



ANSTER HADDIES RACE RESULTS 2022

Saturday 31st December 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 20mins 45secs - **1st MV60**

Saturday 31st December 2022

St Andrews Parkrun 5k

Luca Anderson - 20mins 59secs - **1st MJ11** - course pb

Eric Anderson - 21mins 26secs - **1st MV45**

Jacqui McDonald - 37mins 3secs

Saturday 31st December 2022

University of Stirling Parkrun 5k

Robyn McDonald - 25mins 36secs - **2nd FS25**

Monday 26th December 2022

Tillicoultry 10k

Jas Baillie - 42mins 53secs - **2nd MV60**

Sunday 25th December 2022

St Andrews Parkrun 5k

Pamela Cruickshanks - 23mins 18secs - **2nd FV55**

Fiona Cruickshanks - 24mins 59secs

Robyn McDonald - 24mins 59secs

Jacqui McDonald - 37mins 2secs

Saturday 24th December 2022

University of Stirling Parkrun 5k

Robyn McDonald - 27mins 44secs

Saturday 24th December 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 34secs - **1st MV60**

Bill Simpson - 26mins 45secs

Jacqui McDonald - 38mins 12secs

Lynne Herd - 38mins 13secs

Wednesday 21st December 2022

Mars Bar (6) 4miles

Ross Young - 25mins 35secs

Laura-Jayne Mackay - 25mins 53secs - **course pb**

Lynne Herd - 28mins 41secs

Fiona Cruickshanks - 28mins 47secs

Eric Anderson - 29mins 58secs

Will Gage - 30mins 45secs

Alice Hall - 36mins 00secs

Pamela Cruickshanks - 36mins 00secs

Tracy Knox - 36mins 00secs

Yvonne Dehn - 36mins 47secs

Sunday 4th December 2022

Valencia Marathon, Spain

Eric Anderson - 3hrs 18mins 53secs

Saturday 3rd December 2022

Haga Parkrun 5k, Sweden

Pamela Cruickshanks - 23mins 59secs - **1st FV55**

Saturday 3rd December 2022

Harrow Parkrun 5k, London

Alice Hall - 28mins 30secs - **1st FV60**

Saturday 3rd December 2022

Lochore Meadows Parkrun 5k

Bill Simpson - 25mins 47secs - **1st MV65**

Saturday 3rd December 2022

St Andrews Parkrun 5k

Gary Ovenstone - 25mins 6secs

Catriona Duncan - 29mins 35secs - **1st FV70**

Wednesday 30th November 2022

Mars Bar (5) 4miles

Ross Young - 24mins 44secs - **course pb**

Laura-Jayne Mackay - 26mins 00secs - **course pb**

Lynne Herd - 27mins 36secs

Fiona Cruickshanks - 27mins 44secs

Sunday 27th November 2022

Giffordtown 5k, Ladybank

Hailey Marshall - 20mins 42secs

Saturday 26th November 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 20mins 43secs

Saturday 26th November 2022

Loch Leven Parkrun 5k

Bill Simpson - 26mins 49secs

Saturday 26th November 2022

St Andrews Parkrun 5k

Laura-J Mackay - 19mins 6secs - ***3rd Female Overall*** - **1st FS25** - **course pb**

Lynne Herd - 21mins 4secs - **1st FV45**

Catriona Duncan - 29mins 45secs - **1st FV70**

Jacqui McDonald - 35mins 16secs

Sunday 20th November 2022

Falkirk Half Marathon

Jas Baillie - 1hr 32mins 38secs - **1st MV60** - distance pb

Eric Anderson - 1hr 32mins 39secs

Lynne Herd - 1hr 37mins 52secs

Saturday 19th November 2022

St Andrews Parkrun 5k

Jacqui McDonald - 35mins 37secs

Saturday 19th November 2022

University of Stirling Parkrun 5k

Robyn McDonald - 24mins 8secs - **1st FS25** - course pb

Saturday 12th November 2022

Glen Clova Half Marathon

Fiona Cruickshanks - 1hr 45mins 40secs

Pamela Cruickshanks - 1hr 53mins 56secs

Saturday 12th November 2022

Kirkcaldy Parkrun 5k

Lynne Herd - 21mins 22secs - ***2nd Female Overall*** - **2nd FV45** - course pb

Saturday 12th November 2022

St Andrews Parkrun 5k

Ross Young - 21mins 26secs - **1st MS25**

Mike Reilly - 22mins 2secs - **2nd MV45**

Bill Simpson - 25mins 22secs - **2nd MV65**

Jacqui McDonald - 35mins 25secs

Sunday 6th November 2022

Templeton 10miles, Dundee

Mike Reilly - 1hr 9mins 15secs

Hailey Marshall - 1hr 11mins 8secs - **2nd FS** - **course pb**

Saturday 5th November 2022

Auchterarder 10k Chilli Trail Race

Lynne Herd - 53mins 23secs

Jacqui McDonald - 1hr 26mins 44secs

Saturday 5th November 2022

Faskally Forest Parkrun 5k

Bill Simpson - 29mins 29secs - **3rd MV65**

Saturday 5th November 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 7secs - **1st MV60**

