocraigs 4.5miles, 1st Race in FAC Midweek Series

Haddies Summer Grand Prix Series, Race 1

Ronan McKinstry - 27min 13secs - **2nd MJU20** - course pb

Jonny Knox - 28min 54secs - **2nd MV50** - course pb

Bill Hutchison - 30min 34secs - **2nd MV60**

Eck Anderson - 30min 39secs

Ailsa Cruickshanks - 30min 41secs - **1st FJU20** - course pb

Davie Brisland - 30min 48secs - **2nd MV45**

Mike Reilly - 32min 38secs

Gordon Halliday - 32min 41secs

Bill Simpson - 33min 51secs

George Findlay - 34min 8secs

Rosie Knox - 34min 39secs - **2nd FJU20** - course pb

Ewan Cameron - 34min 53secs

Hazel Bradley - 36min 16secs - **1st FV60**

Alice Hall - 36min 36secs - **2nd FV50** - course pb

Fiona Cruickshanks - 36min 55secs - **3rd FJU20**

Pamela Cruickshanks - 37min 29secs

Jaz Hay - 38min 6secs

Tracy Knox - 39min 36secs

Catriona Duncan - 40min 6secs - **3rd FV60**

Allan Galloway - 40min 48secs

Susan Penman - 40min 50secs

Sarah Gerson - 42min 7secs

Jackie Galloway - 45min 18secs

Tracy Chalmers - 45min 18secs

Sunday 12th April 2015

Angus Half Marathon

Davie Brisland - 1hr 32mins 44secs

Angela Small - 2hrs 6mins 42secs

Sunday 12th April 2015

Paris Marathon

Yvonne Dehn - 4hrs 19mins 00secs - **distance pb**

Sunday 12th April 2015

Round The Houses 10k, Grangemouth

Hazel Bradley - 44mins 47secs - **1st FV60**

Jane Anderson - 1hr 2mins 30secs

Sunday 12th April 2015

Round The Houses 2k, Grangemouth

Colin McKie - **distance pb**

Saturday 11th April 2015

Oxfam Trailwalkers, Melbourne, 100k

Duncan Hall - 13hrs 37mins

Saturday 11th April 2015

St Andrews Parkrun

Dave Nuttall - 27mins 1secs - **course pb**

Ross Vanderwert - 28mins 17secs

Sarah Gerson - 28mins 18secs - **2nd FS30** - **course pb**

Saturday 11th April 2015

Kirkcaldy Parkrun

Bill Simpson - 22mins 22secs - **1st MV60**

Fiona Cruickshanks - 24mins 55secs - **1st FJ18**

Carole Fraser - 30mins 14secs - **3rd FV50**

Sunday 5th April 2015

Tom Scott Memorial 10 Miles

Dell Rae - 54mins 48secs

Sunday 5th April 2015

West Lothian Easter 10k

Angela Small

Jane Anderson

Saturday 4th April 2015

Glasgow to Edinburgh Ultra, 55miles

Allan Galloway - 11hrs 30mins

Saturday 4th April 2015

Kirkcaldy Parkrun

Colin McKie - 20mins 55secs - **2nd MJ11** - **course pb**

Fiona Cruickshanks - 23mins 44secs - **1st FJ18**

Sarah Gerson - 28mins 52secs - **2nd FS30**

Tuesday 31st March 2015

Ravenscraig 2miles

Dell Rae - 10mins 42secs

Ronan McKinstray - 11mins 9secs - **2nd MU20**

Gordon Halliday - 12mins 47secs - **3rd MV40**

Bill Simpson - 13mins 47secs - **3rd MV60**

Sunday 29th March 2015

Kilomathon, Edinburgh, 13.1k

Ewan Davidson - 1hrs 00mins 25secs - **2nd MV65**

Saturday 28th March 2015

St Andrews Parkrun

Elise Methven - 21mins 45secs - **2nd FV40** - **course pb** - ***3rd Female Overall***

David Patterson - 25mins 39secs - **2nd MV55**

Dave Nuttall - 27mins 8secs

Sarah Gerson - 30mins 2secs - **course pb**

Saturday 28th March 2015

Kirkcaldy Parkrun

Ailsa Cruickshanks - 20mins 35secs - **1st FJ15** - *1st Female Overall*
Bill Simpson - 22mins 22secs - **2nd MV60**
Fiona Cruickshanks - 24mins 8secs - **1st FJ18**
Jackie Galloway - 28mins 36secs - **3rd FV50** - course pb
Tracy Chalmers - 28mins 37secs - **2nd FV40** - course pb