Saturday 29th October 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 20mins 53secs - **2nd MV60**

Saturday 29th October 2022

St Andrews Parkrun 5k

Mike Reilly - 22mins 20secs

Bill Simpson - 25mins 37secs - **2nd MV65**

Jacqui McDonald - 35mins 27secs

Wednesday 26th October 2022

Mars Bar (4) 4miles

Mike Reilly - 25mins 14secs - **course pb**

Hailey Marshall - 27mins 29secs - **course pb**

Lynne Herd - 27mins 35secs

Will Gage - 30mins 55secs

Pamela Cruickshanks - 31mins 22secs

Ross Young - 32mins 16secs

Eric Anderson - 33mins 27secs

Tracy Knox - 34mins 27secs

Carol Irvine - 39mins 43secs

Saturday 22nd October 2022

Meall a Bhuachaille Hill Race, Glenmore, 13k/720m

Sharon Brown - 2hrs 5mins 10secs

Saturday 22nd October 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 10secs - **1st MV60**

Saturday 22nd October 2022

Oriam Parkrun 5k, Edinburgh

Eric Anderson - 22mins 41secs - **2nd MV45**

Saturday 22nd October 2022

St Andrews Parkrun 5k

Mike Reilly - 22mins 59secs

Saturday 22nd October 2022

University of Stirling Parkrun 5k

Robyn McDonald - 25mins 44secs - **2nd FS25**

Sunday 16th October 2022

Devil's Foot Half Marathon, Melrose

Sharon Brown - 2hrs 36mins 18secs

Saturday 15th October 2022

Lochore Meadows Parkrun 5k

Lynne Herd - 22mins 35secs - ***2nd Female Overall*** - **1st FV45** - **course pb**

Saturday 15th October 2022

St Andrews Parkrun 5k

Laura-Jayne Mackay - 19mins 47secs - ***1st Female Overall*** - **1st FS25**

Mike Reilly - 23mins 23secs

Jacqui McDonald - 56mins 59secs

Sunday 9th October 2022

Manchester Half Marathon

Jas Baillie - 1hr 33mins 00secs

Sunday 9th October 2022

Lochore 10k

Mya Watson - 49mins 22secs - **distance pb** - **2nd FS**

Sunday 9th October 2022

Aviemore 10k

Angela Small - 1hr 2mins 42secs

Saturday 8th October 2022

Aviemore Half Marathon

Robyn McDonald - 1hr 52mins 28secs - **distance pb**

Debz Hay - 2hrs 2mins 56secs

Saturday 8th October 2022

Alexandra Parkrun 5k, Manchester

Jas Baillie - 22mins 8secs - **1st MV60**

Saturday 8th October 2022

St Andrews Parkrun 5k

Luca Anderson - 21mins 7secs - **2nd MJ11** - course pb

Eric Anderson - 21mins 10secs - **2nd MV45**

Mike Reilly - 23mins 42secs - **3rd MV45**

Sunday 2nd October 2022

Loch Ness Marathon

Eric Anderson - 3hrs 26mins 19secs

Sunday 2nd October 2022

London Marathon

Lynne Herd - 3hrs 43mins 52secs

Jaz Hood - 3hrs 57mins 34secs - course pb

Fiona Cruickshanks - 4hrs 8mins 36secs

George Findlay - 4hrs 13mins 3secs

Will Gage - 4hrs 20mins 12secs

Carol Irvine - 5hrs 2mins 22secs

Saturday 1st October 2022

Aviemore Parkrun 5k

Catriona Duncan - 29mins 9secs - **1st FV70**

Saturday 1st October 2022

Fulham Palace Parkrun 5k

Robyn McDonald - 23mins 43secs

Jacqui McDonald - 36mins 28secs

Lynne Herd - 36mins 28secs

Saturday 1st October 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 13secs - **1st MV60**

Saturday 1st October 2022

St Andrews Parkrun 5k

Mike Reilly - 22mins 39secs - **2nd MV45**

Sunday 25th September 2022

East Neuk 10k

Mya Watson - 50mins 49secs

Saturday 24th September 2022

St Andrews Parkrun 5k

Mike Reilly - 22mins 37secs

Carol Irvine - 24mins 43secs

Jacqui McDonald - 35mins 29secs

Sunday 18th September 2022

Scottish Half Marathon, Edinburgh

Lynne Herd - 1hr 39mins 7secs

Saturday 17th September 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 48secs - **1st MV60**

Saturday 17th September 2022

Lochore Meadows Parkrun 5k

Jacqui McDonald - 36mins 50secs - **course pb**

Saturday 17th September 2022

St Andrews Parkrun 5k

Bill Hutchison - 21mins 27secs - **1st MV70**

Mike Reilly - 23mins 26secs - **3rd MV45**

Bill Simpson - 24mins 43secs - **1st MV65**

Susan Hutchison - 36mins 58secs

Sunday 11th September 2022

Great North Run

Eric Anderson - 1hr 31mins 31secs

Mike Reilly - 2hrs 22mins 17secs

Saturday 10th September 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 45secs - **1st MV60**

Robyn McDonald - 27mins 54secs - **2nd FS25**

Yvonne Dehn - 27mins 54secs - **2nd FS30**

Saturday 10th September 2022

St Andrews Parkrun 5k

Mike Reilly - 22mins 27secs

Catriona Duncan - 28mins 19secs - **2nd FV65**

Jacqui McDonald - 35mins 48secs

Sunday 4th September 2022

Tiree Ultra Marathon, 35miles

Mike Reilly - 5hrs 41mins 56secs

Sunday 4th September 2022

Glencoe Marathon

Jaz Hood - 6hrs 46mins 41secs

Debz Hay - 6hrs 46mins 42secs

Sunday 4th September 2022

Lochore Off-Road Short Triathlon, Lochore Meadows

500m Swim / 7k Cycle / 3k Run

Jacqui McDonald - 1hr 27mins 18secs - **3rd FSuperVet**

Swim - 13min 26sec Bike - 42min 10secs Run - 27min 1sec

Saturday 3rd September 2022

Dingle Half Marathon, Ireland

Pamela Cruickshanks - 2hrs 2mins 49secs

Alice Hall - 2hrs 2mins 51secs

Saturday 3rd September 2022

Morrone Hill Race, Braemar Gathering, 5.3k/390m

Jonny Knox - 34mins 57secs

Saturday 3rd September 2022

Aviemore Parkrun 5k

Catriona Duncan - 29mins 33secs - **1st FV65**

Saturday 3rd September 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 51secs - **2nd MV65**

Saturday 3rd September 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 45secs - **1st MV60**

Jackie Galloway - 31mins 37secs

Saturday 3rd September 2022

St Andrews Parkrun 5k

Jacqui McDonald - 57mins 43secs

Sunday 28th August 2022

Kirkcaldy Parks Half Marathon

Eric Anderson - 1hr 33mins 54secs

Jas Baillie - 1hr 39mins 33secs - **3rd MV60** - **course pb**

Sharon Brown - 1hr 52mins 48secs

Mya Watson - 1hr 57mins 46secs

Saturday 27th August 2022

Kirkcaldy Parks 10k Trail Race

Bill Simpson - 1hr 2mins 17secs

Saturday 27th August 2022

Killin 10k

George Findlay - 48mins 50secs

Saturday 27th August 2022

St Andrews Parkrun 5k

Mike Reilly - 23mins 14secs - **2nd MV45**

Gary Ovenstone - 23mins 16secs - **2nd MV50**

Jacqui McDonald - 36mins 11secs

Saturday 20th August 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 52secs - **1st MV65**

Saturday 20th August 2022

Forfar Loch Parkrun 5k

Jacqui McDonald - 38mins 23secs

Saturday 20th August 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 16secs - **1st MV60**

Eric Anderson - 21mins 58secs - **1st MV45**

Saturday 20th August 2022

Lochore Meadows Parkrun 5k

Susan Hutchison - 37mins 29secs - **3rd FV65**

Saturday 20th August 2022

St Andrews Parkrun 5k

Mike Reilly - 23mins 18secs - **2nd MV45**

Gary Ovenstone - 24mins 14secs

Saturday 20th August 2022

University of Stirling Parkrun 5k

Robyn McDonald - 24mins 45secs - **1st F225**

Tuesday 16th August 2022

Ceres 8

Mike Reilly - 51mins 52secs - **course pb**

Saturday 13th August 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 23secs - **1st MV65**