Friday 27th March 2015

Nightmare Race (6), Hill Of Tarvit, Ceres

Davie Burgess - 19mins 31secs - *2nd Overall*
Bill Simpson - 25mins 11secs

Sunday 22nd March 2015

Loch Katrine Half Marathon

Angela Small - 2hrs 10mins 40secs

Sunday 22nd March 2015

The Lost Trails 5.5miles, Falkland

Ronan McKinstry - 35mins 57secs - **2nd MJ**
Ailsa Cruickshanks - 41mins 25secs - **1st FJ** - *3rd Female Overall*
Gordon Halliday - 43mins 14secs
Colin McKie - 43mins 22secs
Bill Simpson - 45mins 57secs - **1st MV60**
Hazel Bradley - 46mins 25secs - **1st FV60**
Pamela Cruickshanks - 47mins 28secs - **1st FV50**
Fiona Cruickshanks - 49mins 51secs - **3rd FJ**
Chris Broome - 52mins 19secs
Sharon Brown - 53mins 14secs

Carole Fraser - 1hr 4mins 54secs

Jennifer Gallagher - 1hr 12mins 00secs

Saturday 21st March 2015

Kirkcaldy Parkrun

Stuart McKenzie - 18mins 51secs - **2nd MS30**

Ailsa Cruickshanks - 19mins 58secs - **1st FJ15** - course pb - *2nd Female Overall*

Gordon Halliday - 21mins 15secs

Bill Simpson - 22mins 8secs - **2nd MV60** - course pb

Fiona Cruickshanks - 23mins 46secs - **1st FJ18**

Jackie Galloway - 28mins 52secs - course pb

Tracy Chalmers - 28mins 52secs - course pb

Saturday 21st March 2015

St Andrews Parkrun

David Patterson - 25mins 16secs - **1st MV55**

Colin McKie - 26mins 49secs

Jane Anderson - 26mins 58secs - **3rd FV40**

Jaz Hay - 32mins 51secs - **2nd FS20**

George Hay - 32mins 54secs

Debz Hay - 33mins 3secs

Saturday 21st March 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 18secs - **2nd MS25**

Sunday 15th March 2015

Alloa Half Marathon

Dell Rae - 1hr 13mins 35secs - **course pb**

Davie Brisland - 1hr 28mins 39secs **distance pb**

Angela Small - 2hrs 11mins 10secs

Jane Anderson - 2hrs 11mins 10secs

Saturday 14th March 2015

Kirkcaldy Parkrun

Bill Simpson - 22mins 23secs - **2nd MV60**

Pamela Cruickshanks - 23mins 14secs - **1st FV50**

Fiona Cruickshanks - 24mins 22secs - **1st FJ18**

Stuart McKenzie - 35mins 52secs

Saturday 14th March 2015

St Andrews Parkrun

Colin McKie - 20mins 46secs - **2nd MJ11** - **course pb**

David Patterson - 25mins 1secs - **2nd MV55**

Wednesday 11th March 2015

Mars Bar Race (6) 4miles

Ronan McKinstray - 23mins 49secs

Jonny Knox - 26mins 00secs

Jeff Taylor - 26mins 39secs - **course pb**

Ailsa Cruickshanks - 27mins 55secs

Rosie Knox - 28mins 20secs - **course pb**

Colin McKie - 28mins 42secs - **course pb**
Darren Anderson - 28mins 44secs - **course pb**
Eck Anderson - 29mins 1secs
Bill Simpson - 29mins 2secs
Fiona Cruickshanks - 30mins 13secs
Ross Vanderwert - 30mins 44secs
Yvonne Dehn - 30mins 45secs - **course pb**
Jaz Hay - 31mins 3secs - **course pb**
Liam McMonagle - 31mins 9secs - **course pb**
Pamela Cruickshanks - 32mins 19secs
Susan Penman - 33min 41secs - **course pb**
Dave Nuttall - 36mins 7secs
Jackie Galloway - 39mins 30secs
Tracy Chalmers - 39mins 52secs
Sarah Gerson - 39mins 52secs

Sunday 8th March 2015

Lindsays Borders Marathon, Kelso

Giles Harris - 3hrs 34mins 28secs

Sunday 8th March 2015

Gartmorn 6, Alloa

Gordon Halliday - 44mins 58secs

Saturday 7th March 2015

Scottish Schools Cross Country Championships, Irvine, 3miles

Girls Over 17

Ailsa Cruickshanks - 18mins 46secs - ***3rd Overall*** - ***Bronze Medal***

Saturday 7th March 2015

Kirkcaldy Parkrun

Stuart McKenzie - 18mins 50secs - **1st MS30** - ***2nd Overall***

Bill Simpson - 22mins 32secs - **1st MV60**

Fiona Cruickshanks - 23mins 00secs - **1st FJ18** - **course pb** - ***3rd Female Overall***