Saturday 13th August 2022

Kirkcaldy Parkrun 5k

Eric Anderson - 21mins 3secs - **2nd MV45**

Jas Baillie - 22mins 00secs - **1st MV60**

Saturday 13th August 2022

St Andrews Parkrun 5k

Gary Ovenstone - 23mins 59secs - **3rd MV50**

Jacqui McDonald - 37mins 00secs

Sunday 7th August 2022

Mhor Marathon, Callander

Jaz Hay - 4hrs 30mins 24secs

Debz Hay - 4hrs 36mins 4secs

Saturday 6th August 2022

Elie Triathlon

600m Swim/30k Cycle/6k Run

Ross Young - 1hr 43mins 47secs

Carol Irvine - 2hrs 10mins 56secs

Saturday 6th August 2022

Aviemore Parkrun 5k

Mike Reilly - 22mins 18secs - **3rd MV45**

Saturday 6th August 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 18secs - **1st MV60**

Saturday 30th July 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 37secs - **2nd MV65**

Saturday 30th July 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 44secs - **1st MV60**

Saturday 30th July 2022

St Andrews Parkrun 5k

Gary Ovenstone - 24mins 50secs

Mike Reilly - 24mins 50secs - **1st MV45**

Robyn McDonald - 25mins 25secs - **1st FS25**

Catriona Duncan - 29mins 1sec - **2nd FV65**

Jacqui McDonald - 37mins 38secs

Sunday 24th July 2022

Forfar Triathlon

400m Swim / 10.74k Cycle / 5k Run

Robyn McDonald - 1hr 00mins 38secs - **3rd FS**

Swim - 8min 43secs Cycle - 24min 21secs Run - 24min 56secs

Sunday 24th July 2022

Scurry to the Sea, Edinburgh, 12miles

Jaz Hood - 1hr 50mins 21secs - **course pb**

Debz Hay - 2hrs 1mins 15secs - **1st FV50** - **course pb**

Pamela Cruickshanks - 2hrs 2mins 5secs - **2nd FV50** - **course pb**

Alice Hall - 2hrs 11mins 36secs

Saturday 23rd July 2022

The Highlander, Last One Standing, Blair Atholl, Pitlochry

4.167mile loops

Lynne Herd - 12 loops - 50miles - 12hrs

Saturday 23rd July 2022

Blackpool Parkrun 5k

Jas Baillie - 21mins 24secs - **1st MV60**

Saturday 23rd July 2022

St Andrews Parkrun 5k

Eric Anderson - 21mins 40secs

Robyn McDonald - 24mins 38secs - **3rd FS25**

Jacqui McDonald - 37mins 11secs

Sunday 17th July 2022

Half Dram Half Marathon, Dundee

Mya Watson - 1hr 58mins 48secs

Saturday 16th July 2022

Loch Leven Parkrun 5k

Bill Simpson - 26mins 40secs - **1st MV65**

Saturday 16th July 2022

Lochore Meadows Parkrun 5k

Susan Hutchison - 37mins 5secs - **3rd FV65** - **course pb**

Saturday 16th July 2022

St Andrews Parkrun 5k

Luca Anderson - 23mins 9secs - **2nd MJ11**

Eric Anderson - 23mins 12secs

Jacqui McDonald - 37mins 23secs

Saturday 9th July 2022

Aviemore Parkrun 5k

Robyn McDonald - 24mins 30secs - **1st FS25**

Jacqui McDonald - 55mins 21secs

Saturday 9th July 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 56secs - **1st MV65**

Saturday 9th July 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 8secs - **1st MV60**

Saturday 9th July 2022

St Andrews Parkrun 5k

Innes Knight - 21mins 33secs - **1st MV50**

Saturday 2nd July 2022

Camperdown Parkrun 5k

Robyn McDonald - 26mins 6secs - **1st FS25**

Jacqui McDonald - 39mins 56secs

Saturday 2nd July 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 27secs - **1st MV60**

Fiona Cruickshanks - 22mins 30secs - ***1st Female Overall*** - **1st FS25**

Bill Simpson - 26mins 7secs - **1st MV65**

Saturday 25th June 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 44secs - **1st MV60**

Saturday 25th June 2022

St Andrews Parkrun 5k

Innes Knight - 21mins 35secs - **3rd MV50**

Saturday 18th June 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 31secs - **1st MV60**

Saturday 18th June 2022

St Andrews Parkrun 5k

Bill Simpson - 24mins 59secs - **2nd MV65**

Jacqui McDonald - 38mins 12secs

Gary Ovenstone - 55mins 51secs

Sunday 12th June 2022

Staffordshire Ironman 70.3 Triathlon

1.9k Swim / 90k Cycle / 21.1k Run

Robyn McDonald - 7hrs 14mins 40secs

Swim - 49min 7sec Bike - 3hrs 48min 45sec Run - 2hrs 22min 20sec

Sunday 12th June 2022

Mhor 84 Half Marathon, Balquhider

Jaz Hood - 1hr 53mins 34secs

Fiona Cruickshanks - 1hr 53mins 36secs

Pamela Cruickshanks - 2hrs 7mins 17secs

Debz Hay - 2hrs 11mins 28secs

Alice Hall - 2hrs 18mins 2secs

Karli Hay - 2hrs 25mins 37secs

Sunday 12th June 2022

Roon The Toon 10k, Kilmarnock

Susan Hutchison - 1hr 15mins 9secs

Saturday 11th June 2022

Cannock Chase Parkrun 5k, Staffordshire

Jacqui McDonald - 37mins 59secs

Saturday 11th June 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 43secs - **2nd MV65**

Saturday 11th June 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 51secs - **1st MV60**

Saturday 11th June 2022

St Andrews Parkrun 5k

Eric Anderson - 20mins 48secs

Lynne Herd - 20mins 51secs - ***1st Female Overall*** - **1st FV45**

Innes Knight - 22mins 3secs - **3rd MV50**

Catriona Duncan - 28mins 7secs - **1st FV65**

Wednesday 8th June 2022

Hill Of Tarvit 5.5miles, FAC Midweek Series - Race 3

Mike Reilly - 40mins 49secs

Lynne Herd - 46mins 30secs - **course pb**

Fiona Cruickshanks - 49mins 52secs

Pamela Cruickshanks - 52mins 00secs - **3rd FV50**

Allan Gibson - 55mins 00secs - **3rd MV70**

Sunday 5th June 2022

Chariots of Fire Beach Race, St Andrews, 5k

Laura McQueen - 30mins 59secs

Saturday 4th June 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 22secs - **2nd MV60**

Fiona Cruickshanks - 21mins 29secs - ***1st Female Overall*** - **1st FS25** - **course pb**

Bill Simpson - 25mins 50secs - **1st MV65**

Saturday 4th June 2022

St Andrews Parkrun 5k

Mike Reilly - 24mins 14secs

Susan Hutchison - 36mins 55secs

Saturday 4th June 2022

University of Stirling Parkrun 5k

Lynne Herd - 22mins 3secs - **1st FV45**

Robyn McDonald - 24mins 14secs - **2nd FS25** - **course pb**

Jacqui McDonald - 38mins 58secs

Sunday 29th May 2022

Edinburgh Half Marathon

Lynne Herd - 1hr 36mins 53secs - **distance pb**

Fiona Cruickshanks - 1hr 37mins 37secs - **distance pb**

Sharon Brown - 1hr 47mins 56secs - **course pb**

Saturday 28th May 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 43secs - **1st MV60**

Saturday 28th May 2022

Loch Leven Parkrun 5k

Bill Simpson - 26mins 20secs - **2nd MV65**

Saturday 28th May 2022

St Andrews Parkrun 5k

Susan Hutchison - 36mins 46secs

Jacqui McDonald - 37mins 46secs

Friday 27th May 2022

Black Rock 5miles, Kinghorn

Mike Reilly - 29mins 32secs

Ross Young - 30mins 44secs

Sunday 22nd May 2022

Lochore Meadows Trail Race, 5miles

George Findlay - 36mins 23secs - **3rd MV60**

Bill Simpson - 39mins 44secs

Saturday 21st May 2022

Forfar Loch Parkrun 5k

Robyn McDonald - 23mins 56secs - ***3rd Female Overall*** - **1st FS25**

Saturday 21st May 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 13secs - **1st MV60**

Saturday 21st May 2022

St Andrews Parkrun 5k

Innes Knight - 22mins 3secs - **2nd MV50**

Bill Simpson - 24mins 37secs - **1st MV65**

Jacqui McDonald - 40mins 35secs

Saturday 14th May 2022

Loch Leven Half Marathon, Kinross

Sharon Brown - 1hr 53mins 53secs - **course pb**

Saturday 14th May 2022

Aviemore Parkrun 5k

Catriona Duncan - 28mins 35secs - **2nd FV65**

Saturday 14th May 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 27secs - **1st MV65**

Saturday 14th May 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 33secs - **2nd MV60**

Saturday 14th May 2022

Lochore Meadows Parkrun 5k

Robyn McDonald - 26mins 14secs - **1st FS25**

Lynne Herd - 26mins 14secs - **2nd FV45**
Yvonne Dehn - 26mins 15secs - **1st FS30**
Jacqui McDonald - 50mins 32secs

Saturday 14th May 2022

St Andrews Parkrun 5k

Innes Knight - 22mins 32secs - **1st MV50**
Mike Reilly - 22mins 47secs - **3rd MV45**
Eric Anderson - 23mins 11secs
Susan Hutchison - 35mins 13secs