Saturday 7th March 2015

St Andrews Parkrun

David Patterson - 25mins 49secs - **2nd MV55**

Monday 2nd March 2015

Shellbay Torch-lit Race, Elie, 3.2miles

Colin McKie - 24mins 47secs - **2nd MJ**

Gordon Halliday - 25mins 9secs - **3rd MV40**

Eck Anderson - 25mins 10secs

Jim Anderson - 34mins 26secs

Jane Anderson - 34mins 27secs

Sunday 1st March 2015

Bishop Hill Race, Scotlandwell, 3.5k/300m

Gordon Mathieson - 20mins 36secs

Sunday 1st March 2015

Smokies 10, Arbroath

Elise Methven - 1hr 16mins 52secs - **distance pb**

Fiona Cruickshanks - 1hr 23mins 49secs - **distance pb**

Pamela Cruickshanks - 1hr 25mins 35secs

Susan Penman - 1hr 25mins 39secs - **distance pb**

Yvonne Dehn - 1hr 26mins 57secs - **distance pb**

Angela Small - 1hr 43mins 22secs

Saturday 28th February 2015

Cupar 5

Ronan McKinstray - 28mins 35secs - **2nd MJ** - **course pb**

Stuart McKenzie - 30mins 5secs - **course pb**

Gordon Halliday - 34mins 6secs

Bill Simpson - 35mins 39secs

Saturday 28th February 2015

St Andrews Parkrun

David Patterson - 25mins 13secs - **1st MV55**

Darcey Mackenzie - 39mins 11secs

Jim Hogsflesh - 39mins 13secs

Mhairi Mackenzie - 39mins 13secs

Friday 27th February 2015

Nightmare Series (5) Coull Den, Glenrothes, 3.6miles

Bill Simpson -

Jackie Galloway -
Tracy Chalmers -
Jane Anderson -
Carole Fraser -

Sunday 22nd February 2015

Scottish National Cross Country Championships, Falkirk

Senior Men - 12k

Gordon Mathieson - 47mins 15secs
Davie Burgess - 51mins 40secs
Stuart McKenzie - 53mins 18secs

Senior Women - 8k

Pamela Cruickshanks - 39mins 47secs

U13 Boys - 3.2k

Colin McKie - 14mins 14secs

Saturday 21st February 2015

St Andrews Parkrun

David Patterson - 25mins 45secs - **2nd MV55**
Angela Small - 35mins 54secs

Saturday 21st February 2015

Kirkcaldy Parkrun

Bill Simpson - 22mins 45secs - **1st MV60**

Fiona Cruickshanks - 23mins 3secs - **1st FJ18** - course pb - *2nd Female Overall*
Tracy Chalmers - 28mins 57secs - course pb

Saturday 21st February 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 14secs - **1st MS25** - course pb - *1st Overall*

Wednesday 18th February 2015

Mars Bar Race (5) 4miles

Ronan McKinstry - 23mins 24secs - course pb

Davie Burgess - 24mins 27secs

Stuart McKenzie - 24mins 51secs

Jonny Knox - 25mins 32secs

Ailsa Cruickshanks - 26mins 29secs

Mike Reilly - 26mins 46secs

Davie Brisland - 26mins 50secs

Jake Grieve - 26mins 53secs

Jeff Taylor - 27mins 10secs - course pb

Gordon Taylor - 27mins 47secs - course pb

Colin McKie - 28mins 42secs - course pb

Bill Simpson - 29mins 28secs

Rosie Knox - 29mins 52secs

Fiona Cruickshanks - 31mins 4secs

Jaz Hay - 31mins 38secs - course pb

Liam McMonagle - 32mins 17secs - course pb

Yvonne Dehn - 33mins 11secs

Susan Penman - 33min 54secs - course pb

Lizzie Knox - 33mins 55secs

Eck Anderson - 34mins 21secs
Graham Gilmour - 34mins 50secs
Tracy Knox - 35mins 12secs
Nick Fry - 35mins 30secs
John Dickson - 36mins 30secs
Jim Hogsflesh - 36mins 40secs
Angela Small - 39mins 40secs
Jim Anderson - 43mins 23secs

Saturday 14th February 2015

Kirkcaldy Parkrun

Ailsa Cruickshanks - 21mins 3secs - **1st FJ15**
Bill Simpson - 22mins 27secs - **1st MV60**
Fiona Cruickshanks - 23mins 4secs - **1st FJ18**
Colin McKie - 25mins 32secs - **1st MJ11**
David Paterson - 25mins 42secs
Tracy Chalmers - 29mins 35secs
Angela Small - 35mins 46secs