Thursday 12th May 2022

Dumbarton 10k

Eric Anderson - 41mins 20secs - **course pb**

Wednesday 11th May 2022

Dumyat Hill Race, Stirling, 390m/8km

Stewart Warringham - 1hr 5mins 55secs

Wednesday 11th May 2022

Strathkinness/Blebocraigs 4.5miles

FAC Midweek Series - Race 2

Gary Ovenstone - 39mins 40secs

Sunday 8th May 2022

Tay Ten, 10miles, Perth

Lynne Herd - 1hr 14mins 20secs - **distance pb** - **1st FV40**

Robyn McDonald - 1hr 26mins 17secs - **distance pb**

Saturday 7th May 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 45secs - **2nd MV60**

Saturday 7th May 2022

St Andrews Parkrun 5k

Mike Reilly - 19mins 2secs - **2nd MV45**

Bill Simpson - 24mins 40secs - **1st MV65**

Catriona Duncan - 27mins 58secs - **3rd FV65**

Susan Hutchison - 34mins 34secs

Thursday 5th May 2022

Helensburgh 10k

Eric Anderson - 41mins 39secs - **course pb**

Sunday 1st May 2022

Forth Bridge 10k

Sharon Brown - 50mins 36secs - **distance pb**

Saturday 30th April 2022

Stuc a Chroin, near Callander, 22k/1500m

Jonny Knox - 3hrs 30mins 35secs

Saturday 30th April 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 23mins 13secs - **2nd MV60**

Saturday 30th April 2022

St Andrews Parkrun 5k

Luca Anderson - 22mins 32secs - **2nd MJ11** - **course pb**

Eric Anderson - 22mins 33secs

Robyn McDonald - 24mins 45secs - **1st FS25**

Lynne Herd - 24mins 45secs - **1st FV45**

Catriona Duncan - 28mins 23secs - **1st FV65**

Stewart Warringham - 34mins 22secs

Susan Hutchison - 34mins 31secs - **course pb**

Sunday 24th April 2022

Run Mhor Hidden Glen 10k, Balquidder

Debz Hay - 53mins 9secs - **2nd FV50**

Jaz Hood - 53mins 9secs

Saturday 23rd April 2022

Stena Drilling 10k, Balmoral Castle Estate

Innes Knight - 48mins 20secs

Saturday 23rd April 2022

Kirkcaldy Parkrun 5k

Fiona Cruickshanks - 22mins 25secs - ***1st Female Overall*** - **1st FS25**

Jas Baillie - 23mins 45secs - **2nd MV60**

Saturday 23rd April 2022

Lochore Meadows Parkrun 5k

Bill Simpson - 25mins 58secs - **1st MV65**

Saturday 23rd April 2022

St Andrews Parkrun 5k

Mike Reilly - 21mins 59secs

Luca Anderson - 23mins 49secs - **1st MJ11**

Eric Anderson - 23mins 50secs

Ewan Cameron - 26mins 27secs

Susan Hutchison - 35mins 43secs

Monday 18th April 2022

Boston Marathon

Eric Anderson - 3hrs 18mins 41secs

Sunday 17th April 2022

Round The Houses 10k, Grangemouth

Jas Baillie - 28mins 32secs - **2nd MV65**

Saturday 16th April 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 32secs - **2nd MV65**

Saturday 9th April 2022

Fascally Forest Parkrun 5k

Bill Simpson - 28mins 44secs - **1st MV65**

Saturday 9th April 2022

St Andrews Parkrun 5k

Mike Reilly - 24mins 18secs

Gary Ovenstone - 24mins 18secs - **2nd MV50**

Wednesday 6th April 2022

St Andrews 5k

FAC Midweek Series - Race 1

Gary Ovenstone - 26mins 9secs

Mike Reilly - 26mins 9secs

Sunday 3rd April 2022

Manchester Marathon

Mike Reilly - 3hrs 13mins 31secs

Laura-Jayne Mackay - 3hrs 31mins 58secs - **distance pb**

Sunday 3rd April 2022

Dalmeny Estate Trail Half Marathon, South Queensferry

Sharon Brown - 2hrs 1min 32secs

Saturday 2nd April 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 54secs - **1st MV60**

Saturday 2nd April 2022

St Andrews Parkrun 5k

Gary Ovenstone - 25mins 11secs - **2nd MV50**

Bill Simpson - 25mins 35secs - **1st MV65**

Catriona Duncan - 27mins 32secs - **2nd FV65**

Susan Hutchison - 35mins 38secs - **3rd FV65**

Saturday 2nd April 2022

University of Stirling Parkrun 5k

Lynne Herd - 21mins 55secs - ***2nd Female Overall*** - **1st FV45**

Friday 1st April 2022

Bob Stark Memorial 4.4k, Foodieash, Cupar

George Findlay - 20mins 29secs

Allan Gibson - 22mins 13secs

Ewan Cameron - 23mins 37secs

Sunday 27th March 2022

Lochore Meadows Trail Race, 5miles

George Findlay - 39mins 6secs - **3rd MV60**

Bill Simpson - 42mins 50secs

Ewan Cameron - 45mins 24secs

Saturday 26th March 2022

Birnham Hill Race, Dunkeld, 6.5k/335m

Jonny Knox - 44mins 16secs

Saturday 26th March 2022

Kirkcaldy Parkrun 5k

Luca Anderson - 24mins 41secs - **2nd MJ11**

Eric Anderson - 24mins 41secs

Saturday 26th March 2022

St Andrews Parkrun 5k

Innes Knight - 21mins 40secs - **2nd MV50**

Mike Reilly - 22mins 31secs

Robyn McDonald - 24mins 32secs - **2nd FS25**

Catriona Duncan - 27mins 44secs - **1st FV65**

Sunday 20th March 2022

Alloa Half Marathon

Eric Anderson - 1hr 30mins 51secs

George Findlay - 1hr 46mins 14secs

Saturday 19th March 2022

Cupar 5mile

Jas Baillie - 34mins 54secs

Saturday 19th March 2022

St Andrews Parkrun 5k

Mike Reilly - 23mins 3secs

Gary Ovenstone - 27mins 40secs

Catriona Duncan - 27mins 42secs - **1st FV65**

Susan Hutchison - 34mins 51secs - **course pb**

Sunday 13th March 2022

Inverness Half Marathon

Robyn McDonald - 1hr 56mins 55secs

Saturday 12th March 2022

Roma Pineto Parkrun 5k, Rome, Italy

Eric Anderson - 20mins 38secs - **2nd MV45**

Saturday 12th March 2022

St Andrews Parkrun 5k

Jas Baillie - 21mins 3secs - **1st MV60**

Sunday 6th March 2022

Smokies 10, Arbroath

Laura Jayne Mackay - 1hr 8mins 29secs - **3rd FS**

Jaz Hood - 1hr 18mins 59secs

Debz Hay - 1hr 25mins 43secs

Pamela Cruickshanks - 1hr 28mins 31secs

Carol Irvine - 1hr 35mins 18secs - **distance pb**

Laura McQueen - 1hr 58mins 21secs

Saturday 5th March 2022

Lochore Meadows Parkrun 5k

Robyn McDonald - 24mins 27secs - **2nd FS25**

Saturday 5th March 2022

St Andrews Parkrun 5k

Ross Young - 18mins 52secs - **2nd MS25**

Jas Baillie - 20mins 59secs - **1st MV60**

Innes Knight - 21mins 39secs - **1st MV50**

Bill Simpson - 25mins 4secs - **3rd MV65**

Wednesday 2nd March 2022

Mars Bar (2) 4miles

Mike Reilly - 25mins 44secs

Ross Young - 25mins 55secs

Laura-Jayne Mackay - 26mins 36secs

Lynne Herd - 28mins 45secs

Adrian Wood - 28mins 54secs

Innes Knight - 30mins 17secs

Carol Irvine- 36mins 26secs - **course pb**

Saturday 26th February 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 47secs - **1st MV60**

Saturday 26th February 2022

St Andrews Parkrun 5k

Lynne Herd - 21mins 39secs - ***3rd Female Overall*** - **1st FV45**

Innes Knight - 21mins 54secs - **2nd MV50**

Ross Young - 24mins 22secs - **2nd MS25**

Mike Reilly - 25mins 8secs

Bill Simpson - 25mins 37secs - **2nd MV65**

Susan Hutchison - 35mins 59secs

Jacqui McDonald - 38mins 30secs

Saturday 19th February 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 21mins 53secs - **1st MV60**

Saturday 19th February 2022

Loch Leven Parkrun 5k

Bill Simpson - 26mins 21secs - **2nd MV65**

Saturday 19th February 2022

St Andrews Parkrun 5k

Gary Ovenstone - 25mins 17secs

Robyn McDonald - 26mins 1secs - **2nd FS25**

Catriona Duncan - 30mins 35secs - **1st FV65**

Saturday 19th February 2022

Wangaratta Parkrun 5k, Victoria, Australia

Alice Hall - 44mins 23secs - **3rd FV55**

Sunday 13th February 2022

Lochore Meadows Trail Race, 5miles

George Findlay - 39mins 58secs

Saturday 12th February 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 23mins 21secs - **2nd MV60**