Sunday 8th February 2015

Devilla 15k Trail Race, Tulliallan

Gordon Halliday - 1hr 10mins 31secs
Elise Methven - 1hr 12mins 1secs - **course pb**
Sharon Brown - 1hr 26mins 29secs

Sunday 8th February 2015

Overall Results - Frostbite Trail Race Series

Elise Methven - **3rd FV40** - 583 points

Fiona Cruickshanks - **1st FJ** - 561 points

Yvonne Dehn - 552 points

Susan Penman - 494 points

Karen Cunningham - 490 points

Bill Simpson - **1st MV60** - 464 points

Carole Fraser - **3rd FV50** - 440 points

Jane Anderson - 412 points

Chris Broome - 399 points

Allan Galloway - 389 points

Stuart McKenzie - 386 points

Sharon Brown - 339 points

Jim Anderson - 336 points

Jackie Galloway - 160 points

Tracy Chalmers - 159 points

Sunday 8th February 2015

Frostbite Trail Race (4) Falkland, 5.5k

Bill Simpson - 27mins 57secs - **1st MV60** - **course pb**

Fiona Cruickshanks - 30mins 10secs - **1st FJ**

Yvonne Dehn - 30mins 27secs - **course pb**

Allan Galloway - 32mins 32secs - **course pb**

Susan Penman - 32mins 32secs - **course pb**

Karen Cunningham - 33mins 17secs - **course pb**

Jackie Galloway - 36mins 47secs - **3rd FV50**

Tracy Chalmers - 36mins 48secs - **course pb**

Carole Fraser - 37mins 50secs

Jane Anderson - 39mins 29secs

Jim Anderson - 39mins 29secs

Saturday 7th February 2015

St Andrews Parkrun

Colin McKie - 21mins 56secs - **3rd MJ11**

David Patterson - 25mins 42secs

Angela Small - 33mins 23secs

Jane Anderson - 33mins 22secs

Sunday 1st February 2015

Forfar Multi Terrain Half Marathon

Jaz Hay - 1hr 57mins 50secs - **distance pb**

Pamela Cruickshanks - 2hrs 2mins 37secs

Fiona Cruickshanks - 2hrs 2mins 37secs

Susan Penman - 2hrs 7mins 23secs

George Hay - 2hrs 22mins 34secs

Saturday 31st January 2015

Scottish Masters Cross Country Championship, Kilmarnock, 8k

Neil Smith - 29mins 55secs

Friday 30th January 2015

Nightmare Series (4) West Wemyss, 4miles

Bill Simpson -

Allan Galloway -
Sharon Brown -
Angela Small -
Jackie Galloway -
Tracy Chalmers -

Saturday 25th January 2015

Gran Canaria Marathon

Tich Shaw - 3hrs 28mins 45secs

Saturday 24th January 2015

Devil's Burden Hill Relay Race

Anster Haddies A - 3hrs 51mins 34secs - 62nd

Leg 1 - George Findlay - 36mins 14secs

Leg 2 - Chris Broome, Allan Gibson - 1hr 42mins 36secs

Leg 3 - Davie Burgess, Stuart McKenzie - 52mins 12secs

Leg 4 - Ewan Cameron - 40mins 32secs

Anster Haddies Ailsa's Team - 4hrs 3mins 8secs - 80th

Leg 1 - Ailsa Cruickshanks - 32mins 33secs

Leg 2 - Hazel Bradley, Elise Methven - 1hr 42mins 11secs

Leg 3 - Rachael Grieve, Rosie Knox - 1hr 3mins 36secs

Leg 4 - Sharon Brown - 44mins 48secs

Anster Haddies Christine's Team - 4hrs 37mins 59secs - 107th

Leg 1 - Christine Bowie - 40mins 39secs

Leg 2 - Fiona Cruickshanks, Yvonne Dehn - 1hr 48mins 1secs

Leg 3 - Alice Hall, Pamela Cruickshanks - 1hr 15mins 5secs

Leg 4 - Angela Small - 54mins 14secs

Anster Haddies B - 4hrs 43mins 3secs - 110th

Leg 1 - Jim Hogsflesh - 45mins 19secs

Leg 2 - George Hay, Allan Galloway - 2hrs 16mins 33secs

Leg 3 - Gordon Halliday, Giles Harris - 59mins 18secs

Leg 4 - Colin McKie - 41mins 53secs

Anster Haddies Carole's Team - 5hrs 23mins 44secs - 119th

Leg 1 - Carole Fraser, Karen Shepherd - 48mins 13secs

Leg 2 - Jaz Hay, Ryan Hood - 2hrs 5mins 45secs

Leg 3 - Jane Anderson, Susan Penman - 1hr 25mins 14secs

Leg 4 - Jackie Galloway, Tracy Chalmers - 1hr 4mins 32secs

Wednesday 21st January 2015

Mars Bar Race (4) 4miles

Ronan McKinstry - 23mins 55secs - **course pb**

Stuart McKenzie - 24mins 9secs

Davie Burgess - 24mins 14secs

Ailsa Cruickshanks - 26mins 7secs - **course pb - *Female Course Record***

Giles Harris - 26mins 9secs - **course pb**

Jeff Taylor - 27mins 41secs

Jas Baillie - 28mins 45secs

Bill Simpson - 29mins 48secs

George Findlay - 29mins 53secs

Colin McKie - 30mins 27secs

Pamela Cruickshanks - 30mins 52secs

Fiona Cruickshanks - 30mins 11secs - **course pb**

Yvonne Dehn - 32mins 5secs

Jaz Hay - 32mins 15secs - **course pb**

Liam McMonagle - 32mins 50secs - **course pb**

Susan Penman - 34min 21secs

Graham Gilmour - 34mins 30secs

Karen Cunningham - 35mins 10secs

Angela Small - 35mins 41secs

Katrina Duncan - 37min 16secs

Dave Nuttall - 38min 17secs

Jim Anderson - 42mins 14secs

Eck Anderson - 43mins 58secs

Saturday 17th January 2015

East District Cross Country League, Broxburn

Senior Men - 8.1k

Gordon Mathieson - 32mins 10secs

Senior Women - 5.4k

Pamela Cruickshanks - 27mins 22secs

U13 Boys - 2.7k

Colin McKie - 12mins 35secs

Saturday 17th January 2015

St Andrews Parkrun

Karen Cunningham - 27mins 18secs - **3rd FV35**

Monday 12th January 2015

Kennoway Haddie Torch-lit Race, Kennoway, 4miles

Bill Simpson - 29mins 4secs - **1st MV60**
Colin McKie - 29mins 52secs - **2nd MJ**
Jas Baillie - 30mins 1secs - **1st MV55**
Gordon Halliday - 31mins 22secs
Allan Gibson - 32mins 35secs - **3rd MV60**
Susan Penman - 35mins 53secs - **2nd FV40**
Angela Small - 35mins 54secs - **3rd FV40**
Jackie Galloway - 39mins 49secs - **1st FV50**
Allan Galloway - 39mins 50secs
Carole Fraser - 46mins 56secs - **3rd FV50**
Jane Anderson - 51mins 00secs

Sunday 11th January 2015

Frostbite Trail Race (3) Falkland, 5.5k

Stuart McKenzie - 23mins 32secs
Elise Methven - 27mins 31secs - **3rd FV40**
Bill Simpson - 29mins 20secs - **1st MV60**
Yvonne Dehn - 30mins 34secs - **course pb**
Fiona Cruickshanks - 30mins 54secs - **1st FJ**
Chris Broome - 32mins 3secs
Carole Fraser - 39mins 44secs - **3rd FV50**

Saturday 10th January 2015

Bupa Great Winter Run 5k , Edinburgh

Yvonne Dehn - 26mins 6secs - **course pb**

Saturday 10th January 2015

Great Edinburgh Cross Country, 4k

Ailsa Cruickshanks - 20mins 1secs

Saturday 10th January 2015

St Andrews Parkrun

Colin McKie - 23mins 33secs - **2nd MJ11**

Gwen Tivendale - 27mins 25secs - **2nd FV45**

Saturday 10th January 2015

Maribyrnong Parkrun 5k, Melbourne

Duncan Hall - 18mins 25secs - **1st MS25** - distance pb

Saturday 3rd January 2015

Glasgow AA National 3000m Championships, Emirates Arena

Ailsa Cruickshanks - 11mins 6secs

Saturday 3rd January 2015

St Andrews Parkrun

Colin McKie - 23mins 22secs - **1st MJ11**

Gwen Tivendale - 24mins 29secs - **2nd FV45**

Carole Fraser - 30mins 55secs

Elise Methven - 32mins 54secs

Ollie Anderson - 35mins 55secs

Jim Anderson - 36mins 2secs

Thursday 1st January 2015

Falkland Trail Runners Resolution Run, 4miles, Falkland Estate

Yvonne Dehn - 30mins 13secs - **3rd FS**

Liam McMonagle - 32mins 32secs

Carole Fraser - 38mins 8secs - **3rd FV50**