Bill Simpson - 26mins 29secs

Saturday 12th February 2022

St Andrews Parkrun 5k

Mike Reilly - 20mins 27secs - **3rd MV45**

Gary Ovenstone - 25mins 29secs

Catriona Duncan - 29mins 14secs - **1st FV65**

Susan Hutchison - 35mins 33secs

Sunday 6th February 2022

Forfar Multi Terrain Half Marathon

Mike Reilly - 1hr 30mins 57secs - **course pb**

Ross Young - 1hr 31mins 59secs

Fiona Cruickshanks - 1hr 47mins 39secs - **course pb**

Lynne Herd - 1hr 49mins 58secs - **2nd FV40**

Debz Hay - 1hr 58mins 54secs

Pamela Cruickshanks - 2hrs 1min 47secs

Saturday 5th February 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 55secs - **2nd MV60**

Saturday 5th February 2022

St Andrews Parkrun 5k

Innes Knight - 22mins 9secs - **1st MV50**

Luca Anderson - 23mins 30secs - **1st MJ10** - **course pb**

Eric Anderson - 23mins 31secs

Robyn McDonald - 24mins 52secs - **3rd FS25**

Ross Young - 24mins 53secs

Bill Simpson - 25mins 47secs - **1st MV65**

Mike Reilly - 26mins 7secs

Saturday 5th February 2022

Wangaratta Parkrun 5k, Victoria, Australia

Alice Hall - 28mins 11secs - ***3rd Female Overall*** - **1st FV55**

Saturday 29th January 2022

St Andrews Parkrun 5k

Mike Reilly - 19mins 13secs - ***3rd Overall*** - **1st MV45**

Jas Baillie - 21mins 14secs - **1st MV60**

Innes Knight - 22mins 23secs - **1st MV50**

Saturday 29th January 2022

Wangaratta Parkrun 5k, Victoria, Australia

Alice Hall - 30mins 34secs - **2nd FV55**

Wednesday 26th January 2022

Mars Bar (1) 4miles

Ross Young - 25mins 29secs

Mike Reilly - 25mins 51secs

Lynne Herd - 28mins 20secs

Fiona Cruickshanks - 28mins 45secs

Eric Anderson - 28mins 56secs

Adrian Wood - 29mins 6secs

Innes Knight - 30mins 2secs

Stewart Warringham - 31mins 30secs

Debz Hay - 37mins 8secs

Saturday 22nd January 2022

Aviemore Parkrun 5k

Catriona Duncan - 28mins 00secs - **1st FV65**

Saturday 22nd January 2022

Kirkcaldy Parkrun 5k

Jas Baillie - 22mins 45secs - **2nd MV60**

Saturday 22nd January 2022

St Andrews Parkrun 5k

Lynne Herd - 21mins 16secs - ***3rd Female Overall*** - **2nd FV45**

Innes Knight - 21mins 38secs - **2nd MV50**

Mike Reilly - 23mins 1secs

Luca Anderson - 24mins 43secs - **1st MJ10**

Eric Anderson - 24mins 43secs

Bill Simpson - 25mins 48secs - **3rd MV65**

Susan Hutchison - 34mins 58secs - **3rd FV65** - **course pb**

Sunday 16th January 2022

Feel The Burns Hill Race, Selkirk, 13.7miles/800m

Lizzie Knox - 2hrs 24mins 20secs

Saturday 15th January 2022

St Andrews Parkrun 5k

Innes Knight - 22mins 11secs - **2nd MV50**

Mike Reilly - 23mins 43secs

Pamela Cruickshanks - 24mins 46secs - **2nd FV55**

Fiona Cruickshanks - 25mins 46secs - **1st FS25**

Gary Ovenstone - 27mins 41secs

Susan Hutchison - 35mins 42secs

Saturday 15th January 2022

University of Stirling Parkrun 5k

Robyn McDonald - 24mins 47secs - **3rd FS25** - **course pb**

Saturday 15th January 2022

West Links Parkrun 5k, Arbroath

Luca Anderson - 25mins 21secs - **1st MJ10**

Eric Anderson - 25mins 22secs

Saturday 8th January 2022

Aviemore Parkrun 5k

Debz Hay - 28mins 46secs - **2nd FV55**

Saturday 8th January 2022

Kirkcaldy Parkrun 5k

Tracy Chalmers - 30mins 26secs - **2nd FV55**

Saturday 8th January 2022

St Andrews Parkrun 5k

Ross Young - 19mins 19secs - **2nd MS25**

Jamie Anderson - 20mins 16secs - **1st MJ15**

Robyn McDonald - 24mins 48secs - **2nd FS25**

Luca Anderson - 25mins 42secs - **1st MJ10**

Eric Anderson - 25mins 43secs

Mike Reilly - 25mins 49secs

Catriona Duncan - 28mins 15secs - **1st FV65**

